

Small grants of up to £10,000 for projects that improve mental wellbeing in the city

Glasgow Community Mental Health and Wellbeing Fund



Scottish Government
Riaghaltas na h-Alba
gov.scot

Polish/Polski

To są wytyczne Funduszu Zdrowia i Dobrego Samopoczucia Społeczności Glasgow. Fundusz zapewni niewielkie granty w wysokości do 10 000 funtów na projekty sprzyjające poprawie zdrowia psychicznego i samopoczucia w Glasgow. Jeśli angielski nie jest Twoim językiem ojczystym i chciałbyś uzyskać wsparcie w aplikacji o grant, wyślij e-mail do: wellbeingfund@gcvs.org.uk, podając słowo „Polish”

Chinese

此乃 " 格拉斯哥社區健康與福利基金 " 申請指南: 為改善本市居民的心理健康質素及福祉, 本基金將提供總額高達£10,000英鎊的免償還小額財政資助項目, 以供合資格的人仕提出申請。對此項目有興趣而英文並非其第一言的人仕, 如需以中文作查詢及協助, 請以電郵聯絡 wellbeingfund@gcvs.org.uk, 並註明“CHINESE”, 本會將盡可能提供所需協助。

Lietuviškai/Lithuanian

Tai yra Glazgo bendruomenės sveikatos ir gerovės fondo gairės. Fondas numato teikti nedideles dotacijas iki 10 000 svarų projektams, kurie susiję su žmonių psichinės būklės ir sveikatos mieste gerinimu. Jei jūsų anglų kalba nėra jūsų gimtoji kalba, ir jūs norėtumėte teikti paraišką – kreipkitės el.p. wellbeingfund@gcvs.org.uk ‘Lithuanian’

عربي/Arabic

هذه هي إرشادات صندوق غلاسكو للصحة والازدهار المجتمعي. سيقدم الصندوق منحاً صغيرة تصل إلى 10000 جنيه إسترليني للمشاريع التي تعمل على تحسين الصحة العامة للصحة العقلية ولرفع من جودة الحياة في المدينة. إذا لم تكن اللغة الإنجليزية هي لغتك الأولى وترغب في تقديم الدعم، فيرجى الاتصال بـ wellbeingfund@gcvs.org.uk “Arabic”

ਪੰਜਾਬੀ / Punjabi

ਇਹ ਗਲਾਸਗੋ ਕਮਿਊਨਿਟੀ ਹੈਲਥ ਐਂਡ ਵੈਲਬਿੰਗ ਫੰਡ ਲਈ ਮਾਰਗਦਰਸ਼ਨ ਹੈ। ਫੰਡ ਸ਼ਹਿਰੀ ਵੱਚ ਮਾਨਸਿਕ ਸਹਿਤ ਅਤੇ ਤੰਦਰੁਸਤੀ ਨੂੰ ਬਹਿਤਰ ਬਣਾਉਣ ਵਾਲੇ ਪ੍ਰੋਜੈਕਟਾਂ ਲਈ £10,000 ਤੱਕ ਦੀਆਂ ਛੋਟੀਆਂ ਗ੍ਰਾਂਟਾਂ ਪ੍ਰਦਾਨ ਕਰੇਗਾ। ਜੇਕਰ ਅੰਗਰੇਜ਼ੀ ਤੁਹਾਡੀ ਪਹਿਲੀ ਭਾਸ਼ਾ ਨਹੀਂ ਹੈ ਅਤੇ ਤੁਸੀਂ ਅਪਲਾਈ ਕਰਨ ਲਈ ਸਮਰਥਨ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ “ਪੰਜਾਬੀ” ਦੇ ਹਵਾਲੇ ਨਾਲ wellbeingfund@gcvs.org.uk ‘ਤੇ ਸੰਪਰਕ ਕਰੋ। ‘Punjabi’

Čeština / Czech

Toto je průvodce finančního fondu Glasgow Community Health and Wellbeing. Tento fond poskytuje granty do £10,000 projektům přizpůsobícím pozitivně k rozvoji a udržení dobrého zdraví a prospěchu obyvatelstva v našem městě. Pokud byste potřebovali pomoc s vyplněním přihlášky z důvodu nedostatečného ovládní Anglického jazyka, kontaktujte nás emailem wellbeingfund@gcvs.org.uk a citujte “Czech”

اردو/URDU

یہ گلاسگو کمیونٹی ہیلتھ اینڈ ویلبیننگ فنڈ کے لیے رہنمائی ہے۔ فنڈ شہر میں ذہنی صحت اور تندرستی کو بہتر بنانے والے منصوبوں کے لیے £10,000 تک کی چھوٹی گرانٹس فراہم کرے گا۔ اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ درخواست دینے کے لیے تعاون چاہتے ہیں، پھر رابطہ “URDU” حوالہ دینا wellbeingfund@gcvs.org.uk کریں



As Glasgow continues to lay the foundations for its pandemic recovery, a brand new community grant fund resourced by Scottish Government aims to support small and medium sized community groups, voluntary organisations and social enterprises to deliver mental wellbeing projects across the city's diverse communities.



The Glasgow Community Mental Health and Wellbeing Fund is the local implementation of Scottish Government's Community Mental Health and Wellbeing Fund. The fund recognises the hugely important role that communities can play in bolstering the wellbeing of Glasgow's citizens.

This new grant fund has been specifically designed to offer financial support to local community projects which improve the mental health and wellbeing of local people. With grants of up to £10,000 being made available, the Fund is especially interested in hearing from groups who provide community connections and practical support for those who have experienced distress, disadvantage or isolation, or whose mental health has been negatively impacted as a result of the pandemic.

The Glasgow Community Mental Health and Wellbeing Fund will open for applications on 17 Nov 2021 and will welcome applications from third sector organisations and Community Councils.

What the fund is for?

As the country gradually works towards pandemic recovery, the Scottish Government have provided funding worth £15m to be shared across the country to support community projects which play a critical role in that recovery. Glasgow will receive £1.79m of the total fund.

This new Glasgow Community Mental Health and Wellbeing Fund will be used to fund projects which help build a much-needed, post-pandemic feel good factor!

The Fund is not intended to support specific clinical treatment services, such as counselling or therapy. Rather, the Fund will support community projects which help promote and support mental wellbeing.

Applications will be especially welcome from small scale, local projects. These will be well-connected projects which can demonstrate that they are encouraging people and communities in the Glasgow City area to help each other to build good mental health, resilience and connections, and to focus on their mental wellbeing.

We would like applicants to consider how projects can result in lasting wellbeing benefits through partnership working, matched funding or increased volunteer participation.

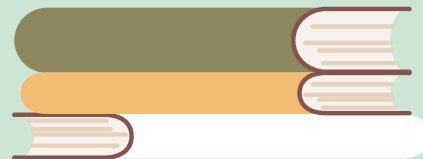


Fund criteria and priorities

Projects funded through the Glasgow Community Mental Health and Wellbeing Fund will need to demonstrate how they build one or more of seven wellbeing drivers:

- emotional resilience, strength and mindfulness
- connection to others within the community
- a sense of security, trust and being included
- mobility and physical activity
- a sense of purpose and being valued through volunteering, helping others, or paid work
- support for people who are in distress
- access to learning opportunities and the development of new skills and knowledge

Applicants should consider how their proposal contributes to promoting people's human rights. Priority will be given to projects which demonstrate that they work with groups of people who are routinely disadvantaged or excluded in society, or who have been particularly affected by the pandemic and lockdown. This can include activities which bring together different perspectives and communities, or work by organisations barriers and improve participation.



Who can apply?


The Glasgow Community Mental Health and Wellbeing Fund is designed to support small scale projects which promote wellbeing in local communities within the Glasgow City boundary.

Community is the key word for applicants - bringing people together to connect with and support each other is an absolute priority for the fund.

Small and medium sized organisations which can demonstrate a strong community focus for their wellbeing work or proposed project are encouraged to apply, especially those who provide support for those who are often excluded or disadvantaged, or are experiencing isolation, distress or anxiety. We recognise that people have all sorts of communities - and we are keen to fund a combination of communities of place, communities of interest and communities of circumstance.

It is expected that the majority of applications will come from groups which are already operating to some extent, who have some infrastructure in place, or who can demonstrate the benefits of a developing a new project. The main criteria is that each application must clearly demonstrate how its proposed project will benefit local people's mental health and wellbeing within one of or more of the seven categories listed above.





Some types of projects which may benefit from the Fund include (but are not limited to):

- **arts and creative projects**
- **physical and recreation activities**
- **befriending or peer support groups**
- **lunch, food or cookery clubs**
- **gardening and green space initiatives**
- **mindfulness sessions**
- **work to support people in distress**



Grant funding will support pandemic recovery projects which work with adults (those aged 16 or above) and applications can come from new and existing groups, or from partnership projects. Applicants need not have a specific wellbeing or mental health remit, but their applications must clearly outline the benefits of the proposed project to mental health and wellbeing.

Applications for up to £10,000 may be made by formally constituted third sector organisations and community councils. The types of constituted groups which can submit applications include charities (including SCIOs), Companies Limited by Guarantee and Community Interest Companies (CICs) which do not distribute profits to shareholders, Trusts or unincorporated associations.

Given that the clear objective of the Glasgow Wellbeing Fund is to support local, grassroots projects, applications are invited from organisations with a turnover of up to £1m per year. Applications from financially small organisations (income under £25,000) are particularly welcome. Grants may be made in exceptional circumstances to organisations with a larger income if outcomes for a specific community are unlikely to be addressed otherwise. Assessors will need to see evidence of this within the application.

The Fund will also consider small value grant applications (up to £2,000) from unconstituted groups where another organisation agrees to hold the grant on their behalf.

There is no minimum grant size but organisations intending on asking for less than £1,000 may want to consider how they might expand or extend their activity.

The funding limit of £10,000 is so that as many organisations as possible can benefit. If the fund is under-subscribed we may offer larger grants to existing applicants. The application form includes the option to include a request for a larger grant.

Scottish Government rules mean we can only fund projects that have need for the funding before the end of this financial year, by 31 March 2022. Applicants will be asked to confirm this is the case before they can submit their application.

What can be funded

- equipment, materials and capital costs
- one-off events
- hall and room hire, including appropriate refreshments
- participation costs
- staffing costs
- training costs
- transport
- utilities and running costs
- volunteer expenses
- safety equipment and PPE

What WILL NOT be funded

- Clinical mental health treatment such as therapy or counselling
- contingency costs, loans, endowments or interest
- political or religious campaigning
- profit-making or fundraising activities
- VAT which can be reclaimed
- statutory activities
- overseas travel
- alcoholic beverages and other harmful substances (e.g. tobacco)



How to apply

The Glasgow Community Mental Health and Wellbeing Fund will open on 17 November 2021. There will be two funding rounds with applications closing:

Round 1 at midday on Monday 10 January 2022

Round 2 at midday on Monday 7 February 2022

Please note that an organisation can only make one application in total to the fund.

The online application form, guidance for completing the application and answers to any frequently asked questions are available at www.gcv.org.uk/wellbeingfund. If you are unable to use the online application form you can download a Word document of the form from the website. If you require a hard copy of the form you can get this by contacting GCVS on 0141 332 2444.

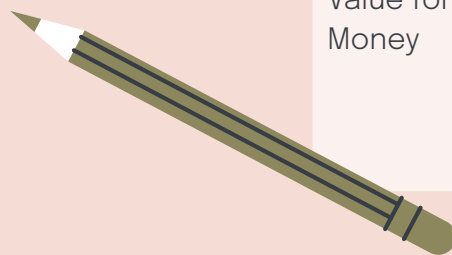
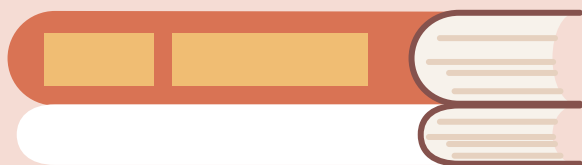
Information sessions on how to complete the application are being organised and further information will be available at www.gcv.org.uk/wellbeingfund.

If you require further help to complete the form you can arrange this by calling 0141 332 2444 or by emailing wellbeingfund@gcv.org.uk

Assessment criteria

Your application will be assessed against five criteria:

Criteria	How you can maximise your chance of success
Eligibility (Pass/Fail)	Read this guidance carefully and ensure your application is eligible before you submit it. In particular, check that: <ul style="list-style-type: none">- your organisation is eligible to apply- your project meets the criteria,- you have answered all relevant questions
Impact on Mental Wellbeing	Your application should make clear how your project will improve mental wellbeing for the participants of the project.
Equalities & Inclusion	Be clear about how this project is targeted towards people who would benefit from it the most. Tell us about the practical steps you are taking to ensure your project is inclusive.
Community & Sustainability	Show us how your project is embedded in your community. Be clear about how volunteers are or will be involved in your project. Tell us who you are working in partnership with.
Value for Money	Ensure your budget is appropriate for the work you intend to undertake. Consider what funding you will need to make your project inclusive. Tell us about other contributions to the project (for example from other funders or local businesses).



What next

Glasgow's TSI Partners (GCVS, Glasgow Social Enterprise Network and Volunteer Glasgow) will complete the assessment of each application. We may ask you for further information to help you demonstrate your project is fundable. An assessment panel will make the final decision on which projects are funded.

Please note. It is a condition from Scottish Government that all payments made from the fund to applicant organisations is completed by 31 March 2022. It is therefore critically important that if your project is successful that you respond quickly in providing any required information.



Monitoring and reporting

Monitoring of funded projects is still to be finalised but grantees should expect a light touch approach to monitoring proportionate to the size of the grants. Monitoring is likely to include information about the number and types of people who benefited, and a case study or project story. Where it is appropriate we would also like to see photographs or videos of your project, and to be able to come visit the project and meet with the people involved.

We want the work of this fund to inform future policy and funding decisions. With this in mind we may also create opportunities for great projects to showcase their work and the impact they have on citizens and communities. Applicants are encouraged to participate in these.

