Glasgow Citywide Directory

This directory gives information about third sector organisations and projects working with children, young people and families throughout Glasgow. It is a work in progress and more organisations will be added.

April 2018
The Everyone’s Children project was set up to support and promote third sector organisations in Glasgow that provide services to children, young people and families. The project is funded by the Scottish Government and works in partnership with statutory partners and the third sector.

It aims to:

• Develop and support the local third sector capacity to deliver wellbeing outcomes.

• Ensure third sector contributions to Children’s Services are valued and strengthened

• Share learning and best practice through training and events.

The Everyone’s Children project provides a practical range of support to ensure that the third sector contribution is effectively integrated into planning of services for children and families. The project has helped to raise awareness of GIRFEC, map the contribution of the third sector in Glasgow, share learning, and support organisations through capacity building work.

Contact: Suzie Scott
Telephone: 0141 271 2517
Email: suzie.scott@gcvs.org.uk
11 Queens Crescent, G4 9AS
The Children, Young People and Families Citywide Forum provides a strong and co-ordinated voice to partner agencies that influence Children’s Services in Glasgow.

The Forum aims to:

• consult, agree and support representation on behalf of the sector on priority issues.
• actively represent forum membership in city wide multi-agency planning
• provide guidance and support to the Third Sector.
• gather and co-ordinate views on behalf of the Forum.
• promote good practice through shared learning.

Membership

The Forum is open to all third sector organisations that provide services to Children, Young People and Families in Glasgow. There is no membership fee.

For further information, or to join the mailing list contact Suzie Scott at GCVS 0141 354 6519 or Email: citywideforum@gcvs.org.uk
The **North West Glasgow Voluntary Sector Network** is a progressive and forward thinking organisation which acts as a catalyst and a development forum for voluntary sector providers and community organisations in the North West Area of Glasgow. Our aim is to promote and enable effective information sharing, good communications and the exchange of ideas within the voluntary sector.

The North West Voluntary Sector Network (NWVSN) is a new organisation, formed as a result of a merger between The West and Central Voluntary Sector Network and the Maryhill, Kelvin and Canal network. The network is open to all voluntary organisations that deliver services in this area.

**Contact:** Martina Johnston Grey  
Telephone: 0141 952 7090  
Email: martina.northwestglasgowvsn@outlook.com
Voluntary Sector North East Glasgow (VSNEG) provides a voice for voluntary sector organisations in the North East of Glasgow.

Promotes information sharing and supports joint working by collaboratively linking up voluntary sector organisations to evolve, grow and form new partnerships.

Supports organisations to build an effective, sustainable voluntary sector in the North East communities.

Provides a platform for voluntary sector organisations by encouraging communication links through online forum speaking and networking.

VSNEG’s approach is to promote inclusive engagement for all North East voluntary sector through a monthly newsletter, to promote up and coming events, meetings, workshops and community conference/fun days.

Contact: Isabella Barnes
Telephone: 0141 556 1195
Email: isabella@vsneg.org.uk
Helenslea Community Hall, 48 Methven Street
Glasgow, G31 4RB
The North West Children and Families Network (previously NW Wellbeing Network) is a forum for third sector organisations providing services to children, young people and families. We have around 100 members from a wide range of organisations including early years, nurseries, out of school services, family support, dance and sports clubs, community centres and carers support. The purpose of the network is to:

Increase awareness of the range of third sector children, young people and families organisations in the NW

Promote recognition of the value of the role of voluntary organisations and maximise their impact

Support third sector organisations and share knowledge and best practice

Ensure links with other relevant structures including Childrens’ Services, Community Planning, Thriving Places, NW Voluntary Sector Networks

The network has a steering group and sends third sector representatives to Children’s Services Locality Planning. There are quarterly open meetings to discuss issues, share knowledge and best practice.

For further information, and to join the mailing list contact Suzie Scott at GCVS: suzie.scott@gcvs.org.uk
3D Drumchapel is a charity based in Drumchapel working with children and families providing a range of activities and support to families in Drumchapel, Knightswood and Yoker with children from pre-birth – 12 years. We aim to make a difference in the lives of children and families in Drumchapel by providing support, strengthening relationships and empowering families to make positive change. We provide a range of services including:

Pre-birth support
Parent & child sessions,
Parenting programmes,
Triple P Peer Support Groups
Dads programme,
One-to-one support and home visits

We facilitate 'Baby Basics & Toddler Togs' which recirculates baby and child goods and clothes to families who need it. We also support the Drumchapel Early Years Network.

Contact: Sharon Colvin
Telephone: 0141 944 5740
Email: sharoncolvin@3ddrumchapel.org.uk
Our residential and fostering services are for children who are unable to live with their families. Often our children have suffered traumatic experiences at a young age, and this has affected the way they feel inside. We are there for those children, to help them to flourish.

We believe that a positive and nurturing home is the basic right of every child. We are proud to give them the best start in life, by offering safe, loving, nurturing and therapeutic care for them.

We see residential child care as a positive setting for children, where they have all the help and support they need. Our children’s houses have all the same rhythms and routines as any other family home.

We also offer foster families for those children who would be better suited to living in a different residential environment. All our foster carers are highly trained caring professions, all driven by desire to help children and young people to grow up and flourish.

Contact: Nicola Fearon
Telephone: 01592 591 500
Email: Nicola.fearon@aberlour.org.uk
Aberlour Fostering
West Bridge Mill, Bridge Street
Kirkcaldy, KY1 1TE
Aberlour Glasgow Women’s Supported Bail Service helps women to avoid a custodial sentence. We can provide the emotional and practical support they need to stay out of jail, and break the offending cycle.

Many women in the criminal justice system have been victims of trauma themselves. As a result, many have struggles with drug and alcohol addiction and mental health. In addition, often they have to deal with additional challenges like homelessness and poverty. Many lack a strong support network, to help them make positive choices. Without this support, and as a result of the many challenges they face, they are at risk of breaching bail conditions and being held on remand.

As a result, this then means they lose access to their children. Ultimately, the cycle continues.

We help tackle the issues which contribute to offending behaviour, including Housing and homelessness, Drug and alcohol use, Poor mental or physical health, Trauma recovery. Our team also provide programmes to help children.

Contact: Gemma Barnett
Telephone: 0141 336 8524
Email: Gemma.barnett@aberlour.org.uk
Saracen House, 139 Saracen Street
Glasgow, G22 5AZ
Aberlour Youthpoint - Glasgow works with 8 to 25 year olds living in areas where there can be high levels of deprivation, crime and drug use and are often missed by other services.

We work in partnership with local agencies to provide youth work services to:

• improve individual opportunities to make positive lifestyle choices,
• promote personal development and
• enhance health and wellbeing.

Contact: Julie Ross
Telephone: 0141 551 3822
Email: julie.ross@aberlour.org.uk / youthpoint.glasgow@aberlour.org.uk
2 Green Wynd
Glasgow, G40 2TD
A&M Scotland is a registered SCIO based in Glasgow that delivers programmes of diversionary activity to young people from areas of high social deprivation. Diversionary activities take the form of sports, physical activity, group-work, volunteering, employability and personal development sessions. We improve young people’s physical and mental health and well-being, confidence and self-esteem, aspirations, personal responsibility and life chances by engaging them in weekly, structured, positive activities that are delivered by role models (experienced and trained youth workers/coaches).

We currently work across 30 different communities in Glasgow, utilising 40 venues on 6 evenings per week. We work with up to 1500 young people each week and have around 2000 individuals registered to take part in our activities.

Contact: Carla Fyfe
Telephone: 0141 558 4300
Email: carla@aandm.org.uk
West of Scotland Science Park, Todd Campus, Acre Road
Glasgow, G20 0XA
Action for Children Employability Service

Our services include family intensive support, short-breaks for disabled children, employment support for young people and working with young offenders to reduce the likelihood of re-offending.

We work in partnership with local authorities and other agencies to ensure young Scots have the best chance to fulfil their potential.

Action for Children established its first employability service in Scotland 10 years ago. During 2016, over 1,000 young Scots attended Action for Children’s employability services for support in finding employment or training.

Our services will keep providing this vital support. We also work in close partnership with Barnardo's and Prince's Trust through the Young Person's Consortium as well as having a working relationship with the Dame Kelly Holmes Trust.

Contact: Evelyn Rimkus
Telephone: 0141 550 3374
Email: Evelyn.Rimkus@actionforchildren.org.uk
18-36 Rockbank Street
Glasgow, G40 2UA
Action for Children Fostering Scotland are looking for people who want to make a difference to a young person’s life by offering a safe and loving family environment as a foster carer.

Action for Children Fostering Scotland promise to be there every step of the way – from 24-hour support, to training and you will get regular paid breaks to recharge your batteries.

It’s often the little things that make the difference for young people. Like someone to guide and care when things go right or wrong, someone who knows when it’s their birthday, and celebrates it. 95% of children fostered expressed that they were in a much better place.

Becoming a foster carer is a big decision – but life changing for you and the young people we support. If you’re ready to take that step to become a foster carer or are just at the start of the journey and want some more information, please get in touch.

To foster it’s essential that you have a spare room available.

Contact: Angela Quinn
Telephone: 0141 331 0584
Email: fostercare.caps@actionforchildren.org.uk
17 Newton Place
Glasgow, G3 7PY
Action for Children GEN R 8 Youth Housing Support Service provides outreach housing support to young people, including parents, aged 16 to 24 years who have a connection with North East Glasgow Locality.

The service supports care experienced young people on a city-wide basis.

Contact: Liz Reid
Telephone: 0141 771 6161
Email: elizabeth.reid@actionforchildren.org.uk
Glasgow, G31 3AU
Action for Children Side Step Intervention Programme
Side Step is an early intervention and diversion service delivered by Action for Children. It is aimed at 12-16 year olds who are at risk of becoming significantly involved in serious criminal activity.

The service operates from a base in Govan; however, project staff work with the young people in their own localities using local community resources. There is a large element of motivational work, supporting young people to recognise that they have opportunities in front of them other than a life of crime.

Contact: Chris Carberry
Telephone: 0141 445 1132
Email: Chris.Carberry@actionforchildren.org.uk

Glasgow Wide

☑ North East
☑ North West
☑ South
Welcome to Action on Hearing Loss Scotland. We're here for the 945,000 people across Scotland who are deaf or have hearing loss.

We work in communities around Scotland to support people with hearing loss including hearing-aid care and specialist employment support. We also campaign for equal access to employment, health, entertainment and to improve standards in audiology care.

Read this section to find out about our work, what support we can provide and how you can get involved: www.actiononhearingloss.org.uk/movingon

Contact: Gordon McGowan
Telephone: 0141 341 5350
Email: gordon.mcgowan@hearingloss.org.uk
131 West Nile Street
Glasgow, G1 2RX
www.actiononhearingloss.org.uk/movingon
Addaction Scotland North West Recovery Hub

Addaction North West Glasgow Recovery Hub is a free and confidential service for individuals, families and communities affected by drugs and alcohol. We offer drop-in or phone support; meetings at a time and place to suit; a personal recovery plan; parenting, pregnancy and family support; one-to-one and group work; links into other appropriate organisations; introduction to local recovery communities and volunteering opportunities.

Contact: Christine McCauley
E-mail: christine.mccauley@addaction.org.uk
Tel: 0141 221 2282
The Quadrangle, 59 Ruchill Street, Glasgow, G20 9PX
The **Bridges Partnership** is a service that works with women and children who are currently or have previously experienced domestic abuse, and are living in or moving to the North West of Glasgow. Delivered in partnership between **Aberlour**, **Shelter Scotland** and **Glasgow Housing Association**, the team work to:

- Provide advice and signposting information around domestic abuse
- Ensure families reside in safe and secure accommodation
- Support families to maintain a safe and stable home
- Work with women and children to develop local community links
- Support families to begin to address trauma and loss
- Deliver work to tackle cycles of abuse - Provide emotional, practical and therapeutic supports - Improve women and children’s confidence and wellbeing

**Contact:** Claire Burns  
E-mail: bridgespartnership@aberlour.org.uk  
Telephone: 0141 336 8524  
139 Saracen Street, Glasgow, G22 5AZ
Barnardo's provides a range of services across Scotland supporting vulnerable children, young people and families.

We work in partnership with Health, Education, Social Work services and other voluntary sector organisations to provide effective services that enable children, young people and families to achieve better outcomes and reach their potential.

Contact: Eddie Kane
E-mail: eddie.kane@barnardos.org.uk
Tel: 0141 419 4700

Glasgow Wide

☑ North East
☑ North West
☑ South
Barnardos Apna project provide services to children and young people from the ages 0 to 25 with a disability.

The project provides home care service, After school club, school holiday play schemes and club for 19 years and older. The service is provided citywide.

Contact: Mamta Kanabar
E-mail: mamta.kanabar@barnardos.org.uk
Tel: 0141 423 9225
70 Coplaw Street
Glasgow, G42 7JG
Barnardo's Children's Inclusion Partnership (CHIP)
CHIP is a collaboration between Barnardo's Scotland and Stepping Stones for Families. The project has been working in Possilpark for 20 years. During that time the team has established positive working relationships with countless children, young people and families and with many groups in the local community. It encourages individuals and families to participate in community development activities, ensuring their voice is heard in the decision making process.

Over the years the charity has taken part in a number of projects, with a focus on supporting children, young people and families in Possilpark to make a positive difference to their community. This has involved wildflower and bulb planting, biodiversity work and a range of activities that bring people of all generations together. These have included bat walks, storytelling, carol singing, sports days and community dog shows.

Contact: Alison McIntyre
E-mail: alison.mcintyre@barnardos.org.uk
Tel: 0141 353 6229
Unit 5.09, The Whisky Bond, 2 Dawson Road
Glasgow, G4 9SS
Barnardos PACe is an intensive family support service covering the whole of Glasgow City and East Dunbartonshire councils working with children and young people aged 5-18 years and their families.

Our primary remit is to support families so as to prevent children from being accommodated as well as support those children and young people who have already been accommodated to make sure that they are in the most appropriate accommodation that meets their needs.

Contact: Daljeet Dagon

E-mail: daljeet.dagon@barnardos.org.uk

Telephone: 0141 243 2393

91 Mitchell Street

Glasgow

G41 3LN
**Blairdardie Out Of School Service** (BOSS) is a charity registered in Scotland and is a non-profit making organisation. BOSS aim to offer play and education opportunities that are both fun and are challenging. All staff employed by BOSS are fully vetted by Disclosure Scotland, trained to SVQ/HNC level and have First Aid training. BOSS is registered with, and regulated by, the Care Inspectorate.

We provide Out of School Services at Blairdardie and Corpus Christi primary schools and take referrals from other primary schools in the area. Our School Holiday programme is open to all primary schools in Knightswood.

**Contact:** Audrey Edmonds  
Tel: 0141 952 5100  
Email: enquiries@glasgowafterschoolcare.co.uk
The British Deaf Association (BDA) is the UK’s leading membership organisation and registered charity run by Deaf people for Deaf people. The BDA delivers a range of services to achieve its aims of empowering Deaf people to overcome difficulties that they face on a daily basis. The BDA also supports young Deaf people and their hearing families.

Contact: Avril Hepner
Telephone: 0141 248 5565
E-mail: cado.sthscot@bda.org.uk
Suite 58, Central Chambers
Glasgow, G2 6LD
**Bookbug** is Scottish Book Trust’s Early Years programme that aims to help children develop a love of books and reading by providing four free bags of books to every child in Scotland during their first five years. We also provide tactile books for children with additional support needs. Scottish Book Trust partners with libraries and community venues to run Bookbug Sessions - free song, rhyme and story sessions across Scotland. In addition, targeted Bookbug Outreach work trains early years practitioners to use activities which promote bonding, attachment, social skills and literacy in the early years.

Contact: Beth Crozier  
Tel: 0131 558 8853  
beth.crozier@scottishbooktrust.com  
55 High Street  
Edinburgh, EH1 1SR
South Glasgow Bookbug (South Glasgow Childcare Partnership Forum) is a free service which promotes early literacy and positive parenting and child bonding by encouraging parents/carers to read, sing and talk to their children from birth.

The Bookbug programme gifts free book bags at key developmental stages for every child in Scotland, we also run Bookbug sessions which are free storytelling and singing sessions in the heart of communities, the sessions are inclusive and everyone is welcome.

Contact (South Glasgow): Linda Muirhead
Telephone: 0141 429 8139
E-mail: lindabookbug@btconnect.com
310 Cumberland Street
Glasgow, G5 0SS
The British Red Cross helps people in crisis, whoever and wherever they are. We are part of a global voluntary network, responding to conflicts, natural disasters and individual emergencies. We help vulnerable people in the UK and abroad prepare for, withstand and recover from emergencies in their own communities. The Crisis Education team at the Red Cross offer fully funded workshops in schools and youth work settings in areas where young people are at higher risk of experiencing a crisis related to drug/alcohol use and stigmatising behaviour. The two workshops we deliver are;

First aid workshops

- Learn essential first aid skills, including how to help someone who is: ☞ unresponsive (breathing/not breathing) ☞ bleeding heavily ☞ burnt
- Assess and manage risks to make informed choices when helping others.
- Build the confidence and willingness to help in a first aid emergency.

Refugees and migration workshops

- Explore assumptions about terms such as 'refugee', 'migrant' and 'asylum seeker'.
- Understand why someone might have to flee their home.
- Analyse the harmful effects of unwelcoming, hostile or discriminating behaviour.
- Consider how individual actions can help someone feel more welcome.

Contact: Laureen Walker
Telephone: 0141 891 4000
E-mail: LaureenWalker@redcross.org.uk
4 Nasmyth Place
Glasgow, G52 4PR

Glasgow Wide
✓ North East
✓ North West
✓ South
Caudwell Children transforms the lives of disabled children across the UK. We act as a safety net for families who are unable to gain the help they need. We help disabled children reach their full potential through the provision of practical and emotional support, providing support services for families in the home or in the hospital at times of crisis.

Contact: Victoria Bruce
Tel: 0345 300 1348
Email: charity@caudwellchildren.com

Glasgow Wide

- North East
- North West
- South
The Central and West Integration Network is a Scottish Charity, which works with individuals and groups to support asylum seekers and refugees, migrant workers and black and minority ethnic people, and works with all communities to promote integration, in the City Centre and West End of Glasgow, across the city of Glasgow and beyond.

Our services include: Mothers and children group

Youth project

Emergency Food Aid

Drop in service

Women’s Groups in various locations in Glasgow

Weekly information bulletin to other agencies and individuals

Capacity building programme for Migrant led organisation

Contact: Florence Dioka
Telephone: 0141 573 0978
Email: florence@cwin.org.uk
21 Rose Street
Glasgow, G3 6RE
CHANGE: Childcare and Nurture Glasgow East
Children in Scotland has been awarded a grant from the Big Lottery to work with people in the community, Glasgow City Council and others to look at what childcare is needed in Calton/Bridgeton, Tollcross/West Shettleston, and Parkhead/Dalmarnock and to come up with a workable way of supporting more registered places.

Its main aims are:
• To grow childcare services that best support children and their families and to include local residents in the design of these new services.
• This growth will result in more than 400 new childcare places in the neighbourhoods for 0 to 12 year olds.
• To create something that can be used for other areas to learn from.

Contact: Anthony O’Malley
Telephone: 07414610096
E-mail: aomalley@childreninscotland.org.uk
Rosebery House, 9 Haymarket Terrace
Edinburgh, EH12 5EZ
Caring Operations Joint Action Council. (C.O.J.A.C.) provide out of school and holiday care for children up to age 18 years affected by disability and complex support needs. We provide this 50 weeks of the year and cover in service days and other school closures.

We operate from our own leased centre based in the centre of Castlemilk. Our centre has a softplay facility, arts and crafts room, meeting/training room, kitchen/canteen, sensory room, sports hall with sound and light facilities for shows and productions, games/consul room, outdoor play area and sensory garden.

The centre is fully accessible with private changing area.

We also provide adult services one day and three evenings per week.

We hire out our rooms and resources when not in use by our own service users.

**Contact: Angela Friel**
E-mail: [cojac@btconnect.com](mailto:cojac@btconnect.com)
Tel: 0141 634 1002
146 Castlemilk Drive
Glasgow, G45 9UB
Carnwadric WIN Project serves the communities of Arden, Carnwadric, Kennishead and Regent’s Park in South-West Glasgow by providing the services of a Family Worker to listen, sign-post, visit and support local families.

The project also provides weekly Creative Arts sessions for children and young people during school term-time, as well as one-to-one work with a small number of children and young people which will nurture and support development of their self-esteem and confidence.

Contact: Dawn Barrett
E-mail: dawnwinproject@gmail.com
Tel: 07546 235357
Carnwadric Parish Church
Boydstone Road
Glasgow, G46 8HP
Child Bereavement UK supports families and educates professionals when a baby or child of any age dies or is dying, or when a child is facing bereavement.

Every year we train more than 8,000 professionals, helping them to better understand and meet the needs of grieving families.

Contact: Karen Brown
Telephone: 0141 352 9995
Email: karen.brown@childbereavementuk.org
Room 5, Maryhill Community Central Halls
292-316 Maryhill Road
Glasgow, G20 7YE
At **Children 1st** our vision is a happy, healthy, safe and secure childhood for every child and young person in Scotland.

We have 125 years experience of working with children and families, previously as the Royal Scottish Society for Prevention of Cruelty to Children (RSSPCC).

Today, we support families under stress, protect children from harm and neglect, help them to recover from abuse and promote children’s rights and interests.

**Contact:** Julie Richardson  
**Tel:** 0141 419 1150  
**Email:** Julie.Richardson@children1st.org.uk  
**Unit 8000, Academy Park**  
**Gower Street**  
**Glasgow, G51 1PR**
Coconut Corner Childcare Centre provides day care, nursery and after school care services for children

Affordable and quality childcare in a community setting.

Contact: Ruth Ramsay
Telephone: 0141 771 5542
Email: ruth.ramsay@coconutcorner.co.uk
36 Church St, Bailleston
G69 7EX
COPE provides a range of services to individuals and groups based on a community development and regeneration approach.

COPE Scotland is not a crisis service. The services we offer are towards supporting life affirmation and coping strategies.

The skills of the COPE team are used to empowering people individually and collectively to make positive changes to their lives; the lives of their families and local communities.

COPE will continue to explore new ways to help the communities it supports in West Glasgow, through improvements in services aimed at prevention of ill health, promotion of self management and promoting health & wellbeing and working with others to challenge inequalities.

Contact: Hilda Campbell  
Telephone: 0141 944 5490  
Email: hilda@cope-scotland.org  
20 Drumchapel Road, Glasgow, G15 6QE
Cornerstone's Growing Together project has been funded by the Big Lottery Fund’s Investing in Communities Programme, supports around 200 families and is delivered across four partnership primary schools of Broomlea, Croftcroighn, Hampden and Langlands with the aim of supporting families who have children with additional support needs attending these schools.

We aim to help each family cope better with their caring role, to become more resilient, improve their family relationships and experience greater community involvement. The support provided includes an information and signposting service, priority outreach, activity sessions for children, leisure opportunities and training workshops for parents, individual family support options, sibling groups and transition support service.

Contact: Susan Lorimer  
Telephone: 0141 378 0700  
Email: Susan.lorimer@cornerstone.org.uk  
120 Sydney St  
Glasgow G31 1JF
Cranhill Development Trust

Our core activity is to provide person-centred, responsive support services which are inclusive and are not age or gender specific. We focus on a community development and regeneration approach that builds and increases capacity within the community.

We do this by providing support which encourages and nurtures empowerment. In the same way, we promote resilience through active participation in the planning, design, development, delivery and evaluation of services.

By providing a range of community based support activities and services, we aim to increase self-esteem and opportunity in an area of multiple deprivation. These services include working with families and individuals, providing information and advice (e.g. Scottish Refugee Council outreach for refugees), health services (e.g. yoga, cycling), education services (e.g. ESOL classes), leisure opportunities, a community cafe and nearly new shop.

We do this as much as possible in partnership with other agencies and with the quality assistance of experienced volunteers.

Contact: Marie Ward
Telephone: 0141 774 3344
Email: marie@cranhilldt.org.uk

109 Bellrock Street, Cranhill, Glasgow, G33 3HE
Crossroads Youth and Community Association (CYCA) works across two main geographic areas, Gorbals and Govanhill, with a diverse range of groups and individuals.

**Govanhill:** The overall aim of the community development work in Govanhill is to promote and facilitate integration and help strengthen community cohesion and resilience. Its current focus is to work with women and their families to gain an in-depth understanding of the concerns, interests and barriers faced by a representative range of women living in the area. Challenges are identified and subsequently addressed through working alongside local women to help improve life for women, their families, and in turn the wider community, of Govanhill. Women are supported and empowered to inform and influence community life and services.

**Gorbals:** Crossroads has been working with young people in the Gorbals since it became a constituted organisation in 1967 and has provided a building or space to do so almost uninterrupted since then. The Barn is a dedicated youth centre with a concern for the welfare and informal education of young people aged between 8 to 24 years old. It is a place where young people come along voluntarily and choose to be involved. Crossroads believes it is important that young people have a place where they can relax, meet friends and have fun. The Barn’s youth work team values and respects a young person’s life experience and this forms the basis for shaping the agenda of what happens at the centre.

Contact: Louise Dorrian  
E-mail: Louised@cyca.org.uk  
Tel: 0141 429 3254  
37 Abbotsford Place  
Glasgow, G5 9QS
The Daisy Chain Early Years Project uses play-based interventions to improve the lives and life chances of children under 8, by ensuring they are **safe, healthy, included, nurtured and engaged (SHINE)**. The project aims to promote attachment between parent and child through play, literacy-based activities and creative arts. We operate several strands of service provision:

**Come and Play** - play sessions for parent and child

**Sunflower Group** - therapy for children affected by substance misuse and other family issues

**After-School Support Programme** - additional support with homework, self-esteem and confidence

**Loc de Juaca** - 'a place to play' and help with social inclusion for the Romanian Roma community

**Growing Dads** - play sessions for local dads with children under 5

**Baby Massage** - six sessions for parents and pre-crawling babies.

**Mums Support Group** - a small group for local mums to meet for peer support

**Young Parent Support Group** - In partnership with Smithycroft School. Support and activities for school-age parents and their young children.

**ESOL cafe** - an opportunity for local families to develop their English language skills while children's activities are provided.

**STEPS programme** - in partnership with HomeStart Glasgow South - confidence building for local parents

**Mellow Parenting** - a 14 week programme giving an opportunity for parents to meet together and explore parenting techniques, challenges and successes.
The Dash Club is an after school club for young people with complex support needs. We provide a range of activities including swimming, bowling, team games, art and drama in a safe, social environment. We also provide holiday programmes during the Easter, summer and autumn breaks. We provide services to children and young people in Glasgow North West and North East.

Contact: Mary Cuttle  
E-mail: mary@dashclubglasgow.org.uk  
Tel: 0141 336 8852  
Possilpoint Community Centre  
Glasgow G22 5LQ
Deaf Connections U-aspire project provides support to children and young people between the ages of 5-18 years. Support is aimed at those who are D/deaf (any level of hearing loss) and to those that are hearing but have deaf parents/carers (CODA). We are a small staff team supported by volunteers from all backgrounds (D/deaf and hearing). We provide:

- 1 to 1 befriending support
- British Sign Language classes and qualifications
- Activity days and events
- Deaf studies club in schools
- Deaf/CODA awareness in schools
- Service user forum (coming soon)
- Homework/study support clubs (coming soon)

**Project Objectives:**

- To promote good social and emotional wellbeing of children and young people we support
- To support and encourage children and young people to develop their existing skills and learn new skills
- To provide opportunities for children and young people to have their say in services available
- To provide an accessible service for all

Contact: Jennifer McAllister  
E-mail: jennifer@deafconnections.co.uk  
Tel: 0141 420 2820  
100 Norfolk Street  
Gorbals  
Glasgow, G5 9EJ
DIFFERabled Scotland have just recently celebrated its first year as a constituted Scottish Charity. It provides Peer support to Parents/Carers of children, Young people or adults with Additional Support Needs (Autism, ADHD, Dyslexia & Dyspraxia).

Our Projects fall into four categories:

- **Mutual & Peer Support** (coming together)
- **Self Advocacy & Empowerment** (Accurate Information to inform & create change)
- **Training & Development for Professionals** (Bringing together specialists to share & improve experiences)
- **Policy Development & Change** (Our collective shared experiences will give us the knowledge to influence & create change)

**Our Values** are to promote Inclusion and Equality with an 'All means All' approach.

**Contact: Deborah or Wendy**
Email: differabledscotland@gmail.com
Flemington House
110 Flemington St
Springburn
Glasgow, G21 4TD
The Drumchapel Foodbank provides seven day emergency supplies to those in the local and wider community experiencing financial crisis. We also act as a link to additional community based support services who can help individuals reduce their experience of financial and social isolation.

We provide a foodbank on Tuesday 2pm to 4pm at the Pheonix Community Hall and at St Marks Church, Drumchapel on Fridays 2pm to 3.30pm. Referrals accepted from social work, housing organisations and other third sector organisations.

Contact: Liz McGeady
Telephone: 07810017687
Email: lizdcb@hotmail.com
The Drumchapel Children's Rights Project offers independent advocacy to children and young people aged between 5 and 18 in the West of Glasgow. An Advocate is someone who speaks on your behalf, putting your views and opinions forward when, for whatever reason, you feel unable to do so yourself. At CRP, our advocates are trained and experienced in working specifically with children and young people.

An advocate is there to help. They will provide up to date information to help you make decisions, can refer you to various services, can go with you to meetings/panels/appointments and help explain your issues/concerns. Any information you share with your advocate is confidential, and would only be shared with your permission, or if it was putting you or others at risk.

Contact: Claire Haining
Telephone: 0141 944 0507
Email: clairehaining@d-mac.org.uk
**DRC Generations** is a community health initiative, based in Scotstoun and operating in the wider Knightswood area.

**Peer mentoring and transitions**
We work with secondary schools in NW Glasgow recruiting volunteer s1 & s2 pupils to become Peer Educators. The Peer Educators volunteer their time to complete a 24 week substance misuse training, confidence and team-building programme. The Peer Educators then deliver a substance misuse awareness programme to eight Primary schools P7 pupils.

**Youth Work**
We have two youth clubs for young people aged 10-18 years which meet on Tues & Wed.
We work in partnership with Glasgow Life to deliver street work in Yoker area on a Thursday evening
During school holidays, we have regular outings and visits

**Family support**
Our staff provide one-to-one and group support to families where there are alcohol or drug dependency issues.

**Contact:** Isabel Dunsmuir
**Telephone:** 0141 584 5754
**Email:** enquiries@drcgenerations.org.uk
Dumbarton Road Corridor Environment Trust (DRCET) is an emerging social enterprise based in the West of Glasgow. We provide a range of environmental services including bike maintenance and recycling, green space and community garden development and pedal-powered electricity generators. We have a proven track record of delivering a wide range of successful projects for the benefit of the local community. We work with a number of local primary and secondary schools. Our projects include:

- De’il On Wheels cycling, cycle skills development and bike recycling project
- Eco-Schools support programme
- Anniesland College food waste solutions
- Development of community gardens and growing spaces

**Contact:** Neil Lovelock  
**Telephone:** 0141 433 0427  
**Email:** getinvolved@dumbartonroad.com
Early Years Scotland is committed to providing the very best start in life for every child in Scotland. We are the leading national third sector organisation for children pre-birth to 5.

We offer membership for all Early Learning and Childcare settings in the private, voluntary and Local Authority, Parent and Toddler Groups, schools, colleges and university staff, individual students, individual practitioners and local Authorities. Early Years Scotland offers many membership benefits, such as a helpline, curriculum and business support, policy templates, specialist insurance and legal advice, a members’ area on our website, regular e-bulletins and practitioner and parent magazines.

Our qualified Development and Support officers support Early Learning and Childcare settings and Parent and Toddler groups in policy and practice. Our qualified Early Years Practitioners work directly with babies and children and their parents/carers in various settings including local communities, Nurseries, Schools, family homes and prisons. Our work focuses on delivering high quality sessions improving early learning and development through shared interactions and play.

Contact: Audrey Anderson
Telephone: 0141 225 2942
Email: audrey.anderson@earlyyearscotland.org
23 Granville Street, Glasgow, G3 7EE
Epilepsy Connections runs a variety of projects and services within the Greater Glasgow & Clyde, Forth Valley and Ayrshire & Arran Health Board areas, offering information, advice and support to people with epilepsy, their families, friends and carers and the professionals working with them.

Services include:

- Fieldwork Services
- Befriending Service
- Ethnic Minorities
- Epilepsy Awareness in Schools
- Friends Connected
- Events for Children
- Gardening Projects

Contact: Barbara Jones
Telephone: 0141 248 4125
E-mail: bjoness@epilepsyconnections.org.uk
100 Wellington Street
Glasgow, G2 6DH
Equal Say provide independent advocacy support to parents who have learning difficulties. We offer 1:1 advocacy support, a self-advocacy group and Mellow Parenting Groups.

For 1:1 advocacy, we prioritise families where there are child protection concerns, although we will work with parents when there are no child protection concerns but there is a clear need for advocacy support.

We deliver Mellow Parenting Groups, specifically for parents with learning difficulties; these groups are for families with pre-school children.

Our self-advocacy group is open to any parent with a learning difficulty who wants to improve their self-advocacy skills and get to know other parents.

Contact: Amanda Muir
E-mail: amanda@equalsay.org
Tel: 0141 556 3477
1/3 Brook St Studios, 60 Brook St
Glasgow, G40 2AB
FASS (Family Addiction Support Service) is a confidential support service for those affected by or concerned about a loved one’s drug or alcohol use. FASS provide kinship support, bereavement support, family support, counselling, link work, respite, holistic therapy, hypnotherapy and training, through one-to-one services and group work services.

FASS currently have 23 family support groups operating in the city. FASS also work in partnership with Geezabreak who offer a wide range of valuable support to children and families in the local area.

Contact: FASS
E-mail: info@fassglasgow.org
Tel: 0141 420 2050
123 West Street
Glasgow, G5 8BA
Families Outside is the only national charity in Scotland that works solely to support the families of people affected by imprisonment.

We work to mitigate the effects of imprisonment on children and families – and consequently to reduce the likelihood of reoffending – through support and information for families and for the people who work with them.

Families Outside supports children and families affected by imprisonment through:

• Families Outside Support & Information Helpline
• Family Support Workers providing direct support to children and families throughout Scotland
• Bespoke training and awareness-raising
• Development of policy and practice
• Campaigning and research
• Coordination of all existing and new visitors’ centres at prison establishments across Scotland

Contact:
E-mail: support@familiesoutside.org.uk
Tel: 0131 557 9800
13 Great King Street, Edinburgh, EH3 6QW
Family Mediation West of Scotland support families affected by separation, divorce and conflict.

Our services include Child Focused Family Mediation and provision of a Child Contact Centre.

In addition to this, we have a Family Support Unit providing flexible support tailored to a particular family’s needs.

We also provide free Parenting Apart sessions to assist parents to put their children first and move forward positively when living apart.

Contact: Pauline Linn  
E-mail: pauline.linn@fmwest.org.uk  
Tel: 0141 332 2731  
19 Woodside Place  
Glasgow, G3 6QL
FARE (Family Action in Rogerfield and Easterhouse) is a community based project, which was founded in 1989 by local residents from Easterhouse, Glasgow. The project has grown significantly over the years and now delivers services across many communities. The vision of FARE is “People and communities thrive and are free from the effects of poverty”. Our work involves:

Health – To enable more of the local community to adopt and maintain an active and healthy lifestyle: FARE fosters community resilience and enables individuals and communities to take more control over their health and lives.

Community Support and Development – To encourage, support and empower people, to act on their ideas, issues and interests.

Collaborations and partnerships – involving communities and local services working together at any stage of planning cycle, from identifying needs through to implementation and evaluation.

Access to community resources – connecting people to community resources, practical help, group activities and volunteering opportunities to meet individual needs and increase social participation. FARE’s premises are new and inclusive to all.

Employment- To increase the number of community members who have the skills to seek, gain and maintain employment: FARE deliver stages 1-5 along the Strategic Skills Pipeline, from the newest school leaver struggling to find employment to Modern Apprenticeships. FARE’s employability approach working with young and old is individually people centred.

Contact: Jimmy Wilson
E-mail: jimmy.wilson@fare-scotland.org
Tel: 0141 771 9151
Bannatyne House, 31 Drumlanrig Avenue
Glasgow, G34 0JF

Glasgow Wide

North East

North West

South
**G15 Youth Project** is a charity set up to help young people between the ages of 12 and 25. The project offers advice and support to young people in the local area, providing activities for leisure and social learning and education in order to improve opportunities and life chances of its members. The G15 Youth Project are committed to providing confidential information and advice for young people through a range of activities and workshops. Support is provided on a one to one basis for any young person who feel they require it.

**Contact:** Joyce Bell  
Tel: 0141 944 8868  
Email: joyce@g15yp.co.uk
GAP Childcare Services offer out of school care, mobile crèche and holiday playscheme services to the local community and neighbouring communities. GAP is a fun, friendly environment where children can play, socialise and develop life skills in a safe and secure setting. GAP provides flexible, high quality childcare at affordable prices. GAP is part funded through Glasgow City Council Children and Families and has strong links within the area.

OUT OF SCHOOL CARE

Providing OOSC to children aged 5 to 14 yrs (16 ASN) 50 weeks of the year. We collect children from the following schools: St Brides Primary, Holycross Primary, Cuthbertson Primary, Battlefield Primary

Secondary school pupils make their own way to GAP. We accommodate children from the following secondary schools:

Shawlands Secondary, Holyrood secondary

We also make early pickups for the children attending Primary 1 in the first two weeks.

MOBILE CRECHE

The mobile crèche service brings the equipment and staff to a venue of your choice, we offer a flexible service and can accommodate children aged between 6 weeks and 5 years. This service is available city wide and is available 40 weeks of the year.

PLAY SCHEME

We offer an all day service to all families with children aged between 5-14 yrs. The service opens at 7.30am to enable parents to attend work or college/ Uni and closes at 6.00pm Monday – Friday. Children are provided with a morning and afternoon snack but are required to bring a packed lunch. The service takes the children on various trips and is value for money.
Contact: Doreen Paterson  
E-mail: doreen@geezabreak.org.uk  
Tel: 0141 573 2900  
1450/1456 Gallowgate, Parkhead  
Glasgow, G31 4ST

Geeza Break

**Respite Sitter Service:** Children are cared for in their own home by trained sitters working on development and social skills.

**Respite Care Service:** Children are cared for in the homes of fully vetted and approved carers from a few hours to overnight care.

**Centre Based Respite:** Primary school children between 5 and 12 years are cared for during school holiday periods through the Toffee (Time Out for Families East End) Club.

**Out of School Places:** As part of the TOFFEE CLUB service we also provide city-wide Out of School Places to support Grandparents who have the sole care of their grandchildren/relatives.

**Geeza Chance Project:** Supports young people with the smooth transition from being with their parents and their chaotic lifestyles to living with their grandparents/other family members.

**Family Support Service:** Intense specialised one-to-one and group support offered to families experiencing poverty, abuse, isolation, addiction, crisis situations and/or mental health issues.

**Kinship Care Service:** We Provide professional, confidential, personal, Person-Centred Therapeutic Support to Kinship Carers in privacy of own home.
  - Encourage carers to focus more fully on personal needs to help improve their overall well-being.
  - Support carers to put in place a clear structure, routines and boundaries within the home.
GCVS Community Learning & Development (CLD) Team provides a tailored guidance and support service to staff and volunteers working with communities in Glasgow. We are keen to work with anyone with an interest in developing services in the city, including new organisations and potential partners.

Our priorities include Adult Literacy and Numeracy (ALN), English for Speakers of Other Languages (ESOL), Digital and adult learning. We can act as a conduit to the wider community based adult learning that may be of interest to developing skills.

Contact: Sallie Condy
Telephone: 0141 354 6508
Email: sallie.condy@gcvs.org.uk
Albany Centre, 44 Ashley Street
Glasgow, G3 6DS
Glasgow Council on Alcohol (GCA) is a not-for-profit charity organisation working with individuals, families and communities to reduce the harm caused by alcohol and drugs.

We are a COSCA recognised organisation who offer introductory and advanced counselling courses and bespoke alcohol and drug training.

Contact: Christopher Dickson
E-mail: chris.dickson@glasgowcouncilonalcohol.org
Tel: 0141 556 6631
14 North Claremont Street
Glasgow, G3 7LE
For over 60 years the Holiday Scheme has been offering children and their families a holiday. Each year we organise holidays for almost 500 disadvantaged children from the Greater Glasgow area; many are carers or have a disability. A third of Glasgow’s children live in poverty, that’s around 36000 children many of whom never enjoy a few days by the sea or in the country.

GCHS offers three holiday choices;

Most children will have a break with their family at one of our five static caravan's at Wemyss Bay on the Clyde Coast.

Some children have summer holidays with volunteer host families.

Our caravans are also made available to youth groups for activity holidays.

Referrals can be made by individuals, and from anyone from the full range of statutory services.
Glasgow Disability Alliance (GDA) is an organisation led by disabled people and has a membership of over 4000. GDA has, by far, the biggest groundswell of disabled members in Scotland, if not the UK.

We provide free, fun, accessible learning and opportunities for disabled people of all ages to build confidence, make connections and have support to make their contributions. Being disabled people ourselves, we strive to remove barriers to participation and learning and with this in mind, all our learning is free, with transport, personal assistance and lunch provided free of charge.

We work with disabled people of all ages, 11+ and with any type of impairment / condition. Membership is free and open to anyone living in Greater Glasgow who is disabled or has a long term condition.

Contact: Marianne Scobie
E-mail: mariannescobie@gdaonline.co.uk
Tel: 0141 556 7103
301 White Studios, Templeton Business Centre
Glasgow, G40 1DA
GEWA support women, children and young people who have experienced or are at risk of domestic abuse; through the provision of emotional, psychological, practical, financial and crisis support.

We also offer safe secure temporary refuge accommodation.

Contact:
Telephone: 0141 781 0230
Email: collective@gewa.org.uk
753 Westerhouse Road, Easterhouse, Glasgow G34 9PB
Glasgow Women's Aid provide information, support and temporary refuge accommodation to women, children and young people experiencing Domestic Abuse.

We offer:

Confidential ongoing support. You can contact us as often as you need to, regardless of where you are living

Information on housing, benefits, financial issues and legal issues

Signposting to other relevant organisations. If we don’t know something we can find out for you.

Arrangements for interpreting services

Safe, anonymous refuge accommodation where you and your children (if you have any) will receive emotional and practical support for a short term period

Contact: Susan Jack
Telephone: 0141 553 2022
Email: susanj@glasgowwomensaid.org.uk
4th Floor, 30 Bell Street, Glasgow G1 1LG
Glasgow South East Foodbank operates from 2 distribution centres, one in Govanhill and one in Castlemilk. They are part of the Trussell Trust Network.

Contact: Audrey Flannagan
Tel: 07786228759/ 07456868628
E-mail: foodbank@glasgowelim.org.uk
Glasgow South West Foodbank operates out of four centres on a voucher referral basis. An independent charity. Part of the Trussell Trust network.

Contact: Ian McGregor
E-mail: info@glasgowsw.foodbank.org.uk
Tel: 07708504130
Ibrox Parish Church
Clifford Street
Glasgow, G51 1QL
Glasgow Women’s Library is the only Accredited Museum in the UK dedicated to women’s lives, histories and achievements, with a lending library, archive collections and innovative programmes of public events & learning opportunities. Glasgow Women’s Library aims to:

- Advance the education of the general public by increasing the knowledge and understanding of women’s history, lives and achievements.

- Provide information on a range of women’s and gender equality issues.

- Enable women, particularly the most vulnerable and excluded in society, to access the information, resources and services they need to make positive life choices.

- Break down barriers to learning and participation for women so that they become fully active citizens, develop skills and knowledge, engender self-confidence and equip themselves to pass on their experience to benefit their families and broader communities.

- Be a catalyst for change by taking a lead role in redressing the neglect of women’s historical and cultural contributions to Scottish society.

- Pioneer new ideas of, and approaches to, culture and heritage that bring together people from the most diverse backgrounds.

- Invest in women’s social, cultural and creative capital to the benefit of our nation.

Contact: Donna Moore
Telephone: 0141 550 2267
Email: donna.moore@womenslibrary.org.uk
23 Landressy Street
Glasgow, G14 9XT
Govan HELP (Home Education Link Project) is a family support charity and provides a range of early intervention integrated supports to children and their families from 4 primary schools and 2 nurseries in Govan. Our services aim to:

- Improve family relationships and home environments
- Improve access to learning and volunteering for both children and adults
- Improve health and wellbeing
- Reduce social isolation and strengthen the Govan community

Our services include:

- Individual family support around issues such as housing, relationships, asylum and wellbeing
- Individual and group positive parenting programmes
- Adult Counselling Service
- Children's Befriending Service
- Children's Therapeutic Services
- Healthy Morning initiatives including a Walking Bus and Enhanced Breakfast Club
- Parents groups and adult learning opportunities
- Parent volunteer programme
- Family Holiday Programme & family after school clubs
- We are in the process of developing a Volunteer Interpreting Service

Contact: Joanne Aitken  
Telephone: 0141 445 6481  
Email: hello@govanhelp.org  
c/o Govan Road Campus, 635 Govan Road  
Glasgow, G51 2BN
Govan Youth Information Project provide a number of different youth and drop-in services every evening throughout the week from Monday through to Saturday.

Our **youth provisions** provide a safe, nurturing, and enjoyable space for children of all ages (5-25). We play games with the purpose of building teamwork, coordination, health and fitness skills, and talk about important and relevant issues that affect our lives. We escort the children on local excursions and have topical arts and crafts activities throughout the different celebrations of the year.

Our **drop-in services** for teenagers (age 12+) focus on working with some of the more difficult to reach youths within our local community. Running four times per week, the drop-in service allows youths to come and go throughout the session. We provide a safe space for youths to come in, chat and make friends without fear of judgment or hostility. We lead issue-based discussions on topics such as employment, money, and substance misuse, and there is also time to relax and make use of the computer, listen to music or play games. Our aim is to nurture a mutual trust and respect between our young people and ourselves.

Our **school holiday programme** runs for two hours in the morning, and two hours in the afternoon, our children and young people have access to a huge number of activities, including football, basketball, badminton, gymnastics, table tennis, bouncy castle, arts+crafts, yoga, console games, fitness, lego, and board games. We also run a large number of trips to places such as Ayr beach, Wonder World, bowling, Blair Drummond Safari Park, Laser Quest and more. We have special guests come in to deliver workshops on topics such as internet safety and fire safety.

Tel: 0141 445 4505
E-mail: mail@gyip.org.uk
9 Water Row, Govan Cross
Glasgow, G51 3UW
Greater Easterhouse Alcohol Awareness Project (GEAAP) is a community alcohol project supporting individuals with their own or another’s alcohol use.

GEAAP provide free services such as;

• adult, young persons and family counselling
• peer mentoring
• young persons prevention and education service
• school based alcohol multi risk programme
• weekly women’s group

Contact: Stewart McKay
Telephone: 0141 773 1222
Email: gueaap1@btconnect.com
51 Trondra Place
Glasgow, G34 9AX
Part of Whiteinch Transformation and based in the West of Glasgow, Healing for the Heart exists to help people and organisations to improve their emotional health.

At Healing for the Heart we are passionate about helping people to develop a positive attitude to mental and emotional health by offering a holistic approach to therapy. We currently offer counselling, therapy and spiritual healing. In Autumn 2018 we expect to also be able to offer massage therapy.

As well as 1:1 work, we also offer training for individuals and organisations who are looking to address issues around mental and emotional health - particularly those looking to address issues around trauma and the impact of ACE's. Like our 1:1 services, we tailor make our training around the needs of the client.

Contact: Shona Stirling
Telephone: 0141 959 9317
Email: info@healingfortheheart.co.uk

Barclay Curle House, 739 South Street, Glasgow, G14 0BX
Home-Start Glasgow North is a voluntary organisation set up to increase the confidence and independence of families with at least one child under five years old who are experiencing difficulties.

We select, train and support volunteers who:

- Visit families in their own homes
- Offer support, friendship and practical assistance
- Encourage the parents’ strengths and emotional well-being for the ultimate benefit of the children
- Encourage families to widen their network of relationships and to use effectively the support and services available within the community.

We provide support for families across the whole of North Glasgow and, from May 2017, we have expanded our service into North Lanarkshire.

Our main office is based in Maryhill adjacent to the Maryhill Community Centre in Avenuepark Street.

Contact: Nikki O’Hara
Telephone: 0141 948 0441
Email: info@homestartglasgownorth.org.uk
35 Avenuepark St
Glasgow, G20 8TS
Home-Start Glasgow South support families living in South Glasgow with at least one child under the age of 8 years who are struggling to cope with the challenges of family life. Home-Start Glasgow South support and empower families to cope with the impact of poor mental health, poverty, isolation, physical health issues, domestic abuse, addictions, bereavement, single parenting or multiple birth, as well as helping asylum seekers and refugees build a new life.

Home-Start Glasgow South provide a variety of support such as home visiting volunteer, weekly group support or combination of both. Home-Start Glasgow South facilitate groups in Pollokshaws, Penilee, Govan, Castlemilk and Priesthill each week.

Our groups are: 2 English Groups (one with creche provision) Dads' Group Ladies Group (with creche provision) 3 Parent and Toddler Groups

Baby Massage - 2 sessions each week providing baby massage in parents' own homes for 8 week blocks.

Creative Play - Rolling blocks of 8 week arts and crafts sessions within local primary schools. Interactive activities strengthen relationships, bonding and attachment between parents and children and help raise attainment levels.

Intensive Support Service - Family Support Worker provides intensive, focused support for a short period of time. For example supporting a family to get their child off the Child Protection Register or cope with the trauma of Domestic Abuse or addictions.

Home-Start Glasgow South offer Triple P, VIG (Video Interactive Guidance) and STEPS (Steps to Excellence in Personal Success) training to families and volunteers.
The Hidden Gardens is an award-winning, unique public greenspace and community development organisation situated between the neighbourhoods of Govanhill and Pollokshields. Our vision is of a society where people live, play, learn, participate and celebrate together. We promote community engagement and trust between local people and communities through horticulture, nature, arts, creativity and collaboration.

Our 3 strands of work are our Volunteering Programme, our Community Programme and our Creative Programme. As well as providing free public access to the Garden 6 days a week, we offer free workshops, events and activities designed to engage the local community and meet their needs.

For example, we run 'Play with Your Food' targeted creative group for parents of young children in challenging circumstances, a drop in Conversation Cafe for English language learners, weekend wildlife learning events, as well as delivering or hosting larger scale one off events. These have recently included the opening of the Refugee Festival, family friendly Into the Wild days and Family Day in collaboration with Tramway.
**Indigo Childcare Group** exists to provide outstanding early learning and childcare solutions, from birth up to the age of 16yrs. We aim to provide services that provide the best possible start in life for all of our children and young people and a platform for improved life chances as they grow. Our services are flexible, accessible, and affordable to the local communities they serve, and our aspiration is always to provide outstanding quality in the eyes of all of our customers and stakeholders.

We are a business with social objectives, with our roots embedded in the community. Supported and part-funded by Glasgow City Council, we operate as a social enterprise, a company limited by guarantee with charitable status, which means that all income generated goes directly to the provision of the services and in turn to supporting our local communities.

**Vision**

Indigo Childcare Group will be recognised as the trusted brand in the provision of childcare solutions, from birth to 16yrs old, on the west coast of Scotland. We will achieve this through our valued and purposeful engagement with children, young people, and their families, and our leadership in providing innovative and sustainable childcare solutions of an outstanding quality.

**Contact:** Laura Cusack  
E-mail: laura.cusack@indigogrp.com  
Tel: 0141 634 6161  
29 Dunagoil Road  
Castlemilk  
Glasgow, G45 9UR

Glasgow Wide

☑️ North East  
☐ North West  
☑️ South
Impact Arts is a forward-thinking community arts organisation which uses the arts and creativity to enable and empower social change. Our mission is to help people and communities transform their lives through creativity and the arts. #artchangeslives

The Young Gallery (0-12 years)
Our Creative Team delivers a range of exciting arts projects in primary schools and nurseries. Children celebrate their artistic achievements in a dedicated and aspirational gallery space. We work in partnership with specialist therapeutic arts organisations to deliver group therapy, and through 1:1 Art Therapy, we work with children affected by family members’ substance misuse.

Cashback to the Future (12-19 years)
Early intervention arts projects (particularly for those at risk of disengaging from school), to gain new skills and confidence. Participants work with professional artists and creatives on intensive programmes (1-4 weeks) which culminate in exciting showcases. We work in schools to support young people at risk of disengaging or engage those not involved in exams through our programmes (Creative Connections and Impact 66).

Creative Pathways (16-24 years)
A creative employability programme for NEET young people, who work full-time, over 12 weeks, alongside our dedicated and inspiring tutors. Programmes include: Fashion and Style, Product Design, Environmental or Theatre Arts to develop artistic and social skills that are transferable into a work setting. Journeys culminate in high profile final showcases. SQA accredited to SCQF levels 3 and 4.
Intandem provides weekly, community based mentoring to children and young people aged 8-14 who are Looked After At Home (under compulsory supervision order with no condition of residency). intandem is funded by the Scottish government and is being delivered in 21 local authorities throughout Scotland by 13 different charities. Volunteer Glasgow is delivering the programme to South Glasgow.

Young people will be matched up with an adult volunteer who will support the young person to engage in various different activities of their choice. intandems focus is on relationship building and providing the "one good adult" who will bring consistency, trust, and fun to a vulnerable young persons life. We aim to reduce social isolation, improve confidence & self-esteem and provide a protective element to each young person.

Matches are fully supported throughout their time together by an allocated support worker who will work closely with all agencies involved in the young person's life to ensure consistent care and support is provided to meet the wellbeing needs of each young person.
The Jeely Piece Club work primarily in Castlemilk but increasingly throughout the wider City of Glasgow. Our mission is to increase life chances and opportunities for children, adults and the wider community. We encourage children, adults, families and groups to value themselves and those around them. Through the work we do we help them to see themselves as being part of society and having something to offer in return. Our vision is one where children and adults have improved self confidence and self-esteem and able to make positive changes in their lives - both now and in the future.

The Jeely Piece Club Nursery is at the heart of our Early Years service for 0-5 years. Our dedicated Nursery offers a unique and specialised holistic approach to 0-3 years care which encompasses the whole family - we support not only the child to grow and develop but our parents & carers too. Our staff team provide a really valuable and much needed service for children & families within Castlemilk and the surrounding areas. We offer morning and afternoon sessions Monday to Friday.

- **Jeely Playzone, Castlemilk** - At the Playzone in Machrie Drive we offer seasonal programmes, play clubs after school and various events & trips throughout the year. All our sessions are designed to encourage inclusion and participation, enabling children to learn and develop through play.

- **Jeely Outreach** - various locations throughout the South of Glasgow

- **Jeely Outdoor and Street Play** - Our specialised outdoor team offer outdoor play opportunities at the Playzone and across our outreach activities.

- **Jeely School Play** - Our ActivePlay team deliver active play sessions throughout Glasgow wide primary schools
Licketyspit is a specialist early years theatre company based in Scotland, creating work for, and with, children, their families and communities to fire children’s imaginations through experiences using theatre, drama-led play, stories and music.

Licketyspit creates and delivers work from full-scale theatre shows to intensive, drama-led early intervention. We work with professionals and practitioners in community, arts, school and nursery settings and share learning at local, national and international level. We prioritise working in communities disadvantaged by socio-economic factors.

Licketyspit is at a pivotal point in its development with increasing demand for our work. Our aim is to be widely recognised as a centre of excellence for child-centred theatre and drama-led practice, developing our role as a significant contributor to the potential of drama-led engagement for children, families, communities and services.

Contact: Fraser Macleod
Telephone: 0131 332 0410
Email: fraser@licketyspit.com
Lifelink is a social enterprise and registered charity, based in Glasgow, which supports individuals who have mild to moderate mental health issues, for example stress, anxiety, depression, relationship issues or overall low mood, or those who would like help with self-managing their own mental health proactively to avoid developing some of these symptoms or conditions.

We provide a range of services including one to one counselling, personal development workshops and training for young people and adults.

Telephone: 0141 552 4434  
Email: info@lifelink.org.uk  
3 Brand Pl  
Glasgow, G51 1DR  
www.lifelink.org.uk
The Lilias Graham Trust is a residential facility that provides parenting capacity assessments to all Scotland-wide social work departments for parents whose children are at risk of being accommodated. The LGT is a wrap-around service; we offer a psychiatrist, counselling psychologist, play therapist, health consultant, social work consultant and an educational psychologist. Parents are assisted within the centre to help them meet the needs of their own child. We use the Kate Cairns Five to Thrive approach ‘relax, cuddle, play, respond and talk’. All these five things will assist the baby in developing into a more confident child then eventually an adult.

Contact name: Cath Morrison  
Telephone: 01786 850 259  
Email: cathmorrison@thelgt.org.uk  
Braendam House  
Thornhill  
FK8 3QH
LINKES is a community project - run by the community for the community. Everybody is welcome. We have a full programme of activities and you are invited to drop in at Block 200 on Lincoln Avenue during our opening times. Support for primary school children and their families include:

Play sessions
Ignite Theatre Juniors
ESOL classes
Womens Group
Mens Group
Welfare Rights advice

Contact: Heather McGill Crawford
Telephone: 0141 387 0391
Email: contact@linkes.org.uk
Glasgow Libraries are working with Macmillan Cancer Support to provide Macmillan Cancer Information & Support Services in your community.

If you're affected by cancer you may want to know there's someone you can turn to for help. Someone who can help find answers to your questions, whatever they may be.

Our partnership now operates in 33 libraries and 2 leisure centres across the city, providing anyone affected by cancer with information, emotional support and access to other services including complementary therapies, counselling and benefits advice.

Contact: Pip Lawrenson
Telephone: 0141 287 2981
Email: pip.lawrenson@glasgowlife.org.uk
Maryhill Mobile Children’s Services

**Mobile crèche**: We are a service for children and families. We provide crèches within Maryhill/surrounding areas. We provide fun, play opportunities for children while their parents/carers are attending various groups e.g. Community Education classes, parent support groups, training / meetings/Social etc. Children can attend from 0-16yrs. We are registered with the Care inspectorate and all staff are full qualified and PVG.

**Dunard ASC**: We also have two ASC Service within Dunard primary school and Avenuepark street, children attend from primary one to SI.

**Evergreen Outdoor Nursery**: We have a outdoor nursery within the North West area of Glasgow. Children spent the majority of their time outside in Dawsholm park we have an indoor base for dropping off and collecting children each day. The outdoor nursery promote outdoor learning with a Forest School approach allowing children to explore nature as they learn.

**Respite Care Service**: Our Respite Service has been running for over 12 years now with weekly sessions per week running from Avenuepark Street. We provide this service for vulnerable families within the north west of Glasgow children age from birth up to three years can attend a sessions. We work with families who have been referred to our service through health visitors, social work.

Contact: Caroline Thomson
E-mail: caroline.thomson@btconnect.com
Tel: 0141 945 1888
35 Avenuepark Street, Glasgow, G20 8TS
Mellow Parenting research, develop, implement and evaluation parenting programmes for the most vulnerable families in society.

We then train others in our programmes to support improvement of parent child relationships.

Contact: Rosemary Mackenzie
Telephone: 0141 445 6066
Email: rosemary@mellowparenting.org
Unit 4, Six Harmony Row, Glasgow, G51 3BA
Merry-go-round is a social enterprise and registered charity dedicated to helping local families. Our aims are:

- to save local families money by offering great children’s goods at low prices,
- to support local families in need with free goods and
- to provide employment and volunteering opportunities in the local community.

We have a shop in the Southside and also put on mini pop-up shops in other locations. We save families money with fabulous, high quality, pre-loved children’s goods at a fraction of the original price.

We host a number of events each month – everything from music classes to story time and from breastfeeding support to cloth nappy information.

We run a partnership programme working with local agencies to help families in need. If you work for an agency that works with vulnerable women and families, please contact us to find out more about registering as a partner to access free goods.

Contact: Rachel Porteous
Telephone: 0141 423 2299
Email: community@merrygoroundglasgow.co.uk
32-34 Nithsdale Road
Glasgow, G41 2AN
Money Advice Scotland is the national umbrella organisation which promotes the development of free, independent, impartial and confidential debt advice and financial inclusion.

Money Advice Scotland offer a range of services from training (on a range of Money Advice topics); Financial Capability training to a range of organisations and groups; Policy and benefits advice and support. This includes specialist group work with schoolchildren – providing alternative learning environments for excluded pupils and school based support to pupils.

Contact: Pat Sproul  
Telephone: 0141 572 0453  
E-mail: p.sproul@moneyadvicescotland.org.uk  
36 Washington Street, Glasgow, G3 8AZ
From our bases in Edinburgh and Glasgow, Move On works with vulnerable young people and those affected by homelessness. We offer a range of services providing advice, training, guidance and support enabling vulnerable young people and those affected by homelessness to unlock their potential and achieve a range of positive outcomes. These positive outcomes include; securing or progressing towards a job and further education, accessing and sustaining a home, building confidence, growing support networks and increasing life skills.

As an SQA approved centre, we provide a range of SQA accredited qualifications within the local community and within our employability training programmes which deliver stages 1 to 3 in the Strategic Skills Pipeline.

Schools Programmes
We tailor our programme structure and content to meet the needs of both our customers and the young people attending. We can:

- Deliver half-day, one-off workshops on specific issues
- Deliver sessions as part of the school curriculum; i.e. over a double period.
- Run longer programmes – part-time or full-time – over a number of weeks.
- Deliver our services in schools, or from our own premises.

Our mentoring service supports young people aged between 14 and 25. The service aims to improve outcomes for vulnerable young people such as increased self-esteem and social confidence, extended social networks and improved employability. The mentors also encourage the young people to focus on employment, training and education opportunities, identifying aspirations, finding out about different options and accessing suitable opportunities. These may include returning to school and increasing attendance, securing employment, applying to and attending college, accessing an apprenticeship etc.

One of the key benefits the mentoring relationship offers young people is a reliable, positive relationship within agreed boundaries.

Contact name: Leighanne McCombe
Telephone: 0141 221 2272
Email:leighanne@moveon.org.uk
4th Floor, 24 St Enoch Square
Glasgow
G1 4DB
MsMissMrs is a not-for-profit organisation based in North Glasgow but open to women and girls Glasgow wide and beyond.

We support the empowerment of women and girls through our accredited educational programmes in self-awareness, provision of training for professionals, our community hub and the sale of Empowerment Pants ([https://www.msmissmrs.co.uk/shop-1](https://www.msmissmrs.co.uk/shop-1)). We offer bespoke training packages, mentoring sessions and facilitation to other organisations.

Women are encouraged to self-refer onto our ASDAN accredited Get SET (Self Empowerment Tools) Programme which last 8 weeks, one day per week where they learn skills to develop self-awareness & personal resilience. We also have a Get SET for Girls programme which is taught interactively using a workbook designed to explore self-esteem, relationships, personal boundaries, self-talk, inner strengths, personal values, body image which all culminates in a self-care plan for them to keep.

If you need any information, get in touch.

Contact: Louise McAllister
Telephone: 0141 946 0244
E-mail: louise@msmissmrs.co.uk
1 Benview St
Glasgow, G20 7SA
National Deaf Children's Society provide support and events for deaf children and their families. Children and Family Support Officers can provide positive support and information on a wide range of issues/things which families with deaf children will need to know more about – education, benefits, technology and health.

NDCS also works with a network of approximately 115 local deaf children’s societies all over the UK, which exist for the express purpose of giving support to families of deaf children.

Tel: 0141 354 7850  
Email: ndcs.scotland@ndcs.org.uk  
131 West Nile Street  
Glasgow, G1 2RX
Notre Dame Children’s Centre provides assessment, therapeutic counselling and psychological interventions to vulnerable children and their families or main carers.

The Centre also provide training to professionals working with children and young people and are the Scottish license holders for 'Seasons for Growth', a loss and bereavement training programme aimed at supporting children, young people and adults affected by loss.

Contact: Margaret Brown
Telephone: 0141 339 2366
E-mail: Margaret.Brown@notredamecentre.org.uk
Kelvin House, 419 Balmore Road
Glasgow, G22 6NT
North United Communities (NUC) has four components, including: Youth work, Sports & Drama, Employment training and Family support.

The organisation delivers programmes 6 days/evenings a week to young people through youth work and educational programmes, holiday activities and events. The family support component provides a service 7 days a week including during holiday periods/weekends and evenings, those services include: outreach, parenting programmes and holiday programmes for families, as well as group work and community events.

Contact: Joan Dreghorn
Tel: 0141 945 1540
E-mail: joan@nucommunities.org
Glasgow, G20 9NF
One Parent Families Scotland has been dedicated to supporting single parents since 1944. We play an enormous part in enhancing the lives of parents and children, taking an active part in ensuring the voices of single parents are taken into account in shaping policies. We’re committed to dealing with merging challenges while continuing to provide all our single parents support services that form the core of our work. Services such as:

Financial Inclusion encompassing, Money and Debt advice, Welfare benefits and Tax credits/Universal credits advice and support.

Employability encompassing Training and Employment information, Moving into Work advice and support and sustaining employment.

Training in areas of Family Finances, Personal Development and Mental Well-being.

Support in areas of peer mentoring and charitable grant applications including Family Holidays and Fuel Debt grants.

Support is provided on a one to one basis, on site group meetings and outreach hubs located at various city wide locations.

OPFS provides a dedicated free Advice and Information telephone service for single parents. A Practitioners' Advice Service is provided to further enhance the knowledge of service providers outwith OPFS when engaging with single parents.
Parenting across Scotland (PAS) is a partnership of charities working together to provide a focus for issues and concerns affecting parents and families in Scotland.

PAS website provides information to families from the early years to teenagers, a wide range of topics are covered from breastfeeding to managing difficult behaviour.

Contact: Alison Clancy  
Telephone: 0131 313 8816  
Email: aclancy@childreninscotland.org.uk  
Level 1 Rosebery House  
Edinburgh, EH12 5EZ
Parent Network Scotland run workshops, co-ordinate support groups and provide training tailored to meet the needs of parents in communities across Scotland.

Our vision is of a Scotland where family relationships are rich in mutual trust and respect, between children, parents and carers.

Our mission, as a parent led organisation, is to improve family relationships for parents, carers and children. We do this by offering support in changing patterns of behaviour and dealing more positively with the challenges of family life.

Our values include respect for others, openness and honesty and maintaining high quality in all we do.

Contact: Lorna Mitchell  
Telephone: 0141 353 5604  
Email: lornam@pns.org.uk  
152 Bath Street, Glasgow, G2 4TB
Partners In Advocacy provides independent advocacy for children and young people. Our Glasgow Office has 5 projects:

**Mental Health advocacy** for young people up to age 18 with mental health issues living in the NHS Greater Glasgow & Clyde Health Board area.

**Additional Support Needs advocacy** for young people with additional support needs up to age 19 in Glasgow.

**Stand By Me - advocacy for vulnerable young people** up to age 18 who may be involved with Youth Justice, Children’s Hearings or Child Protection in Glasgow.

**East Renfrewshire - advocacy for vulnerable young people** up to age 19 living in East Renfrewshire.

**My Rights, My Say** for young people across Scotland aged 12-15 with additional support needs in education.

**Contact:** Pauline Cavanagh
Telephone: 0141 847 0660
Email: glasgow@partnersinadvocacy.org.uk
Rogart Street Campus
4 Rogart Street
Glasgow, G40 2AA
Petal Support was set up in 1994 by a group of families that had each lost a family member through the act of murder.

Petal is a proactive support centre providing practical and emotional support, advocacy, support and counselling for the families, friends, children and young people of murder and suicide victims.

The service includes:

- one to one counselling
- telephone counselling
- complementary therapies
- group work
- volunteering opportunities

Petal Support operates throughout Glasgow and also has bases in Hamilton and Edinburgh.

Contact: Anne Rennie
Telephone: 0141 332 8855
E-mail: arennie@petalsupport.com
The Connal Building, 4th Floor, 34 West George Street
Glasgow
G2 1DA
Peeple is a charity that trains practitioners to support parents and carers to learn together with their children (age 0-5) to improve the home learning environment and secure attachment relationships. Parents and carers have the opportunity to gain formal recognition of their learning. Our main programme is our evidence-based Peep Learning Together Programme. This adult learning programme aims to support parents and carers improve children(s) outcomes in:

- personal, social and emotional development
- communication & language
- early literacy
- early numeracy
- health & physical development

Contact: Denise Millan
Telephone: 07442500693
Email: denise.millan@peeple.org.uk
15 Morningside Road
Edinburgh, EH10 4DP
Pinkston Watersports provide affordable access to watersports to those who would not normally be able to benefit from such opportunities. In particular we work with the young people of Glasgow whose circumstances prevent them from accessing these activities elsewhere. We offer a range of low and no (funding permitting) cost activities to groups from schools, youth groups, registered charities, and other constituted community groups. We also offer courses for staff and volunteers from these organizations who have no background in watersports to train as an instructor. They then have free access to our equipment, thus reducing further cost barriers to community group participation.

Outdoor activities are increasingly recognized as a key component to healthy development, and we are ideally situated to offer opportunities that would otherwise require significant commitment in terms of travel and equipment. Pinkston is home to Scotland’s only artificial whitewater course and clean water basin, and as a facility situated in the Port Dundas area of Glasgow it is easily accessible to local communities.

At Pinkston we believe strongly in the positive impact that watersports can have on a young person’s life, and regularly see the growth of social and physical confidence, positive interaction, problem solving skills, and physical ability in the young people who access activities on site.

Contact: Hannah Blair
Telephone: 0141 332 5636
Email: hannah@pinkston.co.uk
75 North Canal Bank Street, Glasgow G4 9XP
Platform is the art centre at the heart of The Bridge in Easterhouse. We connect local audiences across North East Glasgow with high calibre artists through a programme of theatre, gigs, exhibitions, festivals, workshops and events. We use an asset based approach to developing our community and aim to challenge preconceptions and boast aspirations.

We work with nurseries, schools and partners to develop, manage and deliver bespoke activity from touring theatre featuring some of the very best theatre makers in Scotland, to our Theatre Days giving young people a behind-the-scenes experience of a working theatre, to programmes of creative therapeutic sessions for smaller groups of pupils at ASL schools.

As part of a network of Creative Scotland funded organisations across the country our theatre and exhibition spaces offer a diverse programme of work combined with excellent-value-for-money ticket cost and special offers.

Platform works with a host of specialist partners to develop creative learning experiences that relate to a range contexts from across the Curriculum for Excellence to health and well-being. We can work with organisations to develop potential projects for all ages of children and young people.

Contact: Jenny Crowe
Telephone: 0141 276 9696
Email: jenny@platform-online.co.uk
The Bridge, 1000 Westerhouse Road
Glasgow, G34 9JW
Possibilities for Each and Every Kid (PEEK)’s purpose is to improve the life chances of children & young people by unlocking their potential, whilst journeying alongside them as they PLAY, CREATE, THRIVE. We achieve our mission by providing a number of services giving youngsters the motivation, self-confidence & skills they need to change their lives. All our projects are child and young person led.

PLAY: is a diverse and stimulating programme of outdoor play & physical activity. We believe that every child has the right to play & that children are the experts in this. Our ‘Play Rangers’ act as a play champions for children by encouraging them to try new things in & around their community spaces. The Play Rangers also encourage children to use their imagination & creativity whilst they play contributing to their social, emotional & physical development. Weekly sessions include- Breakfast play, positive play lunch times, street play, active play & school place holiday family programmes.

CREATE: provides an exciting range of activity for all ages. Youngsters explore a variety of art forms and issues relevant to them & their community through creating music, visual arts, drama, film. We offer youngsters the chance to Flourish through gaining awards such as the Arts Awards, and to Broaden Horizons through holidays such as Hopscotch, Residential weekends and regular trips.

THRIVE: provides opportunities for youngsters to emerge as leaders in their communities and lives. Through volunteering, training, peer education and accreditation such a youth achievement awards.
Over the last 33 years **Possibilities** has developed into one of the most respected voluntary organisations in Glasgow. We have a proven track record of offering support and respite to disabled and vulnerable people in our community.

We’re all about promoting independent living.

We give members with disabilities access to the resources they require and support them to grow, learn and develop so that they can achieve their goals within society rather than feel isolated in their own homes.

Our purpose-built centre at Possibilities gives them confidence to grow in a safe environment at their own pace while also encouraging them to try new things.

Our members, who range in age from 5-95 years, have disabilities in various forms and we understand that disability can limit opportunities. We go out of our way to break down those barriers.

Possibilities is able to offer support through social groups and community-led assets in a welcoming environment. This allows us to give our members what they need to allow them to participate in activities and social circles.

**Contact:** Melanie Fyfe  
Telephone: 0141 336 3562  
Email: mfyfe@possibilities.org.uk  
74 Closeburn Street  
Possilpark, G22 5ST
**Potential In Me CIC** provide a range of services supporting young people, their families and communities. These include:

- life coaching for young people
- peer coach training for young people
- workshops that will support young people in stepping into their amazing potential
- Thriving Families programme using our coaching approach and lessons from neuroscience
- Coaching Conversations training for adults
- Understanding the adolescent brain

Contact: Scott Hay  
E-mail: scott@potentialin.me  
Tel: 07740461926  
43 Parkholm Quadrant  
Glasgow, G53 7ZH
Quarriers - Barlanark/Calvay Support Services

Quarriers Family centre is based in Ruchazie, within this centre is a purpose built nursery for children aged 0-3yrs old. As well as a family support service working within the family home there are a range of groups running across both of our services.

Barlanark Support Service is made up of four core services providing support across the Northeast sector and Citywide for our Kinship service. The services provide support to families with children up to the age of 18yrs of age.

Barlanark Family support service works with families affected by parental substance misuse across the NE sector offering practical support to the whole family which can incorporate a brief period of befriending for the child.

Our Lets Talk project is an innovative schools programme being delivered in 9 NE primary schools addressing mental health issues with young people. Barlanark Families Matters project currently provides support to Kinship families across the city of Glasgow.

T 2 T (Time to Talk) is our brief intervention service providing a family therapy service to children looked after at home in the NE sector.

Contact: Mandy Morrison
Telephone: 0141 781 4264
E-mail: mandy.morrison@quarriers.org.uk
Calvay Centre, 16 Calvay Crescent, G33 4RE
**Quarriers Inclusion Team** supports adults, children and young people to actively engage in issues which affect them through encouraging participation. This includes consultations, one-to-one meetings and taking part in groups.

Quarriers is a unique charity which offers people we support resilience to deal with the challenges life brings. Quarriers: gives people affected by epilepsy a new life, offers young homeless people the right support at the right time, and gives adults with disabilities more opportunities.

**Contact: Louise Hamilton**
Telephone: 0150 561 6032
E-mail: louise.hamilton@quarriers.org.uk
Glasgow, G41 11QB
As part of the city wide Glasgow City Carers Partnership, Quarriers Glasgow North West Carers Service offers the following core services to unpaid carers:

- Information and advice, including support to access through health and social work
- Emotional support and a listening ear
- Help to access short breaks and respite
- Help with income maximisation, accessing grants and charitable trusts and signposting for welfare benefit support
- Training and wellbeing to help you take care of your personal needs and you in your caring role

The service supports adult carers (including parent carers and carers of older people) to help manage their caring role and young carers between ages 6 – 18 years – to minimise any inappropriate caring roles.

**Contact:** Liz Brunjes  
**Telephone:** 0141 331 9420  
**Email:** Liz.Brunjes@quarriers.org.uk
Training Opportunities for young Parents (TOPs) at Rathbone works with young parents aged 16-24, and their children. We aim to build resilience and strong families through providing young parents with a safe and supportive environment to build their skills, develop positive support networks with other young parents, and promote family bond and attachment.

We deliver a flexible programme that is responsive to the needs of those attending; each month is different and our timetable is developed with the input of the young families that we work with. To support this we provide a free crèche for the children while they are attending sessions, reimburse public travel expenses, and provide lunch. We also plan regular family trips, provide goodie bags, and access to opportunities with partner organisations.

We aim to increase young parent’s self-esteem and confidence, while providing them with a safe environment to meet other young parents and build a strong support network for themselves.

Our programme is based in Glasgow City Centre and we work with families across the Glasgow City Council area, including outreach in Drumchapel, Shettleston and Clydebank.

Contact: Leigh Anne Elliott
Telephone: 0141 229 6300
E-mail: leigh-anne.elliott@rathboneuk.org
38 Queen Street
Glasgow, G1 3DX

Glasgow Wide
 North East
 North West
 South
Richmond's Hope, Glasgow is a charity that supports children and young people from Glasgow and the surrounding areas who have been bereaved.

We provide children with a safe place to work out their grief through verbal and non-verbal ways, e.g. art and therapeutic play and activities. As each child's grief is different, we provide individual support for children aged 4-18 years on a weekly basis for 40 minutes per session, with children attending at the same time each week for an average of 12 weeks.

We also offer telephone support and advice, presentations to statutory and non-statutory organisations, bespoke training, family support away days and the opportunity for children we have supported to join a peer support group. Referrals are taken over the telephone and all we ask is that the person with parental responsibilities gives consent for the referral to be made, that the child/young person is aware of the referral and that they know how the person died in an age related way.

Contact: Val Scholfield
Telephone: 0141 230 6123
E-mail: glasgow@richmondshope.org.uk
Ibrox Parish Church, Clifford Street
Glasgow, G51 1QH
Right Track Scotland is a registered charity established in 1983 in the East End of Glasgow (Bridgeton) where our Central Office and Bridgeton Training Centre remain today.

The organisation delivers training and support to local young people aged 15-26 years who are not engaged in Training, Education or Employment opportunities.

Since our inception Right Track has supported clients with significant difficulties to overcome before they can participate positively in Employment, Training or Further Education options.

The support that Right Track provides to our clients has always been holistic. Our broad aims include providing training that ultimately:
- Broadens horizons
- Raises aspirations
- Empowers young people with the skills to identify and manage personal barriers to progression
- Helps young people develop the skills to sustain positive options.
- Supports young people to progress positively from Right Track to positive options in Training, Education and Employment

Our ethos as an organisation is to address the needs of each young person individually and to work creatively and supportively to ensure that each young person realises their potential.
Rosemount Lifelong Learning was established in 1998 and our mission is to increase life chances through learning for children, young people and adults living in Royston and wider North (North East & North West) Glasgow area. At Rosemount, we are passionate about supporting local people to reach their potential. Our core services include:

Childcare - a flexible and affordable childcare service for children aged 6 months to 5 years.

Community Learning Services are targeted at those over 16 years and provide the following programmes:

• Adult Literacy and Numeracy
• ICT and Digital skills
• English for Speakers of Other Languages
• A range of regularly changing classes in a range of subjects including introduction to Psychology and Sociology in care.

Employability programmes to help increase confidence and identify goals and aspirations. Provides practical training to increase employability skills, gain qualifications, money management, IT skills and how to enjoy a healthier lifestyle.

Young Parents’ Project helps young parents find and access education, training, volunteering or employment opportunities. This is a city wide service working with young people aged 15-24 (26 for care leavers) who are pregnant or have children.

Family Links Service focuses on families affected by addiction and offers parenting support and interventions for children and young people.

Positive Family Futures encourages people to make positive changes within their own lives and the lives of others by coming together to share experiences and skills. The project is guided by a steering group made up of local people.

Contact: Michelle King
Telephone: 0141 553 0808
Email: michelle.king@rosemount.ac.uk
102 Royston Rd, Glasgow G21 2NU
Saheliya around the world play and learn centre provides the highest possible standards in childcare and education within a fun, stimulating and above all a safe and caring environment. Our qualified practitioners will make sure that your child is supported through their stages of development by being observed and encouraged to explore their individual skills and enhance their learning experience.

We provide a multicultural environment to improve positive and socialising skills amongst children & a diverse environment where all children feel included.

Contact: Ruqaiya Khan
Telephone: 0141 552 6540
Email: playandlearn@saheliya.co.uk
130 Springburn Road, St Rollox House
St. Paul's Youth Forum is a youth led organisation that works alongside children and young people to give them opportunities they wouldn't normally have. We have a number of different opportunities to support children, young people and families.

Bolt FM - Youth Radio, for young people, by young people. Bolt FM is Scotland’s longest running youth led radio station, enabling young people to have a voice. We have been working in North East Glasgow for almost 17 years. With a mobile studio, we can broadcast from any location which has a mobile signal or internet access, with classrooms transformed into radio studios in a matter of minutes.

Bolt FM works alongside teachers to cover aspects of the curriculum in a variety of accessible, enjoyable and educational ways. We specialise in encouraging work with disengaged young people. We can provide small group working, allowing a highly tailored environment, to gain skills in teamwork, leadership, co-operation and collaborative working, alongside the curricular skills. This has lead to a reengagement in formal education.

Diversionary, where we provide traditional youth work to help give young people positive alternatives to youth anti-social behaviour. By working with families we can provide support to enable young people to engage despite the many barriers that exist in their lives. We provide many different programmes, from sports including our own Bike Club - Blackhill on Bikes, to our Food Poverty Programme - Blackhill's Growing - encouraging young people to grow, prepare and eat their own food, with bees and hens in the garden.

In addition we also provide actives for under 5's, primary school children as well as community meals.

Contact: Neil Young
Email: neil@stpaulsyouthforum.co.uk
Tel: 01417708559
30 Langdale St
Glasgow, G33 1DL
Scottish Childminding Association
Childminders offer a flexible and unique service as they look after small groups of children in a domestic setting. A childminding service can often extend to both evenings and weekends. Being cared for by a childminder gives children the opportunity to learn from real-life experiences. Everyday activities, like going to the shops, involvement in school pick-ups, family meal times and visits to the park all teach children valuable life skills.

The Scottish Childminding Association (SCMA) is Scotland’s only charity dedicated to childminding. Over 82% of childminders in Scotland are our members and we are here to support them through the registration process and help them to build strong foundations for their childminding business. Our tailor-made learning programmes (including e-Learning programmes), Helpline, business aids and publications were all created with childminders in mind. We are the one-stop-shop for all things childminding!

Contact: Jacqueline Spence
Email: jacqueline.spence@childminding.org
Tel: 01355 238593
7 Melville Terrace, Stirling, FK8 2ND
Shakespeare Street Youth Club has the accolade of being the oldest youth club in Scotland. It has been established for over 60 years and provides children and young people in Maryhill a place to go and take up activities in their local area.

The club works with children and young people aged 5-17 years, with different club nights for each age range. The club is also used by different community groups such as mother and toddlers group, dance classes, Tai Chi, Tai Kwando and the Spiritualists Church.

Shakespeare Street Youth Club also provides a holiday programme for young people aged 5-12 years for young people to have extra activities, outings and residential trips during the holidays. The clubs aim is to provide a happy safe space for young people to do activities they enjoy and have a part in choosing themselves.

Contact: Sarah MacNeil  
Telephone: 0141 946 3153  
Email: shakespeareyouthclub@yahoo.co.uk  
95 Shakespeare Street, Maryhill  
Glasgow, G20 8JD
The Sound Lab is a project that looks to deliver free education in music and the arts to the whole community. The main demographics of those who utilise our program are between the ages of 8 -25 from areas affected by poverty and lack of opportunity.

We believe that all people should have experiences and support in order to unearth their talent, improve social skills, and develop a positive sense of themselves and of other people. We have over 13 years’ experience of providing services to some of the most disadvantaged areas of Glasgow and we know from the evidence from our programmes that our delivery model works for those that we support.

Although our main intake is young people, we also aim support groups from many other backgrounds. For example, previous events that we have ran involve Sunday Shindigs which was a programme that looked at integrating the people of Glasgow to join together and play and learn music.

Since 2003, our music and creative workshops have allowed hundreds of young people to advance their education and develop skills in a safe environment. Some of our ‘alumni’ have gone on to form their own bands, form club nights, achieving success in Scotland and further afield.

Contact: Lauren Thighe
Email: thesoundlabglasgow@gmail.com
Tel: 07875317720
161 Tollcross Road
Glasgow, G32 8HB
Sports Council for Glasgow

We offer a range of services to member Clubs, including PVG checks, Awards for Club of the Month and Annual Awards.

We have two grant funds that members can apply for and we run educational seminars throughout the year.

Contact: Katy Swan
Telephone: 0141 287 3649
Email: Info@scglasgow.org.uk
1000 London Rd, Glasgow G40 3HY
The Spark is a leading provider of couples counselling, marriage counselling, individual counselling and family counselling in Scotland.

Established in 1965, The Spark has been supporting individuals, couples and families dealing with challenging relationships. As the nature of relationship support has changed so has The Spark. We are now the foremost provider of relationship education and counselling for young people. In addition we offer training for frontline staff including Relationship First Aid training and Mental Health First Aid training.

Contact: Betty Elliot
E-mail: B.Elliott@thespark.org.uk
Tel: 0141 222 2166
72, Waterloo Street, Glasgow, G2 7DA
For nearly thirty years, Stepping Stones for Families has worked alongside children, young people and families in the North East and North-West of Glasgow to give them support, opportunities and a voice in tackling the effects of poverty and disadvantage in their lives.

We support families to lay the foundations they need to take control over their own lives and engage on their terms with the wider community.

Our Family Support, Family Play, Money Advice and Family Wellbeing Services provide the resources that many parents and children tell us they need to become healthier, happier and more confident so that they can participate and take an active role in their community.

Our high quality and flexible childcare in our centres and in the family home, provides children with a safe, fun and stimulating environment; and provides families with the support they need to pursue opportunities for respite, furthering education, training and employment.

Once the foundations for living and managing life day to day are there, many of the families we work alongside discover that they possess the resources, resilience and confidence they need to overcome exclusion, isolation and sustain positive change in their lives.

Contact: Isobel Lawson
Telephone: 0141-849-6333
E-mail: info@ssff.org.uk
Studio 3003A, Mile End Mill, 12 Seedhill Road, Paisley, PA1 1JS
We seek to help strategise for transformation. We network with community services, local councils, community groups, churches and business representatives; together we identify the most pressing unmet needs of the area. Programmes are delivered using a holistic approach to transformation by addressing economic, physical and social needs of the area.

We gather partners from both statutory and third sectors to discuss shared objectives for a given area of deprivation and seek to deliver a range of projects. This holistic approach incorporates education, skills/business development and community development/environment to empower community residents and encourage them to make a difference for themselves and others.

We provide

- School based support to pupils
- Alternative learning environments for excluded pupils
- General youth club/activities
- Sporting activities
- Physical or mental health and wellbeing support
- Advocacy and empowerment work
- Parenting support or training

Contact: Becky Frank
Telephone: 07745732622
E-mail: stretchanickel@yahoo.com

Glasgow Wide

☑️ North East

☐ North West

☐ South
At TASK Childcare Family Support and Learning Centre we recognise the importance of designing our service around our communities needs. We nurture and support all of our families enabling them to reach their full potential, we deliver inclusive services with all our partner organisations enabling our children and families to thrive, we offer a variety of unique services that are responsive and holistic in their approach.

Our Services Include:

- Full day 0-5 Nursery Provision
- Afterschool Care
- Holiday Cover (Afterschool Care)
- Early Intervention & Prevention Team
- Play Therapy Space
- Training & Meeting Space

Our centre has an ethos of learning and embraces not just the families that use our service but members of our local community to discover and learn together.
Tron St Marys Family Support Project

Our purpose is to support families and raise environmental awareness in Balornock and the surrounding areas. We offer group activities for all ages and abilities that build confidence, reduce isolation, promote health and well-being and are open to all within our community and the surrounding areas.

Supporting those who are isolated, vulnerable & tackling poverty via activities including Toddler Group, café, ESOL classes, welfare advice, cooking club, etc.

Contact: Margaret Finlay
Telephone: 0141 558 1011
E-mail: tsmfsp@gmail.com
128 Red Road
Glasgow
G21 4PJ
**Thriving Survivors** is a recovery and training centre for victims and survivors of trauma. We support both men and women as well as families through education and therapy.

It is the aim of organisation to provide support to survivors of physical or emotional trauma, to help them feel empowered and in control of their own emotions, behaviours and recovery. We help people that have been through:

- Domestic Violence
- Bereavement
- Drug and Alcohol Abuse
- Mental Health Problems
- Health Problems
- Many other forms of trauma

Offering a unique and insightful path to recovery by delivering:

- 1 to 1 mentoring
- Peer to peer support groups
- Training
- Volunteering Opportunities
- Employment Opportunities
- Childcare Facilities

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**Contact: Sarah Fairburn**  
**E-mail: info@Thrivingsurvivors.co.uk**  
**Tel: 0141 763 2354**  
**601-641 Tollcross Road**  
**Glasgow, G32 8TF**
Toonspeak provide free, high quality creative opportunities for young people living in Glasgow.

Most of our activity involves drama but in the course of producing original theatre productions we often explore music, dance and writing.

SHINE, our creative life coaching project is available to be delivered to groups of young people at partner organisations.

We run a mixture of weekly workshops and occasional projects.

Participants can work towards Arts Awards, an accredited qualification.

More than anything our participants tell us that Toonspeak is a place where they feel like they can be themselves.

Contact: Alan Govan
E-mail: alan@toonspeak.co.uk
Tel: 0141 552 0234
Millburn Centre, Glasgow, G21 2HL
Venture Scotland offers an outdoor-based personal development programme which empowers vulnerable young people aged 16-30, who face complex and difficult problems. We build the confidence and skills of young people and aim to empower each individual we work with to make positive and lasting changes in their lives and play a positive role in their communities.

The course is split into four modules: Challenge, Discover, Explore, Leader. Each involves regular and frequent one-to-one support, structured group work and mentoring sessions aimed at addressing key areas of personal and social development, including communication skills, confidence, attitude, responsibility, problem solving and teamwork.

We believe that by helping a young person to increase their capacity in these areas, we can enable them to tackle the barriers that are holding them back and help them to build a positive future. The amount of regular contact our programme enables between our staff, volunteers and young people enables strong bonds to be formed where young people’s behaviour can be challenged in a supportive environment.

To cover the full programme typically takes a year but is needs-led by the client. Challenge: 1 week. Discover: 8 weeks. Explore: 8 weeks. Leader: 8 weeks. Participants have the opportunity to gain a range of qualifications through the programme with the aim of moving on into further training, volunteering or employment.
Victim Support Glasgow provide a service for anyone affected by any kind of crime. This includes victims, witnesses and their friends or family. Clients do not have to report the crime to the police to get support. Victim Support can tell clients about the different options for reporting, the pros and cons, and help people with that decision.

Our service is confidential and we are there for the client anytime whether the crime happened recently or a long time ago. We provide emotional and practical support for clients helping them deal with the trauma of any incident and we also support clients at court if required.

Contact: Ann Marie Adair
E-mail: vs.glasgowcity@victimsupportsco.org.uk
Tel: 0141 553 2415
10 Bothwell Street
2nd Floor
Glasgow, G2 6LU
Visibility works across all ages, with adults and children who are blind or partially sighted and live in the west of Scotland. Visibility runs a wide range of services which are available to people with a visual impairment, their families, carers and other professionals.

The services include:
• information and advice face to face or by phone;
• peer support groups across the region
• courses on living with sight loss
• training in reading skills using magnification
• scanning training and daily living skills development for people with sight loss due to brain injury or stroke
• early intervention advice and support for patients based in hospital eye departments
• aids and equipment demonstrations and using technology to support day to day life
• visual impairment awareness training for those supporting people with a visual impairment.

Contact: Clare Sweeney
E-mail: info@visibility.org.uk
Tel: 0141 332 4632
2 Queen’s Crescent
Glasgow, G4 9BW
Volunteer Glasgow Young Persons Befriending Service provide befriending support to Young People throughout Glasgow.

We take referrals for Young People aged 8 to 18.

Contact: Derek McGill
E-mail: derek.mcgill@volunteerglasgow.org
Tel: 0141 226 3431
10 Bothwell Street
Glasgow, G2 6LU
West Glasgow Carers Centre provides help and support to people who are unpaid adult carers or young carers. Carers can be of any age and can be wives, husbands, partners, parents, daughters, sons, friends or neighbours who look after a relative or friend who has a physical disability, long term medical condition, learning disability, mental ill health or dementia, dependence on alcohol or drugs, or is elderly or frail.

We provide:

Information and Advice – Carers can make use of the excellent information and advice service provided by our Carer Support Workers and Young Carer Worker.

Income Maximisation – All carers are encouraged to access a welfare benefits check up. We will ensure carers/cared for are on the right level of benefits and signpost to organisations that can assist.

Emotional Support and Carers Support Groups – Carers can be supported on a one to one basis or within our carer support groups.

Training for Carers – Carers are encouraged to take up the many training opportunities available through the centre.

Access to Short Breaks – We offer carers a short break from their caring role through our short breaks budget/Time to Live.

We also offer all registered carers our Glasgow City Council Carers Privilege Card which gives a discount on some council services and commercial outlets.

Having a voice - We provide a platform to assist carers to help have their voice heard.

Contact: Robert Murray
Tel: 0141 9599871
Email: robert.murray@volunteerglasgow.org
Ypeople is an independent registered Scottish charity that provides support to vulnerable groups and individuals including homeless and young people to enable them to adapt, to change and to improve their quality of life.

Our Current Services in North East Glasgow:

**Intandem Mentoring Programme**

Intandem provides volunteer mentors for young people aged 8-14 years of age looked after by the local authority and living at home. The programme matches young people with trained volunteers and supports them to build positive, trusting and secure relationships.

**Ypeer Mentoring Service**

Ypeer is a mentoring service for care experienced young people aged 14 to 26. The service trains and supports other care experienced young people (aged 18 to 30) to volunteer their time to support another young person leaving care or making another life transition. The shared lived experience is a crucial element in the development of a trusting and productive relationship.

**The Calm Project – Counselling Service**

The Calm Project offers a community based counselling service for young people looking for support with their mental health and emotional wellbeing. Young people 12-18 years old who are involved in or at risk of becoming involved in anti-social or offending behaviour can benefit from person-centred counselling for as long as they feel it is useful.
Yoker Out of School Care provides an essential service for families within the local area. Staff know the families very well and children are cared for in a relaxed and responsive environment. The service operates from Yoker Resource Centre, Monday to Friday during the following times:

- 8 to 8.45am and from 3 to 6pm during school term time
- 11.45am to 6pm between August and October to accommodate Primary 1 children
- 8am to 6pm during school holidays - active school holiday programme

The crèche provides care for 1-5 year olds and staff support children’s transition to primary school. Once at school, children are taken, and collected, from local schools by mini-bus. The Care Inspectorate commended the service is for being child centred and providing very good opportunities for children to actively participate in planning and evaluating activities.

Contact: Elizabeth Busby
Telephone: 0141 952 7090
Email: sandyyoker@yahoo.co.uk
Young Movers (YoMo) are a youth empowerment charity for the North East and North West of Glasgow. We offer volunteering opportunities for young people ages 12-25 years.

We run a project called YouthBank which is an innovative grant-making initiative run by young people for young people. Our 'Young Grant Makers' develop valuable skills, knowledge and confidence while improving their community for the benefit of others. We also run multiple peer education programmes - peer education is the teaching or sharing of information to young people by young people.

YoMo offers young people opportunities to develop workshops and information sessions around the issues that affect them and share this information with their peers. So far our peer educators have developed workshops in Anti-Bullying, Violence Against Women, Anti-Sectarianism and Health and Wellbeing.

Contact: Linda McGlynn
E-mail: inquiries@yomo-online.co.uk
Telephone: 08444148296
Glenburn Centre, 6 Glenburnie Place, Glasgow, G34 9AN
YWCA Scotland, The Young Women’s Movement, is part of a worldwide movement of women leading change. We are based in Edinburgh and have a centre in Glasgow. We reach out to women, particularly girls and young women, across Scotland.

Our mission is to inspire girls, young women and women to achieve their potential through developing their skills, self confidence and leadership and through challenging the barriers they face in society, by creating safe spaces for them to meet together in groups and clubs, activities and conversations. We do this in our own centres, schools, in partnership with others, and through social media.

We work in partnership with local colleges to deliver a wide range of formal accredited courses in a community based setting in our learning centre in East Glasgow.

Across Glasgow we deliver:

YGirls and Gen Up programmes designed to raise the aspirations and achievements of girls and young women of primary and secondary school age.

Empowering Pathways for Women a programme designed to strengthen women’s choices and participation in all aspects of their lives.

Contact: Carol Cunningham
Telephone: 0141 550 7582
Email: carol@ywcascotland.org
The Youth Community Support Agency (YCSA) works with young people aged 12 - 16 from black and ethnic minority backgrounds to support them to become active members of a diverse society.

We offer a range of services including counselling, family support, volunteering opportunities and personal development projects.

We support young people to develop the confidence, skills and attributes they need to enter into education, training and employment. We do this by providing 1:1 support and by running group projects including film, photography, music, art, cooking and ESOL.

**Telephone:** 0141 420 6600
**Email:** enquiries@ycsa.org.uk

48 Darnley Street, Glasgow, G41 2SE
Zoo Ed attempt to close the attainment gap by providing story-telling with live animals (from the story).

We essentially "bring learning to life"! Literally.

Zoo-Ed was an idea born out of passion for both animals and education. We believe that the best way to learn about the animal kingdom is to experience handling the animals for yourselves.

Contact: Fiona McCrindle
Telephone: (+44) 07-973-212-338
Email: info@zoo-ed.org