South Glasgow Directory

This directory gives information about third sector organisations and projects working with children, young people and families in the South of Glasgow. It is a work in progress and more organisations will be added.

April 2018
The Everyone’s Children project was set up to support and promote third sector organisations in Glasgow that provide services to children, young people and families. The project is funded by the Scottish Government and works in partnership with statutory partners and the third sector.

It aims to:

• Develop and support the local third sector capacity to deliver wellbeing outcomes.

• Ensure third sector contributions to Children’s Services are valued and strengthened

• Share learning and best practice through training and events.

The Everyone’s Children project provides a practical range of support to ensure that the third sector contribution is effectively integrated into planning of services for children and families. The project has helped to raise awareness of GIRFEC, map the contribution of the third sector in Glasgow, share learning, and support organisations through capacity building work.

Contact: Suzie Scott  
Telephone: 0141 271 2517  
Email: suzie.scott@gcvs.org.uk  
11 Queens Crescent, G4 9AS
The **Children, Young People and Families Citywide Forum** provides a strong and co-ordinated voice to partner agencies that influence Children’s Services in Glasgow.

The Forum aims to:

- consult, agree and support representation on behalf of the sector on priority issues.
- actively represent forum membership in city wide multi-agency planning
- provide guidance and support to the Third Sector.
- gather and co-ordinate views on behalf of the Forum.
- promote good practice through shared learning.

**Membership**

The Forum is open to all third sector organisations that provide services to Children, Young People and Families in Glasgow. There is no membership fee.

For further information, or to join the mailing list contact Everyone’s Children on **0141 332 2444** or **Email: citywideforum@gcvs.org.uk**
Aberlour Residential and Fostering Services – Glasgow

Our residential and fostering services are for children who are unable to live with their families. Often our children have suffered traumatic experiences at a young age, and this has affected the way they feel inside. We are there for those children, to help them to flourish.

We believe that a positive and nurturing home is the basic right of every child. We are proud to give them the best start in life, by offering safe, loving, nurturing and therapeutic care for them.

We see residential child care as a positive setting for children, where they have all the help and support they need. Our children’s houses have all the same rhythms and routines as any other family home.

We also offer foster families for those children who would be better suited to living in a different residential environment. All our foster carers are highly trained caring professions, all driven by desire to help children and young people to grow up and flourish.

Contact: Nicola Fearon
Telephone: 01592 591 500
Email: Nicola.fearon@aberlour.org.uk
Aberlour Fostering
West Bridge Mill, Bridge Street
Kirkcaldy, KY1 1TE
Aberlour Guardianship – Glasgow supports unaccompanied children and young people. Guardians support the young people by helping them navigate the immigration and welfare processes, and feel supported and empowered throughout the asylum process, assisting them to access the help they need when they need it, and make informed decisions about their future. Aberlour and the Scottish Refugee Council are the principal partners in the guardianship pilot.

The children and young people we help in the Scottish Guardianship Service have been through unimaginable traumas. Now, they must cope with being apart from their families in a strange, new country. They also face language and cultural barriers. In addition, the welfare and immigration system is very complicated and it can be difficult for them to understand.

These factors make it very hard for child refugees and victims of trafficking when they come to this country.

The Guardianship service works across Glasgow.

Contact: Catriona MacSween
Telephone: 0141 445 8659
Email: Catriona.macsween@aberlour.org.uk
Scottish Guardianship Service
6th Floor, Portland House
17 Renfield Street
Glasgow, G2 5AH
Aberlour Glasgow Women’s Supported Bail Service helps women to avoid a custodial sentence. We can provide the emotional and practical support they need to stay out of jail, and break the offending cycle.

Many women in the criminal justice system have been victims of trauma themselves. As a result, many have struggles with drug and alcohol addiction and mental health. In addition, often they have to deal with additional challenges like homelessness and poverty. Many lack a strong support network, to help them make positive choices. Without this support, and as a result of the many challenges they face, they are at risk of breaching bail conditions and being held on remand.

As a result, this then means they lose access to their children. Ultimately, the cycle continues.

We help tackle the issues which contribute to offending behaviour, including

- Housing and homelessness,
- Drug and alcohol use
- Poor mental or physical health
- Trauma recovery

Our team also provide programmes to help children.
**Aberlour Youthpoint - Glasgow** works with 8 to 25 year olds living in areas where there can be high levels of deprivation, crime and drug use and are often missed by other services.

We work in partnership with local agencies to provide youth work services to:

- improve individual opportunities to make positive lifestyle choices,
- promote personal development and
- enhance health and wellbeing.

**Contact:** Julie Ross  
Telephone: 0141 551 3822  
Email: julie.ross@aberlour.org.uk / youthpoint.glasgow@aberlour.org.uk  
2 Green Wynd  
Glasgow, G40 2TD
A&M Scotland is a registered SCIO based in Glasgow that delivers programmes of diversionary activity to young people from areas of high social deprivation. Diversionary activities take the form of sports, physical activity, group-work, volunteering, employability and personal development sessions. We improve young people’s physical and mental health and well-being, confidence and self-esteem, aspirations, personal responsibility and life chances by engaging them in weekly, structured, positive activities that are delivered by role models (experienced and trained youth workers/coaches).

We currently work across 30 different communities in Glasgow, utilising 40 venues on 6 evenings per week. We work with up to 1500 young people each week and have around 2000 individuals registered to take part in our activities.

Contact: Carla Fyfe
Telephone: 0141 558 4300
Email: carla@aandm.org.uk
West of Scotland Science Park, Todd Campus, Acre Road
Glasgow, G20 0XA
Action for Children Employability Service

Our services include family intensive support, short-breaks for disabled children, employment support for young people and working with young offenders to reduce the likelihood of re-offending.

We work in partnership with local authorities and other agencies to ensure young Scots have the best chance to fulfil their potential.

Action for Children established its first employability service in Scotland 10 years ago. During 2016, over 1,000 young Scots attended Action for Children’s employability services for support in finding employment or training.

Our services will keep providing this vital support. We also work in close partnership with Barnardo's and Prince's Trust through the Young Person's Consortium as well as having a working relationship with the Dame Kelly Holmes Trust.

Contact: Evelyn Rimkus
Telephone: 0141 550 3374
Email: Evelyn.Rimkus@actionforchildren.org.uk
18-36 Rockbank Street
Glasgow, G40 2UA
Action for Children Fostering Scotland are looking for people who want to make a difference to a young person’s life by offering a safe and loving family environment as a foster carer.

Action for Children Fostering Scotland promise to be there every step of the way – from 24-hour support, to training and you will get regular paid breaks to recharge your batteries.

It’s often the little things that make the difference for young people. Like someone to guide and care when things go right or wrong, someone who knows when it’s their birthday, and celebrates it. 95% of children fostered expressed that they were in a much better place.

Becoming a foster carer is a big decision – but life changing for you and the young people we support. If you’re ready to take that step to become a foster carer or are just at the start of the journey and want some more information, please get in touch.

To foster it’s essential that you have a spare room available.

Contact: Angela Quinn
Telephone: 0141 331 0584
Email: fostercare.caps@actionforchildren.org.uk
17 Newton Place
Glasgow, G3 7PY
Action for Children Side Step Intervention Programme
Side Step is an early intervention and diversion service delivered by Action for Children. It is aimed at 12-16 year olds who are at risk of becoming significantly involved in serious criminal activity.

The service operates from a base in Govan; however, project staff work with the young people in their own localities using local community resources. There is a large element of motivational work, supporting young people to recognise that they have opportunities in front of them other than a life of crime.

Contact: Chris Carberry
Telephone: 0141 445 1132
Email: Chris.Carberry@actionforchildren.org.uk
Welcome to Action on Hearing Loss Scotland. We're here for the 945,000 people across Scotland who are deaf or have hearing loss.

We work in communities around Scotland to support people with hearing loss including hearing-aid care and specialist employment support. We also campaign for equal access to employment, health, entertainment and to improve standards in audiology care.

Read this section to find out about our work, what support we can provide and how you can get involved: https://www.actiononhearingloss.org.uk/movingon

Contact: Gordon McGowan
Telephone: 0141 341 5350
Email: gordon.mcgowan@hearingloss.org.uk
131 West Nile Street
Glasgow, G1 2RX
https://www.actiononhearingloss.org.uk/movingon
Barnardo's provides a range of services across Scotland supporting vulnerable children, young people and families.

We work in partnership with Health, Education, Social Work services and other voluntary sector organisations to provide effective services that enable children, young people and families to achieve better outcomes and reach their potential.

Contact: Eddie Kane
E-mail: eddie.kane@barnardos.org.uk
Tel: 0141 419 4700
Barnardos Apna Project provide services to children and young people from the ages 0 to 25 with a disability.

The project provides home care service, After school club, school holiday play schemes and club for 19 years and older. The service is provided citywide.

Contact: Mamta Kanabar
E-mail: mamta.kanabar@barnardos.org.uk
Tel: 0141 423 9225
70 Coplaw Street
Glasgow, G42 7JG
Barnardos PACe is an intensive family support service covering the whole of Glasgow City and East Dunbartonshire councils working with children and young people aged 5-18 years and their families.

Our primary remit is to support families so as to prevent children from being accommodated as well as support those children and young people who have already been accommodated to make sure that they are in the most appropriate accommodation that meets their needs.

Contact: Daljeet Dagon
E-mail: daljeet.dagon@barnardos.org.uk
Telephone: 0141 243 2393
91 Mitchell Street
Glasgow
G41 3LN
The British Deaf Association (BDA) is the UK’s leading membership organisation and registered charity run by Deaf people for Deaf people. The BDA delivers a range of services to achieve its aims of empowering Deaf people to overcome difficulties that they face on a daily basis. The BDA also supports young Deaf people and their hearing families.

Contact: Avril Hepner
Telephone: 0141 248 5565
E-mail: cado.sthscot@bda.org.uk
Suite 58, Central Chambers
Glasgow, G2 6LD
Scottish Book Trust is a national charity that believes books, reading and writing have the power to change lives. A love of reading inspires creativity, improves employment opportunities, mental health and wellbeing, and is one of the most effective ways to help children escape the poverty cycle.

Bookbug is Scottish Book Trust’s Early Years programme that aims to help children develop a love of books and reading by providing four free bags of books to every child in Scotland during their first five years. We also provide tactile books for children with additional support needs. Scottish Book Trust partners with libraries and community venues to run Bookbug Sessions - free song, rhyme and story sessions across Scotland. In addition, targeted Bookbug Outreach work trains early years practitioners to use activities which promote bonding, attachment, social skills and literacy in the early years.

- We are working to reduce the attainment gap by gifting books, games and activity bags to every family in Scotland with children up to seven years old.
- We help parents support their child’s education through Read Write Count.
- We work with teachers to inspire children to develop a love of reading, creating innovative classroom activities, organising children’s book prizes, the First Minister's Reading Challenge and bringing a huge range of exciting author events directly to schools all over Scotland.
- We work with adults with low literacy to tackle social issues and help to improve their reading and writing skills through our Adult Learners programme.
- We work with teenagers to provide creative writing and illustration development opportunities through What’s Your Story?

Contact: Beth Crozier
Tel: 0131 558 8853
beth.crozier@scottishbooktrust.com
55 High Street
Edinburgh, EH1 1SR
South Glasgow Bookbug (South Glasgow Childcare Partnership Forum) is a free service which promotes early literacy and positive parenting and child bonding by encouraging parents/carers to read, sing and talk to their children from birth.

The Bookbug programme gifts free book bags at key developmental stages for every child in Scotland, we also run Bookbug sessions which are free storytelling and singing sessions in the heart of communities, the sessions are inclusive and everyone is welcome.

Contact (South Glasgow): Linda Muirhead
Telephone: 0141 429 8139
E-mail: lindabookbug@btconnect.com
310 Cumberland Street
Glasgow, G5 0SS
The British Red Cross helps people in crisis, whoever and wherever they are. We are part of a global voluntary network, responding to conflicts, natural disasters and individual emergencies. We help vulnerable people in the UK and abroad prepare for, withstand and recover from emergencies in their own communities. The Crisis Education team at the Red Cross offer fully funded workshops in schools and youth work settings in areas where young people are at higher risk of experiencing a crisis related to drug/alcohol use and stigmatising behaviour. The two workshops we deliver are:

First aid workshops

- Learn essential first aid skills, including how to help someone who is: ✓ unresponsive (breathing/not breathing) ❌ bleeding heavily ❌ burnt
- Assess and manage risks to make informed choices when helping others.
- Build the confidence and willingness to help in a first aid emergency.

Refugees and migration workshops

- Explore assumptions about terms such as 'refugee', 'migrant' and 'asylum seeker'.
- Understand why someone might have to flee their home.
- Analyse the harmful effects of unwelcoming, hostile or discriminating behaviour.
- Consider how individual actions can help someone feel more welcome.
Caring Operations Joint Action Council. (C.O.J.A.C.) provide out of school and holiday care for children up to age 18 years affected by disability and complex support needs. We provide this 50 weeks of the year and cover in service days and other school closures.

We operate from our own leased centre based in the centre of Castlemilk. Our centre has a softplay facility, arts and crafts room, meeting/training room, kitchen/canteen, sensory room, sports hall with sound and light facilities for shows and productions, games/consult room, outdoor play area and sensory garden.

The centre is fully accessible with private changing area.

We also provide adult services one day and three evenings per week.

We hire out our rooms and resources when not in use by our own service users.

Contact: Angela Friel
E-mail: cojac@btconnect.com
Tel: 0141 634 1002
146 Castlemilk Drive
Glasgow, G45 9UB
Carnwadric WIN Project serves the communities of Arden, Carnwadric, Kennishead and Regent’s Park in South-West Glasgow by providing the services of a Family Worker to listen, sign-post, visit and support local families.

The project also provides weekly Creative Arts sessions for children and young people during school term-time, as well as one-to-one work with a small number of children and young people which will nurture and support development of their self-esteem and confidence.

Contact: Dawn Barrett  
E-mail: dawnwinproject@gmail.com 
Tel: 07546 235357  
Carnwadric Parish Church  
Boydstone Road  
Glasgow, G46 8HP
Child Bereavement UK supports families and educates professionals when a baby or child of any age dies or is dying, or when a child is facing bereavement.

Every year we train more than 8,000 professionals, helping them to better understand and meet the needs of grieving families.

Contact: Karen Brown
Telephone: 0141 352 9995
Email: karen.brown@childbereavementuk.org
Room 5, Maryhill Community Central Halls
292-316 Maryhill Road
Glasgow, G20 7YE
At **Children 1st** our vision is a happy, healthy, safe and secure childhood for every child and young person in Scotland.

We have 125 years experience of working with children and families, previously as the Royal Scottish Society for Prevention of Cruelty to Children (RSSPCC).

Today, we support families under stress, protect children from harm and neglect, help them to recover from abuse and promote children’s rights and interests.

Contact: Julie Richardson  
Tel: 0141 419 1150  
Email: Julie.Richardson@children1st.org.uk  
Unit 8000, Academy Park  
Gower Street  
Glasgow, G51 1PR
Cornerstone's Growing Together project has been funded by the Big Lottery Fund’s Investing in Communities Programme, supports around 200 families and is delivered across four partnership primary schools of Broomlea, Croftcroighn, Hampden and Langlands with the aim of supporting families who have children with additional support needs attending these schools.

We aim to help each family cope better with their caring role, to become more resilient, improve their family relationships and experience greater community involvement. The support provided includes an information and signposting service, priority outreach, activity sessions for children, leisure opportunities and training workshops for parents, individual family support options, sibling groups and transition support service.

Contact: Susan Lorimer  
Telephone: 0141 378 0700  
Email: Susan.lorimer@cornerstone.org.uk  
120 Sydney St  
Glasgow G31 1JF
Crossroads Youth and Community Association (CYCA) works across two main geographic areas, Gorbals and Govanhill, with a diverse range of groups and individuals.

Govanhill: The overall aim of the community development work in Govanhill is to promote and facilitate integration and help strengthen community cohesion and resilience. Its current focus is to work with women and their families to gain an in-depth understanding of the concerns, interests and barriers faced by a representative range of women living in the area. Challenges are identified and subsequently addressed through working alongside local women to help improve life for women, their families, and in turn the wider community, of Govanhill. Women are supported and empowered to inform and influence community life and services.

Gorbals: Crossroads has been working with young people in the Gorbals since it became a constituted organisation in 1967 and has provided a building or space to do so almost uninterrupted since then. The Barn is a dedicated youth centre with a concern for the welfare and informal education of young people aged between 8 to 24 years old. It is a place where young people come along voluntarily and choose to be involved. Crossroads believes it is important that young people have a place where they can relax, meet friends and have fun. The Barn’s youth work team values and respects a young person’s life experience and this forms the basis for shaping the agenda of what happens at the centre.

Contact: Louise Dorrian
E-mail: Louised@cyca.org.uk
Tel: 0141 429 3254
37 Abbotsford Place
Glasgow, G5 9QS
Aims & Facilities: CrossReach’s Daisy Chain Early Years Project aims to see the children of Govanhill thrive. We do this by supporting parents to recognise their own strengths, be the best they can be and give their children the best start in life. We provide a safe, welcoming environment where parents and children can be themselves and receive the support they want with challenges they identify for themselves. Our stimulating play experiences support the learning and development of Govanhill’s youngest children and bring together families from a wide variety of backgrounds.

Activities we run include: Come and Play (play session running 5 times per week for under 5s to come and play with their parents – waiting list), Loc de Joaca -'a place to play' (providing stimulating play experiences and social support for Romanian Roma families –drop in, Mon 9:30 Victoria Evangelical), Mum’s Chat & Chai (A group for mums already attending Daisy Chain groups which offers a little bit of ‘me time’ while children are looked after), After-School Programme (this is a small nurture based group running in local primary schools, using TheraPlay® activities to build the self-esteem of children along with supporting their homework –referral only), Tuesday Eve drop-in (supporting play experiences as Govanhill Free Church’s Tuesday evening drop-in). In response to the needs of the community Daisy Chain also periodically run other groups such as baby massage or young parents groups.
Deaf Connections U-aspire project provides support to children and young people between the ages of 5-18 years. Support is aimed at those who are D/deaf (any level of hearing loss) and to those that are hearing but have deaf parents/carers (CODA). We are a small staff team supported by volunteers from all backgrounds (D/deaf and hearing). We provide:

- 1 to 1 befriending support
- British Sign Language classes and qualifications
- Activity days and events
- Deaf studies club in schools
- Deaf/CODA awareness in schools
- Service user forum (coming soon)
- Homework/study support clubs (coming soon)

Project Objectives:

- To promote good social and emotional wellbeing of children and young people we support
- To support and encourage children and young people to develop their existing skills and learn new skills
- To provide opportunities for children and young people to have their say in services available
- To provide an accessible service for all

Contact: Jennifer McAllister
E-mail: jennifer@deafconnections.co.uk
Tel: 0141 420 2820
100 Norfolk Street
Gorbals
Glasgow, G5 9EJ
DIFFERabled Scotland have just recently celebrated its first year as a constituted Scottish Charity. It provides Peer support to Parents/Carers of children, Young people or adults with Additional Support Needs (Autism, ADHD, Dyslexia & Dyspraxia).

Our Projects fall into four categories:

- **Mutual & Peer Support** (coming together)
- **Self Advocacy & Empowerment** (Accurate Information to inform & create change)
- **Training & Development for Professionals** (Bringing together specialists to share & improve experiences)
- **Policy Development & Change** (Our collective shared experiences will give us the knowledge to influence & create change)

**Our Values** are to promote Inclusion and Equality with an 'All means All' approach.
Early Years Scotland is committed to providing the very best start in life for every child in Scotland. We are the leading national third sector organisation for children pre-birth to 5.

We offer membership for all Early Learning and Childcare settings in the private, voluntary and Local Authority, Parent and Toddler Groups, schools, colleges and university staff, individual students, individual practitioners and local Authorities. Early Years Scotland offers many membership benefits, such as a helpline, curriculum and business support, policy templates, specialist insurance and legal advice, a members’ area on our website, regular e-bulletins and practitioner and parent magazines.

Our qualified Development and Support officers support Early Learning and Childcare settings and Parent and Toddler groups in policy and practice. Our qualified Early Years Practitioners work directly with babies and children and their parents/carers in various settings including local communities, Nurseries, Schools, family homes and prisons. Our work focuses on delivering high quality sessions improving early learning and development through shared interactions and play.

Contact: Audrey Anderson
Telephone: 0141 225 2942
Email: audrey.anderson@earlyyearsscotland.org
23 Granville Street
Glasgow, G3 7EE
Epilepsy Connections runs a variety of projects and services within the Greater Glasgow & Clyde, Forth Valley and Ayrshire & Arran Health Board areas, offering information, advice and support to people with epilepsy, their families, friends and carers and the professionals working with them.

Services include:

- Fieldwork Services
- Befriending Service
- Ethnic Minorities
- Epilepsy Awareness in Schools
- Friends Connected
- Events for Children
- Gardening Projects

Contact: Barbara Jones
Telephone: 0141 248 4125
E-mail: bjoness@epilepsyconnections.org.uk
100 Wellington Street
Glasgow, G2 6DH
Equal Say provide independent advocacy support to parents who have learning difficulties. We offer 1:1 advocacy support, a self-advocacy group and Mellow Parenting Groups.

For 1:1 advocacy, we prioritise families where there are child protection concerns, although we will work with parents when there are no child protection concerns but there is a clear need for advocacy support.

We deliver Mellow Parenting Groups, specifically for parents with learning difficulties; these groups are for families with pre-school children.

Our self-advocacy group is open to any parent with a learning difficulty who wants to improve their self-advocacy skills and get to know other parents.

Contact: Amanda Muir
E-mail: amanda@equalsay.org
Tel: 0141 556 3477
1/3 Brook St Studios, 60 Brook St
Glasgow, G40 2AB
FASS (Family Addiction Support Service) is a confidential support service for those affected by or concerned about a loved one’s drug or alcohol use. FASS provide kinship support, bereavement support, family support, counselling, link work, respite, holistic therapy, hypnotherapy and training, through one-to-one services and group work services.

FASS currently have 23 family support groups operating in the city. FASS also work in partnership with Geezabreak who offer a wide range of valuable support to children and families in the local area.

Contact: FASS  
E-mail: info@fassglasgow.org  
Tel: 0141 420 2050  
123 West Street  
Glasgow, G5 8BA
Family Mediation West of Scotland support families affected by separation, divorce and conflict.

Our services include Child Focused Family Mediation and provision of a Child Contact Centre.

In addition to this, we have a Family Support Unit providing flexible support tailored to a particular family’s needs.

We also provide free Parenting Apart sessions to assist parents to put their children first and move forward positively when living apart.

Contact: Pauline Linn
E-mail: pauline.linn@fmwest.org.uk
Tel: 0141 332 2731
19 Woodside Place
Glasgow, G3 6QL
GAP Childcare Services offer out of school care, mobile crèche and holiday playscheme services to the local community and neighbouring communities. GAP is a fun, friendly environment where children can play, socialise and develop life skills in a safe and secure setting. GAP provides flexible, high quality childcare at affordable prices. GAP is part funded through Glasgow City Council Children and Families and has strong links within the area.

OUT OF SCHOOL CARE

Providing OOSC to children aged 5 to 14 yrs (16 ASN) 50 weeks of the year. We collect children from the following schools: St Brides Primary, Holycross Primary, Cuthbertson Primary, Battlefield Primary

Secondary school pupils make their own way to GAP. We accommodate children from the following secondary schools:

Shawlands Secondary, Holyrood secondary

We also make early pickups for the children attending Primary 1 in the first two weeks.

MOBILE CRECHE

The mobile crèche service brings the equipment and staff to a venue of your choice, we offer a flexible service and can accommodate children aged between 6 weeks and 5 years. This service is available city wide and is available 40 weeks of the year.

PLAY SCHEME

We offer an all day service to all families with children aged between 5- 14 yrs. The service opens at 7.30am to enable parents to attend work or college/ Uni and closes at 6.00pm Monday – Friday. Children are provided with a morning and afternoon snack but are required to bring a packed lunch. The service takes the children on various trips and is value for money.
Glasgow Children’s Holiday Scheme

For over 60 years the Holiday Scheme has been offering children and their families a holiday. Each year we organise holidays for almost 500 disadvantaged children from the Greater Glasgow area; many are carers or have a disability. A third of Glasgow's children live in poverty, that's around 36000 children many of whom never enjoy a few days by the sea or in the country.

GCHS offers three holiday choices:

Most children will have a break with their family at one of our five static caravan's at Wemyss Bay on the Clyde Coast.

Some children have summer holidays with volunteer host families.

Our caravans are also made available to youth groups for activity holidays.

Referrals can be made by individuals, and from anyone from the full range of statutory services.

Contact: Hilary Gibbs
Email: admin@glasgowchildrensholidayscheme.org.uk
Tel: 0141 248 7255
36-38 Washington St. Pentagon Centre
Glasgow, G3 8AZ
GCVS Community Learning & Development (CLD) Team provides a tailored guidance and support service to staff and volunteers working with communities in Glasgow. We are keen to work with anyone with an interest in developing services in the city, including new organisations and potential partners.

Our priorities include Adult Literacy and Numeracy (ALN), English for Speakers of Other Languages (ESOL), Digital and adult learning. We can act as a conduit to the wider community based adult learning that may be of interest to developing skills.

Contact: Sallie Condy
Telephone: 0141 354 6508
Email: sallie.condy@gcvs.org.uk
Albany Centre, 44 Ashley Street
Glasgow, G3 6DS
Glasgow Council on Alcohol (GCA) is a not-for-profit charity organisation working with individuals, families and communities to reduce the harm caused by alcohol and drugs.

We are a COSCA recognised organisation who offer introductory and advanced counselling courses and bespoke alcohol and drug training.

Contact: Christopher Dickson  
E-mail: chris.dickson@glasgowcouncilonalcohol.org  
Tel: 0141 556 6631  
14 North Claremont Street  
Glasgow, G3 7LE
Glasgow Disability Alliance (GDA) is an organisation led by disabled people and has a membership of over 4000. GDA has, by far, the biggest groundswell of disabled members in Scotland, if not the UK.

We provide free, fun, accessible learning and opportunities for disabled people of all ages to build confidence, make connections and have support to make their contributions. Being disabled people ourselves, we strive to remove barriers to participation and learning and with this in mind, all our learning is free, with transport, personal assistance and lunch provided free of charge.

We work with disabled people of all ages, 11+ and with any type of impairment / condition. Membership is free and open to anyone living in Greater Glasgow who is disabled or has a long term condition.

Contact: Marianne Scobie
E-mail: mariannescobie@gdaonline.co.uk
Tel: 0141 556 7103
301 White Studios, Templeton Business Centre
Glasgow, G40 1DA
Glasgow South East Foodbank operates from 2 distribution centres, one in Govanhill and one in Castlemilk. They are part of the Trussell Trust Network.

Contact: Audrey Flannagan
Tel: 07786228759/ 07456868628
E-mail: foodbank@glasgowelim.org.uk
Glasgow South West Foodbank operates out of four centres on a voucher referral basis. An independent charity. Part of the Trussell Trust network.

Contact: Ian McGregor
E-mail: info@glasgowsw.foodbank.org.uk
Tel: 07708504130
Ibrox Parish Church
Clifford Street
Glasgow, G51 1QL
Glasgow Women's Aid provide information, support and temporary refuge accommodation to women, children and young people experiencing Domestic Abuse.

We offer:

Confidential ongoing support. You can contact us as often as you need to, regardless of where you are living

Information on housing, benefits, financial issues and legal issues

Signposting to other relevant organisations. If we don’t know something we can find out for you.

Arrangements for interpreting services

Safe, anonymous refuge accommodation where you and your children (if you have any) will receive emotional and practical support for a short term period

Contact: Susan Jack
Telephone: 0141 553 2022
Email: susanj@glasgowwomensaid.org.uk
4th Floor, 30 Bell Street, Glasgow G1 1LG
Glasgow Women’s Library is the only Accredited Museum in the UK dedicated to women’s lives, histories and achievements, with a lending library, archive collections and innovative programmes of public events & learning opportunities. Glasgow Women’s Library aims to:

• Advance the education of the general public by increasing the knowledge and understanding of women’s history, lives and achievements.

• Provide information on a range of women’s and gender equality issues.

• Enable women, particularly the most vulnerable and excluded in society, to access the information, resources and services they need to make positive life choices.

• Break down barriers to learning and participation for women so that they become fully active citizens, develop skills and knowledge, engender self-confidence and equip themselves to pass on their experience to benefit their families and broader communities.

• Be a catalyst for change by taking a lead role in redressing the neglect of women’s historical and cultural contributions to Scottish society.

• Pioneer new ideas of, and approaches to, culture and heritage that bring together people from the most diverse backgrounds.

• Invest in women’s social, cultural and creative capital to the benefit of our nation.

Contact: Donna Moore
Telephone: 0141 550 2267
Email: donna.moore@womenslibrary.org.uk
23 Landressy Street
Glasgow, G14 9XT
Govan HELP (Home Education Link Project) is a family support charity and provides a range of early intervention integrated supports to children and their families from 4 primary schools and 2 nurseries in Govan. Our services aim to:

- Improve family relationships and home environments
- Improve access to learning and volunteering for both children and adults
- Improve health and wellbeing
- Reduce social isolation and strengthen the Govan community

Our services include:

- Individual family support around issues such as housing, relationships, asylum and wellbeing
- Individual and group positive parenting programmes
- Adult Counselling Service
- Children’s Befriending Service
- Children’s Therapeutic Services
- Healthy Morning initiatives including a Walking Bus and Enhanced Breakfast Club
- Parents groups and adult learning opportunities
- Parent volunteer programme
- Family Holiday Programme & family after school clubs
- We are in the process of developing a Volunteer Interpreting Service

Contact: Joanne Aitken
Telephone: 0141 445 6481
Email: hello@govanhelp.org
c/o Govan Road Campus,
635 Govan Road
Glasgow, G51 2BN
Govan Youth Information Project provide a number of different youth and drop-in services every evening throughout the week from Monday through to Saturday.

Our youth provisions provide a safe, nurturing, and enjoyable space for children of all ages (5-25). We play games with the purpose of building teamwork, coordination, health and fitness skills, and talk about important and relevant issues that affect our lives. We escort the children on local excursions and have topical arts and crafts activities throughout the different celebrations of the year.

Our drop-in services for teenagers (age 12+) focus on working with some of the more difficult to reach youths within our local community. Running four times per week, the drop-in service allows youths to come and go throughout the session. We provide a safe space for youths to come in, chat and make friends without fear of judgment or hostility. We lead issue-based discussions on topics such as employment, money, and substance misuse, and there is also time to relax and make use of the computer, listen to music or play games. Our aim is to nurture a mutual trust and respect between our young people and ourselves.

Our school holiday programme runs for two hours in the morning, and two hours in the afternoon, our children and young people have access to a huge number of activities, including football, basketball, badminton, gymnastics, table tennis, bouncy castle, arts+crafts, yoga, console games, fitness, lego, and board games. We also run a large number of trips to places such as Ayr beach, Wonder World, bowling, Blair Drummond Safari Park, Laser Quest and more. We have special guests come in to deliver workshops on topics such as internet safety and fire safety.
The Hidden Gardens is an award-winning, unique public greenspace and community development organisation situated between the neighbourhoods of Govanhill and Pollokshields. Our vision is of a society where people live, play, learn, participate and celebrate together. We promote community engagement and trust between local people and communities through horticulture, nature, arts, creativity and collaboration.

Our 3 strands of work are our Volunteering Programme, our Community Programme and our Creative Programme. As well as providing free public access to the Garden 6 days a week, we offer free workshops, events and activities designed to engage the local community and meet their needs. For example, we run 'Play with Your Food' targeted creative group for parents of young children in challenging circumstances, a drop in Conversation Cafe for English language learners, weekend wildlife learning events, as well as delivering or hosting larger scale one off events. These have recently included the opening of the Refugee Festival, family friendly Into the Wild days and Family Day in collaboration with Tramway.
Home-Start Glasgow South support families living in South Glasgow with at least one child under the age of 8 years who are struggling to cope with the challenges of family life. Home-Start Glasgow South support and empower families to cope with the impact of poor mental health, poverty, isolation, physical health issues, domestic abuse, addictions, bereavement, single parenting or multiple birth, as well as helping asylum seekers and refugees build a new life.

Home-Start Glasgow South provide a variety of support such as home visiting volunteer, weekly group support or combination of both. Home-Start Glasgow South facilitate groups in Pollokshaws, Penilee, Govan, Castlemilk and Priesthill each week.

Our groups are:

- **2 English Groups (one with creche provision)**
- **Dads' Group**
- **Ladies Group (with creche provision)**
- **3 Parent and Toddler Groups**
- **Baby Massage** - 2 sessions each week providing baby massage in parents' own homes for 8 week blocks.
- **Creative Play** - Rolling blocks of 8 week arts and crafts sessions within local primary schools. Interactive activities strengthen relationships, bonding and attachment between parents and children and help raise attainment levels.
- **Intensive Support Service** - Family Support Worker provides intensive, focused support for a short period of time. For example supporting a family to get their child off the Child Protection Register or cope with the trauma of Domestic Abuse or addictions.

Home-Start Glasgow South offer Triple P, VIG (Video Interactive Guidance) and STEPS (Steps to Excellence in Personal Success) training to families and volunteers.

Contact: Colette Boyle
theteam@homestartglasgowsouth.org.uk
0141 570 8735
Pollokshaws Burgh Hall
2025 Pollokshaws Road
Glasgow, G43 1NE
Indigo Childcare Group exists to provide outstanding early learning and childcare solutions, from birth up to the age of 16yrs. We aim to provide services that provide the best possible start in life for all of our children and young people and a platform for improved life chances as they grow. Our services are flexible, accessible, and affordable to the local communities they serve, and our aspiration is always to provide outstanding quality in the eyes of all of our customers and stakeholders.

We are a business with social objectives, with our roots embedded in the community. Supported and part-funded by Glasgow City Council, we operate as a social enterprise, a company limited by guarantee with charitable status, which means that all income generated goes directly to the provision of the services and in turn to supporting our local communities.

Vision
Indigo Childcare Group will be recognised as the trusted brand in the provision of childcare solutions, from birth to 16yrs old, on the west coast of Scotland. We will achieve this through our valued and purposeful engagement with children, young people, and their families, and our leadership in providing innovative and sustainable childcare solutions of an outstanding quality.

Contact: Laura Cusack
E-mail: laura.cusack@indigogrp.com
Tel: 0141 634 6161
29 Dunagoil Road
Castlemilk
Glasgow, G45 9UR
Intandem provides weekly, community based mentoring to children and young people aged 8-14 who are Looked After At Home (under compulsory supervision order with no condition of residency). intandem is funded by the Scottish government and is being delivered in 21 local authorities throughout Scotland by 13 different charities. Volunteer Glasgow is delivering the programme to South Glasgow.

Young people will be matched up with an adult volunteer who will support the young person to engage in various different activities of their choice. intandems focus is on relationship building and providing the "one good adult" who will bring consistency, trust, and fun to a vulnerable young persons life. We aim to reduce social isolation, improve confidence & self-esteem and provide a protective element to each young person.

Matches are fully supported throughout their time together by an allocated support worker who will work closely with all agencies involved in the young person's life to ensure consistent care and support is provided to meet the wellbeing needs of each young person.

Contact: Samantha Termer
samantha.termer@volunteerglasgow.org
Tel: 0141 226 2560
10 Bothwell Street
Glasgow, G2 6LU
The Jeely Piece Club work primarily in Castlemilk but increasingly throughout the wider City of Glasgow. Our mission is to increase life chances and opportunities for children, adults and the wider community. We encourage children, adults, families and groups to value themselves and those around them. Through the work we do we help them to see themselves as being part of society and having something to offer in return. Our vision is one where children and adults have improved self confidence and self-esteem and able to make positive changes in their lives - both now and in the future.

The Jeely Piece Club Nursery is at the heart of our Early Years service for 0-5 years. Our dedicated Nursery offers a unique and specialised holistic approach to 0-3 years care which encompasses the whole family - we support not only the child to grow and develop but our parents & carers too. Our staff team provide a really valuable and much needed service for children & families within Castlemilk and the surrounding areas. We offer morning and afternoon sessions Monday to Friday.

- **Jeely Playzone, Castlemilk** - At the Playzone in Machrie Drive we offer seasonal programmes, play clubs after school and various events & trips throughout the year. All our sessions are designed to encourage inclusion and participation, enabling children to learn and develop through play.

- **Jeely Outreach - various locations throughout the South of Glasgow**

- **Jeely Outdoor and Street Play** - Our specialised outdoor team offer outdoor play opportunities at the Playzone and across our outreach activities.

- **Jeely School Play** - Our ActivePlay team deliver active play sessions throughout Glasgow wide primary schools
Licketyspit is a specialist early years theatre company based in Scotland, creating work for, and with, children, their families and communities to fire children’s imaginations through experiences using theatre, drama-led play, stories and music.

Licketyspit creates and delivers work from full-scale theatre shows to intensive, drama-led early intervention. We work with professionals and practitioners in community, arts, school and nursery settings and share learning at local, national and international level. We prioritise working in communities disadvantaged by socio-economic factors.

Licketyspit is at a pivotal point in its development with increasing demand for our work. Our aim is to be widely recognised as a centre of excellence for child-centred theatre and drama-led practice, developing our role as a significant contributor to the potential of drama-led engagement for children, families, communities and services.

Contact: Fraser Macleod  
Telephone: 0131 332 0410  
Email: fraser@licketyspit.com
Lifelink is a social enterprise and registered charity, based in Glasgow, which supports individuals who have mild to moderate mental health issues, for example stress, anxiety, depression, relationship issues or overall low mood, or those who would like help with self-managing their own mental health proactively to avoid developing some of these symptoms or conditions.

We provide a range of services including one to one counselling, personal development workshops and training for young people and adults.

Telephone: 0141 552 4434
Email: info@lifelink.org.uk
3 Brand Pl
Glasgow, G51 1DR
www.lifelink.org.uk
Glasgow Libraries are working with Macmillan Cancer Support to provide Macmillan Cancer Information & Support Services in your community.

If you're affected by cancer you may want to know there's someone you can turn to for help. Someone who can help find answers to your questions, whatever they may be.

Our partnership now operates in 33 libraries and 2 leisure centres across the city, providing anyone affected by cancer with information, emotional support and access to other services including complementary therapies, counselling and benefits advice.

Contact: Pip Lawrenson
Telephone: 0141 287 2981
Email: pip.lawrenson@glasgowlife.org.uk
Mellow Parenting research, develop, implement and evaluation parenting programmes for the most vulnerable families in society.

We then train others in our programmes to support improvement of parent child relationships.

Contact: Rosemary Mackenzie
Telephone: 0141 445 6066
Email: rosemary@mellowparenting.org
Unit 4, Six Harmony Row, Glasgow, G51 3BA
Merry-go-round is a social enterprise and registered charity dedicated to helping local families. Our aims are:

- to save local families money by offering great children’s goods at low prices,
- to support local families in need with free goods and
- to provide employment and volunteering opportunities in the local community.

We have a shop in the Southside and also put on mini pop-up shops in other locations. We save families money with fabulous, high quality, pre-loved children’s goods at a fraction of the original price.

We host a number of events each month – everything from music classes to story time and from breastfeeding support to cloth nappy information.

We run a partnership programme working with local agencies to help families in need. If you work for an agency that works with vulnerable women and families, please contact us to find out more about registering as a partner to access free goods.

Contact: Rachel Porteous
Telephone: 0141 423 2299
Email: community@merrygoroundglasgow.co.uk
32-34 Nithsdale Road
Glasgow, G41 2AN
Money Advice Scotland is the national umbrella organisation which promotes the development of free, independent, impartial and confidential debt advice and financial inclusion.

Money Advice Scotland offer a range of services from training (on a range of Money Advice topics); Financial Capability training to a range of organisations and groups; Policy and benefits advice and support. This includes specialist group work with schoolchildren – providing alternative learning environments for excluded pupils and school based support to pupils.

Contact: Pat Sproul  
Telephone: 0141 572 0453  
E-mail: p.sproul@moneyadvicescotland.org.uk  
36 Washington Street, Glasgow, G3 8AZ
From our bases in Edinburgh and Glasgow, **Move On** works with vulnerable young people and those affected by homelessness.

We offer a range of services providing advice, training, guidance and support enabling vulnerable young people and those affected by homelessness to unlock their potential and achieve a range of positive outcomes. These positive outcomes include; securing or progressing towards a job, accessing and sustaining a home, building confidence, growing support networks and increasing life skills.

**Contact:** Leighanne McCombe  
Telephone: 0141 552 2272  
E-mail: leighanne@moveon.org.uk  
4th Floor, 24 St Enoch Square  
Glasgow, G1 4DB
MsMissMrs is a not-for-profit organisation based in North Glasgow but open to women and girls Glasgow wide and beyond.

We support the empowerment of women and girls through our accredited educational programmes in self-awareness, provision of training for professionals, our community hub and the sale of Empowerment Pants ([https://www.msmissmrs.co.uk/shop-1](https://www.msmissmrs.co.uk/shop-1)). We offer bespoke training packages, mentoring sessions and facilitation to other organisations.

Women are encouraged to self-refer onto our ASDAN accredited Get SET (Self Empowerment Tools) Programme which last 8 weeks, one day per week where they learn skills to develop self-awareness & personal resilience. We also have a Get SET for Girls programme which is taught interactively using a workbook designed to explore self-esteem, relationships, personal boundaries, self-talk, inner strengths, personal values, body image which all culminates in a self-care plan for them to keep.

If you need any information, get in touch.

Contact: Louise McAllister
Telephone: 0141 946 0244
E-mail: louise@msmissmrs.co.uk
1 Benview St
Glasgow, G20 7SA
**National Deaf Children's Society** provide support and events for deaf children and their families. Children and Family Support Officers can provide positive support and information on a wide range of issues/things which families with deaf children will need to know more about – education, benefits, technology and health.

NDCS also works with a network of approximately 115 local deaf children’s societies all over the UK, which exist for the express purpose of giving support to families of deaf children.

Tel: 0141 354 7850  
Email: ndcs.scotland@ndcs.org.uk  
131 West Nile Street  
Glasgow, G1 2RX
Notre Dame Children's Centre provides assessment, therapeutic counselling and psychological interventions to vulnerable children and their families or main carers.

The Centre also provide training to professionals working with children and young people and are the Scottish license holders for 'Seasons for Growth', a loss and bereavement training programme aimed at supporting children, young people and adults affected by loss.

Contact: Margaret Brown
Telephone: 0141 339 2366
E-mail: Margaret.Brown@notredamecentre.org.uk
Kelvin House, 419 Balmore Road
Glasgow, G22 6NT
Together for Childhood is an innovative, evidence-informed approach bringing local partners and families together to make our community safer for children. Working collaboratively, we'll develop and test effective approaches for preventing child abuse, drawing on examples of best practice from around the world. The project aims to achieve systems change which is about addressing how agencies and organisations work together to prevent abuse.

Video Interaction Guidance (VIG) is a relationship based intervention which supports parents and carers to make sure their children's emotional and physical needs are met. It improves their relationship with their children and helps them manage stress, anger and difficult feelings. The allocated worker will meet with the family and agree goals together. The worker will then film the parent/carer and child doing an activity together, and return to see the parent with edited footage of the positive interactions observed. The process highlights the parents' strengths and helps identify what can be done to improve the relationship. At the end of an 8 week process the family take away a video that shows how their relationship with their child has improved. This service is appropriate from children aged 2-12.

Parents Under Pressure (PUP) is a 20-week programme for parents and their partners who have a child up to 8 years old, and are on a drug or alcohol treatment programme. The allocated worker will visit the parents every week in their own home to provide support and guidance on parenting and maintaining their own emotional wellbeing. The programme aims to help parents facing adversity develop positive and secure relationships with their children, and uses a strengths based approach.
One Parent Families Scotland has been dedicated to supporting single parents since 1944. We play an enormous part in enhancing the lives of parents and children, taking an active part in ensuring the voices of single parents are taken into account in shaping policies. We're committed to dealing with merging challenges while continuing to provide all our single parents support services that form the core of our work. Services such as:

Financial Inclusion encompassing, Money and Debt advice, Welfare benefits and Tax credits/Universal credits advice and support.

Employability encompassing Training and Employment information, Moving into Work advice and support and sustaining employment.

Training in areas of Family Finances, Personal Development and Mental Well-being.

Support in areas of peer mentoring and charitable grant applications including Family Holidays and Fuel Debt grants.

Support is provided on a one to one basis, on site group meetings and outreach hubs located at various city wide locations.

OPFS provides a dedicated free Advice and Information telephone service for single parents. A Practitioners' Advice Service is provided to further enhance the knowledge of service providers outwith OPFS when engaging with single parents.
Partners In Advocacy provides independent advocacy for children and young people. Our Glasgow Office has 5 projects:

**Mental Health advocacy** for young people up to age 18 with mental health issues living in the NHS Greater Glasgow & Clyde Health Board area.

**Additional Support Needs advocacy** for young people with additional support needs up to age 19 in Glasgow.

**Stand By Me - advocacy for vulnerable young people** up to age 18 who may be involved with Youth Justice, Children’s Hearings or Child Protection in Glasgow

**East Renfrewshire - advocacy for vulnerable young people** up to age 19 living in East Renfrewshire

**My Rights, My Say** for young people across Scotland aged 12-15 with additional support needs in education

Contact: Pauline Cavanagh
Telephone: 0141 847 0660
Email: glasgow@partnersinadvocacy.org.uk
Rogart Street Campus
4 Rogart Street
Glasgow, G40 2AA
Petal Support was set up in 1994 by a group of families that had each lost a family member through the act of murder.

Petal is a pro active support centre providing practical and emotional support, advocacy, support and counselling for the families, friends, children and young people of murder and suicide victims.

The service includes:

• one to one counselling
• telephone counselling
• complementary therapies
• group work
• volunteering opportunities

Petal Support operates throughout Glasgow and also has bases in Hamilton and Edinburgh.

Contact: Anne Rennie
Telephone: 0141 332 8855
E-mail: arennie@petalsupport.com
The Connal Building, 4th Floor
34 West George Street
Glasgow, G2 1DA
Parenting across Scotland (PAS) is a partnership of charities working together to provide a focus for issues and concerns affecting parents and families in Scotland.

PAS website provides information to families from the early years to teenagers, a wide range of topics are covered from breastfeeding to managing difficult behaviour.

Contact: Alison Clancy
Telephone: 0131 313 8816
Email: aclancy@childreninscotland.org.uk
Level 1 Rosebery House
Edinburgh, EH12 5EZ
At Parent Network Scotland, our vision is;

A Scotland that celebrates the joy children bring and values the contribution of parents and carers in our communities.

We create opportunities for parents and carers to come together, share experiences and skills that enhance family and community life.

We value building genuine and meaningful relationships with those we connect with. We also value the potential to change and grow.

We deliver courses and training to both parents and practitioners to make our vision our reality.

Contact: Lorna Mitchell
Telephone: 0141 353 5604
Email: lornam@pns.org.uk
152 Bath Street, Glasgow, G2 4TB
Peeple is a charity that trains practitioners to support parents and carers to learn together with their children (age 0-5) to improve the home learning environment and secure attachment relationships. Parents and carers have the opportunity to gain formal recognition of their learning. Our main programme is our evidence-based Peep Learning Together Programme. This adult learning programme aims to support parents and carers improve children(s) outcomes in:

- personal, social and emotional development
- communication & language
- early literacy
- early numeracy
- health & physical development

Contact: Denise Millan  
Telephone: 07442500693  
Email: denise.millan@peeple.org.uk  
15 Morningside Road  
Edinburgh, EH10 4DP
Pinkston Watersports provide affordable access to watersports to those who would not normally be able to benefit from such opportunities. In particular we work with the young people of Glasgow whose circumstances prevent them from accessing these activities elsewhere. We offer a range of low and no (funding permitting) cost activities to groups from schools, youth groups, registered charities, and other constituted community groups. We also offer courses for staff and volunteers from these organizations who have no background in watersports to train as an instructor. They then have free access to our equipment, thus reducing further cost barriers to community group participation.

Outdoor activities are increasingly recognized as a key component to healthy development, and we are ideally situated to offer opportunities that would otherwise require significant commitment in terms of travel and equipment. Pinkston is home to Scotland’s only artificial whitewater course and clean water basin, and as a facility situated in the Port Dundas area of Glasgow it is easily accessible to local communities.

At Pinkston we believe strongly in the positive impact that watersports can have on a young person’s life, and regularly see the growth of social and physical confidence, positive interaction, problem solving skills, and physical ability in the young people who access activities on site.

Contact: Hannah Blair
Telephone: 0141 332 5636  
Email: hannah@pinkston.co.uk
75 North Canal Bank Street, Glasgow G4 9XP
Over the last 33 years Possibilities has developed into one of the most respected voluntary organisations in Glasgow. We have a proven track record of offering support and respite to disabled and vulnerable people in our community.

We’re all about promoting independent living.

We give members with disabilities access to the resources they require and support them to grow, learn and develop so that they can achieve their goals within society rather than feel isolated in their own homes.

Our purpose-built centre at Possibilities gives them confidence to grow in a safe environment at their own pace while also encouraging them to try new things.

Our members, who range in age from 5-95 years, have disabilities in various forms and we understand that disability can limit opportunities. We go out of our way to break down those barriers.

Possibilities is able to offer support through social groups and community-led assets in a welcoming environment. This allows us to give our members what they need to allow them to participate in activities and social circles.

Contact: Melanie Fyfe
Telephone: 0141 336 3562
Email: mfyfe@possibilities.org.uk
74 Closeburn Street
Possilpark, G22 5ST
Potential In Me CIC provide a range of services supporting young people, their families and communities. These include:

- life coaching for young people
- peer coach training for young people
- workshops that will support young people in stepping into their amazing potential
- Thriving Families programme using our coaching approach and lessons from neuroscience
- Coaching Conversations training for adults
- Understanding the adolescent brain

Contact: Scott Hay
E-mail: scott@potentialin.me
Tel: 07740461926
43 Parkholm Quadrant
Glasgow, G53 7ZH
Quarriers Inclusion Team supports adults, children and young people to actively engage in issues which affect them through encouraging participation. This includes consultations, one-to-one meetings and taking part in groups.

Quarriers is a unique charity which offers people we support resilience to deal with the challenges life brings. Quarriers: gives people affected by epilepsy a new life, offers young homeless people the right support at the right time, and gives adults with disabilities more opportunities.

Contact: Louise Hamilton
Telephone: 0150 561 6032
E-mail: louise.hamilton@quarriers.org.uk
Glasgow, G41 11QB
Training Opportunities for young Parents (TOPs) at Rathbone works with young parents aged 16-24, and their children. We aim to build resilience and strong families through providing young parents with a safe and supportive environment to build their skills, develop positive support networks with other young parents, and promote family bond and attachment.

We deliver a flexible programme that is responsive to the needs of those attending; each month is different and our timetable is developed with the input of the young families that we work with. To support this we provide a free crèche for the children while they are attending sessions, reimburse public travel expenses, and provide lunch. We also plan regular family trips, provide goodie bags, and access to opportunities with partner organisations.

We aim to increase young parent’s self-esteem and confidence, while providing them with a safe environment to meet other young parents and build a strong support network for themselves.

Our programme is based in Glasgow City Centre and we work with families across the Glasgow City Council area, including outreach in Drumchapel, Shettleston and Clydebank.
Richmond's Hope, Glasgow is a charity that supports children and young people from Glasgow and the surrounding areas who have been bereaved. We provide children with a safe place to work out their grief through verbal and non-verbal ways, e.g. art and therapeutic play and activities. As each child's grief is different, we provide individual support for children aged 4-18 years on a weekly basis for 40 minutes per session, with children attending at the same time each week for an average of 12 weeks.

We also offer telephone support and advice, presentations to statutory and non-statutory organisations, bespoke training, family support away days and the opportunity for children we have supported to join a peer support group. Referrals are taken over the telephone and all we ask is that the person with parental responsibilities gives consent for the referral to be made, that the child/young person is aware of the referral and that they know how the person died in an age related way.

Contact: Val Scholfield
Telephone: 0141 230 6123
E-mail: glasgow@richmondshope.org.uk
Ibrox Parish Church, Clifford Street
Glasgow, G51 1QH
Saheliya - Around the World Play & Learn Centre will provide the highest possible standards in childcare and education within a fun, stimulating and above all a safe and caring environment.

Our qualified practitioners, will make sure that your child is supported through their stages of development by being observed and encouraged to explore their individual skills and enhance their learning experience.

We provide a multicultural environment to improve positive and socialising skills amongst children and a diverse environment where all children feel included.

Contact: Ruqaiya Khan  
Email: playandlearn@saheliya.co.uk  
Tel: 0141 552 6540  
130 Springburn Road  
St Rollox House  
Glasgow, G21 1YL
Scottish Childminding Association
Childminders offer a flexible and unique service as they look after small groups of children in a domestic setting. A childminding service can often extend to both evenings and weekends. Being cared for by a childminder gives children the opportunity to learn from real-life experiences. Everyday activities, like going to the shops, involvement in school pick-ups, family meal times and visits to the park all teach children valuable life skills.

The Scottish Childminding Association (SCMA) is Scotland’s only charity dedicated to childminding. Over 82% of childminders in Scotland are our members and we are here to support them through the registration process and help them to build strong foundations for their childminding business. Our tailor-made learning programmes (including e-Learning programmes), Helpline, business aids and publications were all created with childminders in mind. We are the one-stop-shop for all things childminding!

Contact: Jacqueline Spence
Email: jacqueline.spence@childminding.org
Tel: 01355 238593
7 Melville Terrace, Stirling, FK8 2ND
The Sound Lab is a project that looks to deliver free education in music and the arts to the whole community. The main demographics of those who utilise our program are between the ages of 8-25 from areas affected by poverty and lack of opportunity.

We believe that all people should have experiences and support in order to unearth their talent, improve social skills, and develop a positive sense of themselves and of other people. We have over 13 years’ experience of providing services to some of the most disadvantaged areas of Glasgow and we know from the evidence from our programmes that our delivery model works for those that we support.

Although our main intake is young people, we also aim support groups from many other backgrounds. For example, previous events that we have ran involve Sunday Shindigs which was a programme that looked at integrating the people of Glasgow to join together and play and learn music.

Since 2003, our music and creative workshops have allowed hundreds of young people to advance their education and develop skills in a safe environment. Some of our ‘alumni’ have gone on to form their own bands, form club nights, achieving success in Scotland and further afield.

Contact: Lauren Thighe
Email: thesoundlabglasgow@gmail.com
Tel: 07875317720
161 Tollcross Road
Glasgow, G32 8HB
Sports Council for Glasgow

We offer a range of services to member Clubs, including PVG checks, Awards for Club of the Month and Annual Awards.

We have two grant funds that members can apply for and we run educational seminars throughout the year

Contact: Katy Swan
Telephone: 0141 287 3649
Email: Info@scglasgow.org.uk
1000 London Rd
Glasgow, G40 3HY
The Spark is a leading provider of couples counselling, marriage counselling, individual counselling and family counselling in Scotland.

Established in 1965, The Spark has been supporting individuals, couples and families dealing with challenging relationships. As the nature of relationship support has changed so has The Spark. We are now the foremost provider of relationship education and counselling for young people. In addition we offer training for frontline staff including Relationship First Aid training and Mental Health First Aid training.

Contact: Betty Elliot
E-mail: B.Elliott@thespark.org.uk
Tel: 0141 222 2166
72, Waterloo Street
Glasgow, G2 7DA
At TASK Childcare Family Support and Learning Centre we recognise the importance of designing our service around our communities needs. We nurture and support all of our families enabling them to reach their full potential, we deliver inclusive services with all our partner organisations enabling our children and families to thrive ,we offer a variety of unique services that are responsive and holistic in their approach.

Our Services Include:

- Full day 0-5 Nursery Provision
- Afterschool Care
- Holiday Cover (Afterschool Care)
- Early Intervention & Prevention Team
- Play Therapy Space
- Training & Meeting Space

Our centre has an ethos of learning and embraces not just the families that use our service but members of our local community to discover and learn together.

Contact: Angie Muir
E-mail: angie@taskchildcare.co.uk
Tel: 0141 429 1140
347 Caledonia Road, Gorbals
Glasgow, G5 OJY
www.taskchildcare.co.uk
Twitter: @TASKchildcare
Thriving Survivors is a recovery and training centre for victims and survivors of trauma. We support both men and women as well as families through education and therapy.

It is the aim of organisation to provide support to survivors of physical or emotional trauma, to help them feel empowered and in control of their own emotions, behaviours and recovery. We help people that have been through:

- Domestic Violence
- Bereavement
- Drug and Alcohol Abuse
- Mental Health Problems
- Health Problems
- Many other forms of trauma

Offering a unique and insightful path to recovery by delivering:

- 1 to 1 mentoring
- Peer to peer support groups
- Training
- Volunteering Opportunities
- Employment Opportunities
- Childcare Facilities
Toonspeak provide free, high quality creative opportunities for young people living in Glasgow.

Most of our activity involves drama but in the course of producing original theatre productions we often explore music, dance and writing.

SHINE, our creative life coaching project is available to be delivered to groups of young people at partner organisations.

We run a mixture of weekly workshops and occasional projects.

Participants can work towards Arts Awards, an accredited qualification.

More than anything our participants tell us that Toonspeak is a place where they feel like they can be themselves.

Contact: Alan Govan
E-mail: alan@toonspeak.co.uk
Tel: 0141 552 0234
Millburn Centre, Glasgow, G21 2HL
Venture Scotland offers an outdoor-based personal development programme which empowers vulnerable young people aged 16-30, who face complex and difficult problems. We build the confidence and skills of young people and aim to empower each individual we work with to make positive and lasting changes in their lives and play a positive role in their communities.

The course is split into four modules: Challenge, Discover, Explore, Leader. Each involves regular and frequent one-to-one support, structured group work and mentoring sessions aimed at addressing key areas of personal and social development, including communication skills, confidence, attitude, responsibility, problem solving and teamwork.

We believe that by helping a young person to increase their capacity in these areas, we can enable them to tackle the barriers that are holding them back and help them to build a positive future. The amount of regular contact our programme enables between our staff, volunteers and young people enables strong bonds to be formed where young people’s behaviour can be challenged in a supportive environment.

To cover the full programme typically takes a year but is needs-led by the client. Challenge: 1 week. Discover: 8 weeks. Explore: 8 weeks. Leader: 8 weeks. Participants have the opportunity to gain a range of qualifications through the programme with the aim of moving on into further training, volunteering or employment.

Contact: George McConnachie
george.mcconnachie@venturescotland.org.uk
Tel: 0141 552 8173
253 High Street
Glasgow, G4 0QR
Volunteer Glasgow Young Persons Befriending Service provide befriending support to Young People throughout Glasgow.

We take referrals for Young People aged 8 to 18.

Contact: Derek McGill
E-mail: derek.mcgill@volunteerglasgow.org
Tel: 0141 226 3431
10 Bothwell Street
Glasgow, G2 6LU
Victim Support Glasgow provide a service for anyone affected by any kind of crime. This includes victims, witnesses and their friends or family. Clients do not have to report the crime to the police to get support. Victim Support can tell clients about the different options for reporting, the pros and cons, and help people with that decision.

Our service is confidential and we are there for the client anytime whether the crime happened recently or a long time ago. We provide emotional and practical support for clients helping them deal with the trauma of any incident and we also support clients at court if required.

Contact: Ann Marie Adair
E-mail: vs.glasgowcity@victimsupportsco.org.uk
Tel: 0141 553 2415
10 Bothwell Street
2nd Floor
Glasgow, G2 6LU
YWCA Scotland, The Young Women’s Movement, is part of a worldwide movement of women leading change. We are based in Edinburgh and have a centre in Glasgow. We reach out to women, particularly girls and young women, across Scotland.

Our mission is to inspire girls, young women and women to achieve their potential through developing their skills, self confidence and leadership and through challenging the barriers they face in society, by creating safe spaces for them to meet together in groups and clubs, activities and conversations. We do this in our own centres, schools, in partnership with others, and through social media.

We work in partnership with local colleges to deliver a wide range of formal accredited courses in a community based setting in our learning centre in East Glasgow.
Across Glasgow we deliver:
YGirls and Gen Up programmes designed to raise the aspirations and achievements of girls and young women of primary and secondary school age.
Empowering Pathways for Women a programme designed to strengthen women’s choices and participation in all aspects of their lives.

Contact: Carol Cunningham
Telephone: 0141 550 7582
Email: carol@ywcascotland.org
**Wellbeing Scotland** provide confidential, therapeutic support to individuals and families whose adverse life experiences have had a negative impact on their wellbeing. The services we offer include: Open Secret - specialist support for survivors of childhood abuse/trauma; In Care Survivors Service - specialist support for survivors of childhood abuse within the care system; Wellbeing Matters - counselling support for other adverse experiences; New Directions - support for children and families aged 5 - 18 with any aspect of trauma which is impacting on the family.

We offer a holistic service including individual counselling, advocacy support and signposting to other services, groupwork, drop in service and training and consultancy.

**Contact:** Traci Kirkland  
**Telephone:** 07590350858  
**Email:** Traci@wellbeingscotland.org  
**Floor 6, 1 Cadogan Square**  
**Glasgow, G2 7HF**
The Youth Community Support Agency (YCSA) works with young people aged 12 - 16 from black and ethnic minority backgrounds to support them to become active members of a diverse society.

We offer a range of services including:

**Employment Support**

**Counselling**

**Volunteering Opportunities**

**ESOL**

**Literacy and Numeracy**

**Family Support**

**Personal Development Projects**

We support young people to develop the confidence, skills and attributes they need to enter into education, training and employment. We do this by providing 1:1 support and by running group projects including film, photography, music, art, cooking and ESOL.
Ypeople is a charity which works across Scotland, with the aim of supporting positive change in people's lives. With over 190 years of history, we support a broad range of people in a variety of services, including:

- Homelessness support, including supported accommodation, outreach and access to the private rented sector
- Young people's wellbeing services, including counselling and mentoring
- Services for looked after young people, including throughcare/aftercare and mentoring
- Out of school care services for primary school-aged children

Contact: Pauline Lunn
E-mail: p.lunn@ypeople.org.uk
Tel: 0141 565 1200
15 Dava Street, Glasgow, G51 2JA
Zoo Ed attempt to close the attainment gap by providing story-telling with live animals (from the story).

We essentially "bring learning to life"! Literally.

Zoo-Ed was an idea born out of passion for both animals and education. We believe that the best way to learn about the animal kingdom is to experience handling the animals for yourselves.

Contact: Fiona McCrindle
Telephone: (+44) 07-973-212-338
Email: info@zoo-ed.org