

Glasgow Community Support Around Covid19



Covid19 is impacting us all. People are concerned about their families, friends and communities. Thankfully many people in all sorts of ways are working together to support each other.

[GCVS](#) has pulled together this directory specifically to highlight where there are additional services that people can access at this time or where there is spare capacity for new clients. (We are not sharing details where services have no extra capacity). Please share this directory widely and use it to connect people with supports.

We will keep the directory updated as frequently as needed so if you have a support that could be included please send us the information via this link: [Community Supports Around Covid-19 Survey](#).

- Are you providing support to people around Covid19?
- Have you set up a new service to deal with what is happening?
- Can your group or organisation support new clients?
- Do you have services with spare capacity?

If we have included your support already and details change, eg you can no longer support new people or if you have any questions, please email CLD@gcvs.org.uk

GCVS will circulate new versions of the directory via our [website](#), twitter (@GlasgowCVS) and our newsletters & mailings. Sign up to those on our website.

Many thanks for your support and so glad to be working together

GCVS Capacity Building Team

Organisation/Group Name	Geographic Area(s) of Operation			Support Offered								
	North West	North East	South	Food / shopping delivery	Pharmacy pick-ups	Hot meals	Energy cards	Reducing Social isolation	Financial assistance / benefits advice	Crisis support	Additional social care support	Other
3D Drumchapel	X			X			X	X				
ADHD Parent Support West Glasgow	X	X	X					X				
Al-Khair Foundation			X	X	X	X		X			X	
Annexe Communities	X			X		X		X				
Articulate Cultural Trust	X	X	X									X
Baby Bank Scotland		X								X		
Boom Community Arts	X							X				
BTHA	X	X		X	X	X	X	X	X	X		
COJAC			X					X			X	
Community InfoSource	X	X	X					X				X
Cope Scotland	X							X				X
Cultivating Mindfulness			X					X		X		X
Gap Childcare Services			X									X
Geeza Break		X										X
Glasgow East End Community Carers – Carers Hub		X						X	X	X		X

Organisation/Group Name	Geographic Area(s) of Operation			Support Offered								
	North West	North East	South	Food / shopping delivery	Pharmacy pick-ups	Hot meals	Energy cards	Reducing Social isolation	Financial assistance / benefits advice	Crisis support	Additional social care support	Other
Glasgow East Women's Aid	X	X								X		X
Glasgow Life	X	X	X						X			
HIV Scotland	X	X	X	X	X			X	X	X		X
Macmillan@ Glasgow Libraries	X	X	X					X				X
National Autistic Society	X	X	X					X	X	X		
Occasions Creche	X	X	X								X	X
Potential in Me CIC	X	X	X					X				X
Royston Youth Action		X		X			X	X	X	X	X	
St George's & St Peter's Community Association		X		X	X			X				
Stepdown Services	X	X	X					X		X		
Stepping Stones for Families	X	X		X		X		X	X	X	X	X
The Senior Centre			X	X	X	X		X				
The Spark Counselling	X	X	X					X		X		X
The Urban Fox Programme		X		X								X
The GK experience	X	X	X	X	X		X	X				X
Thriving Survivors	X	X	X							X		
Venture Scotland	X	X	X					X				

Organisation/Group Name	Geographic Area(s) of Operation			Support Offered								
	North West	North East	South	Food / shopping delivery	Pharmacy pick-ups	Hot meals	Energy cards	Reducing Social isolation	Financial assistance / benefits advice	Crisis support	Additional social care support	Other
Volunteer Glasgow Befriending & Mentoring Services	X	X	X					X				
Weekday Wow Factor	X	X	X					X				X
Wellbeing Scotland	X	X	X					X	X			X
With Kids		X		X				X				X

<p>3D Drumchapel</p> <p>01419445740</p> <p>info@3ddrumchapel.org.uk</p> <p>www.3ddrumcahpel.org.uk</p> <p>3ddrumchapel</p> <p>@3ddrumchapel</p>	<p>Main Purpose</p> <p>Family support for children and families in Drumchapel</p>
<p>Intended Service Users</p> <p>Children and families</p>	
<p>Types of Support Offered</p> <p>Food or shopping delivery</p> <p>Energy cards</p> <p>Reducing social isolation</p>	<p>Specific Support Around Covid19</p> <p>Telephone support to our families Online parent & child sessions and activity info Signposting to services We are hoping to be on the ground once we are all out of isolation at beginning of April to distribute food to families</p>
<p>Geographic area covered</p> <p>North West Glasgow</p>	<p>How can people access the support?</p> <p>Members of the public can contact us directly</p> <p>Referral from partner organisations</p> <p>Phone 01419445740</p> <p>If a referral is needed from a partner, who can do this?</p> <p>All - social work, education, health, third sector, police, housing</p>
	<p>Any other information</p> <p>We are all currently isolating as we have a case within the team but we will have a presence on the ground from April. Our support we are able to offer will evolve and stay in line with government guidance.</p>

ADHD Parent Support West Glasgow	Main Purpose
07950 483885	We exist to support parents of children with ADHD and associated conditions (ASD, sensory issues, dyspraxia etc) who live in the Glasgow area. We offer training, peer support and activities for kids.
adhdglasgow@outlook.com	
www.adhdglasgow.org	
https://www.facebook.com/groups/ADHDParentSupportWestGlasgow/	
Intended Service Users	
Children and families	
Types of Support Offered	Specific Support Around Covid19
Reducing social isolation Advice and moral support for parents	We are happy to offer remote support and advice by phone, email and through our closed Facebook group during this time - particularly if families are struggling with children with challenging behaviour being cooped up at home.
Geographic area covered	How can people access the support?
North East Glasgow North West Glasgow South Glasgow	Members of the public can contact us directly Referral from partner organisations
	If a referral is needed from a partner, who can do this?
	Any other information

Al-khair foundation	Main Purpose
01414235747	Humanitarian aid in uk and worldwide
Glasgow@alkhair.org	
Www.alkhair.org	
Alkhair.glasgow	
Intended Service Users Older people People with disabilities Unemployed People in crisis	
Types of Support Offered Food or shopping delivery Pharmacy pick up Hot meals Reducing social isolation Additional social care support	Specific Support Around Covid19 Food Bank + soup kitchen + sick terminal cancer + elderly vulnerable shopping and home meals
Geographic area covered South Glasgow	How can people access the support? Members of the public can contact us directly If a referral is needed from a partner, who can do this? Turning point + Interfaith network
	Any other information

<p>Annexe Communities</p> <p>0141 357 6747</p> <p>julie.fox@annexecommunities.org.uk</p> <p>www.annexecommunities.org.uk</p> <p>@annexepartick</p> <p>@AnnexeComm</p>	<p>Main Purpose</p> <p>Community-led health and wellbeing organisation, working with people, volunteers and groups in the Partick and surrounding neighbourhoods of west central Glasgow.</p>
<p>Intended Service Users</p> <p>Older people</p> <p>People with disabilities</p> <p>Aiming to target those who do not have internet access or mobile phone and who rely on landlines. Although will extend if we have capacity.</p>	
<p>Types of Support Offered</p> <p>Food or shopping delivery</p> <p>Hot meals</p> <p>Reducing social isolation</p>	<p>Specific Support Around Covid19</p> <p>Setting up a telephone friendship buddy support network for the most isolated and vulnerable members of the communities we serve and match with a telephone volunteer. Volunteers are already registered and checked by our organisation. Staff also telephone supporting an already identified cohort of vulnerable NHS patients who have been referred by local GP's to our social prescribing project.</p>
<p>Geographic area covered</p> <p>North West Glasgow</p>	<p>How can people access the support?</p> <p>Members of the public can contact us directly</p> <p>Referral from partner organisations</p> <p>Access is limited to the most vulnerable older people living in the immediate geographical location of Partick and surrounding neighbourhoods. i.e. those with no family support/mobile phone or internet access. We will co-ordinate from our healthy living centre in Partick Available support will depend on capacity and will be reviewed daily.</p> <p>If a referral is needed from a partner, who can do this?</p>

	This has still to be set up but we will be liaising with the local housing associations.
	Any other information

Articulate Cultural Trust	Main Purpose
01414164105	Articulate is a niche and specialist charity that has equality, diversity and inclusion at its core and co-designs arts and cultural services that benefit
eonacraig@articulatehub.com	Scotland's most vulnerable young people, especially those who are care
www.articulatehub.com	experienced, at risk, seeking asylum or living in poverty in our most
https://www.facebook.com/articulatehub	challenged communities.
https://twitter.com/TrustCultural	
https://www.instagram.com/articulateculturaltrust/	
Intended Service Users Children and families	
Types of Support Offered Creative activities to carry out from home and / or on your own to keep our hands and heads busy ...	Specific Support Around Covid19 We will share a daily programme of arts, cultural and creative activities for children and families who are at home. Our web and social media sites will be used to platform arts and crafts opportunities that are free, cheap and fun and that will keep our heads and hands busy in a strange and isolating time ...
Geographic area covered North East Glasgow North West Glasgow South Glasgow	How can people access the support? Members of the public can contact us directly Referral from partner organisations We will post daily on our social media and web sites. If a referral is needed from a partner, who can do this?
	Any other information

Baby Bank Scotland	Main Purpose
01698 457756	Supporting families experiencing financial hardship by providing them with baby and child essentials to meet their families needs.
enquire.bbscotland@outlook.com	
https://www.facebook.com/BabyBankScot/	
Intended Service Users Children and families	
Types of Support Offered Crisis support	Specific Support Around Covid19 We anticipate demand on our services will increase as financial impact hits more families. We can support families in need with most baby equipment and essentials and can provide clothing items for the wider family.
Geographic area covered North East Glasgow	How can people access the support? Members of the public can contact us directly Referral from partner organisations If a referral is needed from a partner, who can do this? Health visitors, social workers, midwives, money and benefit advice centres, mental health organisations
	Any other information We are currently seeking emergency funding to aid with the provision of nappies, wipes, toiletries and baby formula. If this is approved we will be able to offer greater support to more people in this level of need.

Boom! Community Arts	Main Purpose
07941257211	BOOM! Community Arts works to provide fun, engaging arts-based activities
sara@boomcommunityarts.com	which respond to local need. We work mainly in Possilpark. We are run by a
https://boomcommunityarts.com/	group of volunteers and engage a range of artists & workshop leaders.
https://www.facebook.com/BoomCommunityArts/	
https://twitter.com/Boom_Arts	
https://www.instagram.com/boomcommunityarts/	
Intended Service Users Older people Children and families People with disabilities Unemployed Unpaid carers	
Types of Support Offered Reducing social isolation	Specific Support Around Covid19 We will be recording online art workshops / activities for adults & young people (available to everyone) and will work with other local organisations to distribute free art materials packs to people in Possilpark.
Geographic area covered North West Glasgow	How can people access the support? Members of the public can contact us directly We're working with NG homes to deliver the art packs. If a referral is needed from a partner, who can do this?
	Any other information We'll keep doing this until our funding runs out.

BTHA	Main Purpose
07872379315	We provide Homelessness and Resettlement Supported accommodation and Community Outreach Support across nine local authorities across Scotland.
kmcghee@btha.org.uk	
www.btha.org.uk	
bluetriangleHA	
bluetriangleHA	
Intended Service Users Children and families People with disabilities Unemployed People in crisis We cover a vast array of Vulnerabilities.	
Types of Support Offered Food or shopping delivery Pharmacy pick up Hot meals Energy cards Reducing social isolation Financial assistance / benefits advice Crisis support Additional social care support We cover a vast array of Vulnerabilities.	Specific Support Around Covid19 Our outreach staff are continuing to provide support daily link ins and drop off's with food, toiletries etc were required.
Geographic area covered North East Glasgow North West Glasgow	How can people access the support? Members of the public can contact us directly Referral from partner organisations If a referral is needed from a partner, who can do this?
	Any other information Happy to assist were required. :-))

COJAC Centre	Main Purpose Providing out of school care for 5-18 years children and young people with additional and complex support needs.
01416341002	
cojac@cojaccentre.co.uk	
www.cojaccentre.co.uk	
CojacCentre	
@cojactweets	
n/a	
Intended Service Users Children and families People with disabilities People in crisis	
Types of Support Offered Reducing social isolation Additional social care support Childcare for working parents in key services, vulnerable children	Specific Support Around Covid19 Providing services during day for families with children and young people with additional support needs who are required to work, child protection, lone parents and so forth starting next week. It will all depend on funding and staff availability.
Geographic area covered South Glasgow	How can people access the support? Members of the public can contact us directly If a referral is needed from a partner, who can do this?
	Any other information If there is additional funds we can source to deliver service as out with our current funding streams.

Community InfoSource	Main Purpose
01412582773	<p>Community InfoSource (CIS) is a grassroots charity working with marginalised asylum seekers and refugees to help put their ideas into action. Of our 8 directors, 4 are from a refugee background and 5 are BME. Staff and volunteers from refugee and asylum seeking backgrounds are integral to our work. CIS uses our range of experience and expertise to support individuals, communities, and organisations to develop skills, systems, and services. We support isolated communities and individuals, working with community-based organisations, the voluntary sector and local authorities. Our activities focus on joint projects building towards rights-based integration.</p> <p>https://www.infosource.org.uk/</p>
info@infosource.org.uk	
www.infosource.org.uk	
yes	
no	
yes	
Intended Service Users	
Asylum seekers with housing issues and refugees	
Types of Support Offered Reducing social isolation Supporting destitute asylum seekers living in Mears accommodation, by regular telephone contact and arranging foodbank parcel drops. Providing one-to-one welfare rights support (over the phone) for refugees and those with language barriers, particularly	Specific Support Around Covid19 Supporting destitute asylum seekers living in Mears accommodation, by regular telephone contact and arranging foodbank parcel drops. Providing one-to-one welfare rights support (over the phone) for refugees and those with language barriers, particularly Arabic, Ahmaric and Tigrinya.
Geographic area covered North East Glasgow North West Glasgow South Glasgow	How can people access the support? Referral from partner organisations Through contacting W-ASH and VAW on our 24 / 7 mobiles If a referral is needed from a partner, who can do this? British Red Cross Scottish Refugee Council Govan Community Project Central & West Integration Network North Glasgow Intergration Network
	Any other information We may change exactly what we do, as the situation develops

<p>COPE Scotland</p> <p>01419445490</p> <p>hilda@cope-scotland.org</p> <p>www.cope-scotland.org</p> <p>@COPEscotland</p>	<p>Main Purpose</p> <p>Working collectively and collaboratively we seek to find solutions to the daily issues and challenges of life; which can cause mental and emotional distress. Is anxiety or depression as a result of economic uncertainty an illness? Will a tablet be the cure? Or, as a society does something need to change? Led by the voices of lived experience we aim to support conditions to help improve individual and community resilience and to reduce suffering and promote well being</p>
<p>Intended Service Users</p> <p>anyone aged 16 and over who is experiencing mental or emotional distress and linking with partners this includes families although we are not a youth or children's service we work with partners who are</p>	
<p>Types of Support Offered</p> <p>Reducing social isolation we seek to move our direct face to face service to being phone or online</p>	<p>Specific Support Around Covid19</p> <p>Please refer to the blog and brochure on our website http://www.cope-scotland.org/index.php/latest-blog/copescotland-continues-to-care-as-you-matter-we-all-do. Phone support, online support and with partners exploring ideas around group activities on line e.g. Facebook yoga class, online blogs hints and tips to promote well being with a focus on challenges being presented by COVID19, working with local residents and partners to develop plans to help ensure most vulnerable residents are identified and assistance offered where possible, designing and developing information for distribution of things which maybe of interest to people at this time, recognising the impact this situation may have on people's mental health and adapting what we can do as new issues emerge</p>
<p>Geographic area covered</p> <p>North West Glasgow</p>	<p>How can people access the support?</p> <p>Members of the public can contact us directly Referral from partner organisations</p> <p>If a referral is needed from a partner, who can do this?</p>

	<p>we have an open referral system as well as self referral, people need to leave a message on our answering machine which shall be picked up, or text, or email, for more info email admin@cope-scotland.org</p>
	<p>Any other information We are not a crisis service, people who have issues of suicide, or complex mental health issues which require statutory intervention would need to access main stream mental health services. all the team are working remotely and on their own so we do not h</p>

<p>Cultivating Mindfulness</p> <p>07890452858</p> <p>info@cultivatingmindfulness.org.uk</p> <p>www.cultivatingmindfulness.org.uk</p> <p>https://www.facebook.com/cultivatingmindfulness</p> <p>https://twitter.com/glasgowspiritofcultivating_mindfulness</p>	<p>Main Purpose</p> <p>We aim to build mindful, kind, compassionate communities and to bring people together through our 'Glasgow's Spirit of Christmas' campaign to help children in need. We are committed to making mindfulness courses more accessible within our communities and offer fully funded mindfulness and meditation courses for young people.</p>
<p>Intended Service Users</p> <p>Older people Children and families People with disabilities Unemployed People in crisis Unpaid carers - Adults suffering from anxiety, low mood and stress. - Teenagers and young adults who are experiencing mood swings, anxiety, stress and depression.</p>	
<p>Types of Support Offered</p> <p>Reducing social isolation Crisis support Support with improving psychological, emotional and physical well being that may be impacted by the crisis and isolation phase.</p>	<p>Specific Support Around Covid19</p> <p>1. Mindfulness Weekly Support Group - Anxiety Description: Anxiety can affect our bodies, the way we think, the way we feel and how we behave. This weekly mindfulness support group provides a virtual space to come together and connect, to understand and explore anxiety, and practice mindfulness meditation to reduce and manage anxiety. This weekly free session is volunteer led by an experienced and BAMBA trained mindfulness meditation teacher and will run initially for one hour per week for four weeks on ZOOM. 2. Mindfulness Weekly Support Group - Stress Less Description: Trying to avoid dealing with stress might seem a sensible idea, but it usually just makes things worse. This weekly mindfulness support group provides a virtual space to come together and connect, to understand and explore stress and practice mindfulness meditation to work towards reducing and managing stress. This weekly free session is volunteer led by an experienced and BAMBA trained mindfulness meditation teacher and will run initially for one hour per week for four weeks on ZOOM. 3. Mindfulness Weekly Support Group - Low Mood Description: Having times when you feel low is normal, especially when life is stressful. However when low moods become more</p>

	<p>severe and stop us doing things we normally can manage it has affected the way we think. This weekly mindfulness support group provides a virtual space to come together and connect, to understand and explore low mood and practice mindfulness meditation to work towards increasing our awareness and feelings of wellbeing. This weekly free session is volunteer led by an experienced and BAMBA trained mindfulness meditation teacher and will run initially for one hour per week on ZOOM.</p> <p>4. Mindfulness Based Living Course - Teens 12-15 years Description: The Mindfulness Based Living Course for teens is designed to help young people learn how to regulate their emotions, increase their awareness of self and others, manage stress, anxiety, depression and build resilience to cope with difficulties that arise in everyday life. The course aims to help young people have an easier time at school and in life in general. The eight week course curriculum consists of the following; Week 1 - Introduction Session Week 2 - Your Amazing Mind Week 3 - Staying Present & Dropping Anchor Week 4 - Working with Distraction Week 5 - Observing the Undercurrent Week 6 - Attitude of the Observer Week 7 - Self Acceptance Week 8 - Appreciation & A Mindful Life This weekly MBLC-YA course is led by an experienced and BAMBA trained mindfulness meditation teacher and will run for 8 consecutive weeks for one hour per week on ZOOM. Parents will be required to complete a registration form.</p> <p>5. Mindfulness Based Living Course - Young Adults 16-19 years Description: The Mindfulness Based Living Course for teens is designed to help young people learn how to regulate their emotions, increase their awareness of self and others, manage stress, anxiety, depression and build resilience to cope with difficulties that arise in everyday life. The course aims to help young people have an easier time at school and in life in general. The eight week course curriculum consists of the following; Week 1 - Introduction Session Week 2 - Your Amazing Mind Week 3 - Staying Present & Dropping Anchor Week 4 - Working with Distraction Week 5 - Observing the Undercurrent Week 6 - Attitude of the Observer Week 7 - Self Acceptance Week 8 - Appreciation & A Mindful Life This weekly MBLC-YA course is led by an experienced and BAMBA trained mindfulness meditation teacher and will run for 8 consecutive weeks for one hour per week on ZOOM. Parents or young adults will be required to complete a registration form.</p>
<p>Geographic area covered South Glasgow</p>	<p>How can people access the support? Members of the public can contact us directly</p>

	<p>Referral from partner organisations Referrals accepted via CAMHS</p> <p>If a referral is needed from a partner, who can do this? CAMHS Health professionals Third sector organisations supporting adults, children and young people.</p>
	<p>Any other information The support we have listed will be offered at no cost to the community during the isolation phase.</p>

Gap Childcare services	Main Purpose
01414240448	out of school care service for vulnerable children and families
gapchildcare@btconnect.com	
www.gapchildcareservices.co.uk	
gap childcare	
@Gapchildcare	
Intended Service Users Children and families	
Types of Support Offered childcare	Specific Support Around Covid19 we will be reopening after 14 days quarantine to provide childcare places for children aged 5-14 who have parents/ carers working in frontline key staff roles
Geographic area covered South Glasgow	How can people access the support? Members of the public can contact us directly we can be contacted on twitter or telephone If a referral is needed from a partner, who can do this?
	Any other information we have been serving the Govanhill community for 26 years and have vast experience of dealing with children. We want to play our part in helping communities come together by offering childcare places to children of key workers

Geeza Break	Main Purpose
0141 573 2900	Providing respite services and family support to families in the East End of Glasgow We also provide a respite service to kinship cares Glasgow city wide
doreen@geezabreak.org.uk	
www.geezabreak.org.uk	
Intended Service Users Children and families People in crisis	
Types of Support Offered Lunch for children	Specific Support Around Covid19 During the 2 weeks of Easter we have organised a pack lunch for the children and we have sent out letters to inform the families and asking them to come to the office to pick up the food
Geographic area covered North East Glasgow	How can people access the support? Our Families If a referral is needed from a partner, who can do this? Local organisations with in the East End of Glasgow
	Any other information No

Glasgow East End Community Carers - Carers Hub	Main Purpose Glasgow East End Community Carers has supported unpaid carers and their families for more than 25 years and offers a full range of carers supports, including information & advice, emotional support, groups/activities, training, Buddying and Befriending projects, pre-school ASN play-group, Autism Family Project. (not all services currently possible during COVID-19 crisis). We also provide a Homecare service supporting those who need extra help at home and in the community, including children and those with complex care needs.
0141 764 0550	
centre@eastend-carers.co.uk	
www.eastend-carers.co.uk	
www.facebook.com/eastendcommunitycarers	
@eastend_carers	
Intended Service Users Unpaid carers	
Types of Support Offered Reducing social isolation Financial assistance / benefits advice Crisis support Additional Autism Helpline appointments being made available, carer-specific information and advice, emotional support	Specific Support Around Covid19 Carers Hub - additional emotional support by phone, maintaining contact with all groups by text and phone, additional Autism Helpline Appointments available for parents around managing ASC children around changes due to COVID-19. Once we are past the initial stage of helping carers manage change, we will review other means of ongoing contact with groups should the situation continue long term. (I will ask our Homecare service to complete this questionnaire too so you have a full picture of GEECC)
Geographic area covered North East Glasgow	How can people access the support? Members of the public can contact us directly Referral from partner organisations If a referral is needed from a partner, who can do this? We take referrals from a full range of voluntary and statutory sector organisations.
	Any other information

	I am completing this as Carers Hub Manager (from our carers centre). You may wish to take information from our Homecare team as they offer a different type of service. I will forward to them.
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Glasgow East Women's Aid	Main Purpose
0141 781 0230	Support to Women experiencing Domestic Abuse
info@gewa.org.uk	
www.gewa.org.uk	
Glasgow East Women's Aid	
gewa753	
gewa101	
Intended Service Users	
People in crisis	
Women experiencing Domestic Abuse and Violence	
Types of Support Offered	Specific Support Around Covid19
Crisis support	Currently providing telephone support to Women who require emotional support.
Emotional support/listening	
Geographic area covered	How can people access the support?
North East Glasgow	Members of the public can contact us directly Referral from partner organisations
	If a referral is needed from a partner, who can do this? Self, SWD, Health, Education, Police, Third Sector
	Any other information

GLASGOW EAST WOMEN'S AID	Main Purpose
0141 781 0230	Support women, CHYP who are or have experienced Domestic Abuse
maureen.bettley@gewa.org.uk	
www.gewa.org.uk	
glasgoweastwomensaid@gmail.com	
Intended Service Users Children and families People in crisis any families that are receiving a service from GEWA	
Types of Support Offered Crisis support anyone who is experiencing any form of DA	Specific Support Around Covid19 Telephone support to anyone who is experiencing any form of abuse at this time or historically. Trying to find safe refuge for them if we can and if they are fleeing abuse. If any of the families we work with are struggling to get groceries we have a limited food bank that we are able to give them some items.
Geographic area covered North East Glasgow	How can people access the support? Members of the public can contact us directly Referral from partner organisations If a referral is needed from a partner, who can do this? SWD, EDUCATION, POLICE, NHS, OTHER WA.
	Any other information The situation with Covid-19 changes all the time we will try to update service users and other agencies if and when this happens

Glasgow Life	Main Purpose Assisted digital support to clients looking to make an online applications for Universal Credit.
08081699901	
steven.mctaggart@glasgowlife.org.uk	
Intended Service Users Children and families People with disabilities Unemployed People in crisis	
Types of Support Offered Financial assistance / benefits advice	Specific Support Around Covid19
Geographic area covered North East Glasgow North West Glasgow South Glasgow	How can people access the support? Members of the public can contact us directly Referral from partner organisations If a referral is needed from a partner, who can do this?
	Any other information

HIV Scotland	Main Purpose HIV Scotland exists to improve the lives of people living with and at risk of HIV, by providing advice, advocacy, support whilst involving people in the design and delivery of services through policy & engagement projects.
01315583713	
info@hiv.scot	
Www.hiv.scot	
HIV Scotland	
HIVScotland	
Intended Service Users Older people People with disabilities	
Types of Support Offered Food or shopping delivery Pharmacy pick up Reducing social isolation Financial assistance / benefits advice Crisis support Helpline	Specific Support Around Covid19 A dedicated HIV/Coronavirus Helpline, 10-6, Monday to Friday - 01315583713 Additional support - delivery of emergency supplies, medication or shopping. Life Coaching - virtual life coaching sessions for people living with HIV to reduce social isolation. A check-in call, for anyone living with HIV who may be self isolating. Run by peers and volunteers.
Geographic area covered North East Glasgow North West Glasgow South Glasgow	How can people access the support? Members of the public can contact us directly Referral from partner organisations If a referral is needed from a partner, who can do this?
	Any other information

Macmillan @ Glasgow Libraries	Main Purpose
0141 287 2903	If you or someone close to you has had a cancer diagnosis, we're here to support you. Macmillan @ Glasgow Libraries drop ins are closed however we can provide cancer support and information over the phone and by email. We provide free physical, financial and emotional support to help you live life as fully as you can.
macmillan@glasgowlife.org.uk	
glasgowlife.org.uk/macmillan	
https://www.facebook.com/MacmillanatGlasgowLibraries/	
https://twitter.com/MacmillanGL	
Intended Service Users Anyone who is affected by cancer including people living with or beyond cancer, friends, family, carers and people who are bereaved through cancer.	
Types of Support Offered Reducing social isolation Cancer support and information	Specific Support Around Covid19 Cancer support
Geographic area covered North East Glasgow North West Glasgow South Glasgow	How can people access the support? Members of the public can contact us directly Referral from partner organisations If a referral is needed from a partner, who can do this? We take referrals from anyone via macmillan@glasgowlife.org.uk or 0141 287 2903
	Any other information

National Autistic Society	Main Purpose
0141 221 8090	Our branch of NAS offers services for autistic people and their families that tackle social isolation. We do this through the provision of social groups, coffee clubs, mentoring and delivery of information, advice and signposting services.
emma.hill@nas.org.uk	
http://www.autism.co.uk	
@EmmaOHill	
Intended Service Users People with disabilities	
Types of Support Offered Reducing social isolation Financial assistance / benefits advice Crisis support	Specific Support Around Covid19 We are moving our services online so autistic people can access digital social groups i.e. through Microsoft Teams.
Geographic area covered North East Glasgow North West Glasgow South Glasgow	How can people access the support? Members of the public can contact us directly
	If a referral is needed from a partner, who can do this?
	Any other information

Occasions Creche	Main Purpose
07974645011	Out reach childcare services delivered on location on a sessional or ongoing basis for children aged 3 months 16 years.
info@mobilecrechescotland.co.uk	
www.mobilecrechescotland.co.uk	
Occasions Mobile Creche	
Intended Service Users Children and families People with disabilities People in crisis	
Types of Support Offered Additional social care support Pop up childcare	Specific Support Around Covid19 None at present, however have availability.
Geographic area covered North East Glasgow North West Glasgow South Glasgow	How can people access the support? Contract by commission If a referral is needed from a partner, who can do this?
	Any other information

Potential in Me CIC	Main Purpose
07740461926	We are a team of life coaches who support young people and the adults in their lives through coaching and workshops.
scott@potentialin.me	
www.potentialin.me	
https://www.facebook.com/PotentialInMeCIC/	
@potentialin_me	
@potentialinmecic	
Intended Service Users Children and families	
Types of Support Offered Reducing social isolation Helping parents and carers through this challenging time.	Specific Support Around Covid19 We are looking to deliver an online version of our Connected Families programme. The online version would be for parents/carers with children aged 8yrs plus. More details here https://potentialin.me/families-online/
Geographic area covered North East Glasgow North West Glasgow South Glasgow	How can people access the support? Members of the public can contact us directly Referral from partner organisations If a referral is needed from a partner, who can do this? Kings Park secondary school, Holyrood secondary school
	Any other information We were originally delivering the programme in person at Holyrood Secondary school through area partnership funding. We have asked the council if we can deliver it online instead but have not heard back other than to ask some questions around costings.

Royston youth action	Main Purpose
0141 572 0974	To provide a wide range of social, education, physical and emotional wellbeing activities to children, young people and families in Royston and the surrounding areas of north east Glasgow.
Info@roystonyouthaction.co.uk	
Www.roystonyouthaction.co.uk	
Royston youth action	
@RYA_YOUTHCLUB	
@ryayouthproject	
Intended Service Users Older people Children and families	
Types of Support Offered Food or shopping delivery Energy cards Reducing social isolation Financial assistance / benefits advice Crisis support Additional social care support	Specific Support Around Covid19 Providing food parcels and vouchers to families in need and the elderly in the community. Providing fuel poverty relief payments. Providing sanitary and toiletry products. Providing care and activity packs for children and young people. Offering a telephone service for those needing support. Posting daily updates on social media including videos and activities etc to keep in touch with our children and young people.
Geographic area covered North East Glasgow	How can people access the support? Members of the public can contact us directly Referral from partner organisations If a referral is needed from a partner, who can do this? Local schools and social work referrals.
	Any other information

St George's & St Peter's Community Association	Main Purpose Working with the elderly
07800647894	
stgsstps@aol.com	
The daffodil club	
Intended Service Users Older people	
Types of Support Offered Food or shopping delivery Pharmacy pick up Reducing social isolation	Specific Support Around Covid19 Daily phone call. Going shopping
Geographic area covered North East Glasgow	How can people access the support? Members of the public can contact us directly Referral from partner organisations self referrals If a referral is needed from a partner, who can do this? Social work. Third sector organisations
	Any other information We have closed down our centre based work. Staff and volunteers are still available for support.

Stepdown Services	Main Purpose
0141 762 4523	Stepdown support young people and their families both in a cottage setting, carer's setting and the community support. We deal with some of the hard to place young people with complex needs. Stepdown community service is a place that provides care and support for the young people that come to the service. It also does fostering services. It has several cottages throughout the Glasgow and surrounding area. Stepdown was set up to provide care and support services for children, young people and families. Young people can live with Stepdown and receive intensive support in small Stepdown Cottages or within the family homes of Stepdown Carers. This service is an alternative to Secure Accommodation
kevin.miller@stepdown.org.uk	
www.stepdown.org.uk	
N/A	
N/A	
Intended Service Users	
Children and families	
People in crisis	
Continua's care leavers	
Types of Support Offered	Specific Support Around Covid19
Reducing social isolation	Where young people who have come through the service we are offering outreach and in particular those that have been required to self isolate or indeed are suffering with their mental health due to anxiety and loneliness.
Crisis support	
Geographic area covered	How can people access the support?
North East Glasgow	Referral from partner organisations
North West Glasgow	
South Glasgow	If a referral is needed from a partner, who can do this?
	Local Authorities
	Any other information

Stepping Stones for Families	Main Purpose
0141-849-6333	To provide support and advice to help families with young children tackle the effects of poverty and inequalities. To support communities to build resilience / wellbeing to create places where children can grow up feeling valued and respected for who they are and who they aspire to be.
isobel@ssff.org.uk	
www.ssff.org.uk	
f/steppingstonesforfamilies	
@SSfF_Scotland	
n/a	
Intended Service Users Children and families People in crisis	
Types of Support Offered Food or shopping delivery Hot meals Reducing social isolation Financial assistance / benefits advice Crisis support Additional social care support Childcare 0-5yrs and out of school care	Specific Support Around Covid19 Childcare & Out of School Care to sustain people on low pay in employment and to sustain other key workers in employment in collaboration with Glasgow Early Years/Education services. Providing food bags to vulnerable families in the communities while the schools/nurseries are closed. We have changed our parent support services from a mix of groupwork/training and 1-1 to mainly 1-1 support and counselling with small scale family play sessions to minimise loneliness & isolation for those families who do not have coronavirus and are self-isolating. Family support in primary schools (PEF) Providing information to Asylum seeking/migrant families with information on COVID19 in their own language (21 languages circulated plus another 12 to be circulated). Plus making our teams working in the communities flexible to respond to the needs that arise.
Geographic area covered North East Glasgow North West Glasgow	How can people access the support? Members of the public can contact us directly Referral from partner organisations If a referral is needed from a partner, who can do this? Social Work; Health Visitors; Education services-nurseries/primary schools; various Third Sector organisations; Housing Associations/Co-operatives;

	<p>Any other information We have teams working in communities who can work flexibly. If we had additional resources we could reach more families to provide support/friendship/food/and various household items/childcare etc.</p>
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The Senior Centre	Main Purpose
01416343834	To prevent loneliness and isolation of older adults within Castlemilk and surrounding areas. Promoting inclusion - health improvement - wellbeing.
melanie@theseniorcentre.co.uk	
Www.theseniorcentre.co.uk	
Www.facebook.com/theseniorcentre	
Www.twitter.com/theseniorcentre	
Intended Service Users Older people	
Types of Support Offered Food or shopping delivery Pharmacy pick up Hot meals Reducing social isolation	Specific Support Around Covid19 Home support Telephone contact Meal prep and delivery Grocery / medicine / bank collectuon & delivery Community info updates
Geographic area covered South Glasgow	How can people access the support? Members of the public can contact us directly If a referral is needed from a partner, who can do this?
	Any other information We have 400+ members we are currently supporting. Funding is an issue. We are awaiting application decisions.

The Spark Counselling	Main Purpose
08088020050	Counselling services for adults, families, children and young people (telephone and online) Mental health and wellbeing resources for parents, individuals and couples dealing with challenging life issues. Counselling services for
appointments@thespark.org.uk	Primary and Secondary pupils in conjunction with their school. Free
https://www.thespark.org.uk	Relationship Helpline offering support for relationship issues - 0808 802 2088.
https://www.facebook.com/TheSparkCounselling	
https://twitter.com/SparkScotland	
Intended Service Users Older people Children and families People with disabilities Unemployed People in crisis Unpaid carers	
Types of Support Offered Reducing social isolation Crisis support Mental health support.	Specific Support Around Covid19 We are continuing to offer counselling for adults, families, children and young people via telephone and online appointments. This will continue during the Covid19 breakout in Scotland. We are also maintaining the free Relationship Helpline (0808 802 2088) for support with relationship problems during the outbreak. As of 30 March 2020 we will increase our hours of operation for this service. We will continue to update our website with mental health advice to support wellbeing of adults, children and young people during the Covid19 outbreak, direct from our counsellors.
Geographic area covered North East Glasgow North West Glasgow South Glasgow	How can people access the support? Members of the public can contact us directly If a referral is needed from a partner, who can do this?
	Any other information The Spark will never refuse access to any of our services for financial reasons.

<p>The urban fox programme</p> <p>07795948751</p> <p>Debbie@urban-fox.org</p> <p>Www.urban-fox.org</p> <p>@theurbanfoxprogramme</p> <p>@the-urban_fox_club</p>	<p>Main Purpose</p> <p>We provide youth activity programs to young people in glasgow northeast</p>
<p>Intended Service Users</p> <p>Children and families</p>	
<p>Types of Support Offered</p> <p>Food or shopping delivery</p> <p>Arts packs and mini bus that can be used</p>	<p>Specific Support Around Covid19</p> <p>We are offering support to young people and families in the Parkhead Carmyle and Castlemilk area .</p>
<p>Geographic area covered</p> <p>North East Glasgow</p>	<p>How can people access the support?</p> <p>Members of the public can contact us directly</p> <p>If a referral is needed from a partner, who can do this?</p>
	<p>Any other information</p> <p>We will help to direct local people to partner services and also hand a mini bus if people need transport</p>

theGKexperience	Main Purpose
07971600230	theGKexperience is a youth work charity that works alongside children, young people and their families living in some of the 5-10% most disadvantaged neighbourhoods in Glasgow. We believe that all young people are brilliant and all deserve the same opportunities to succeed. Through residential experiences, local community work, one to one tailored support and a young leaders programme, we focus on long-term relationships and building trust in order to make a real positive difference to the life chances of these brilliant but under-appreciated and stigmatised communities.
john.kewley@thegkexperience.org.uk	
www.thegkexperience.org.uk	
@thegkexperience	
@GK_experience	
@thegkexperience	
Intended Service Users Older people Children and families People in crisis Although officially our intended service users are Children and families, our work with kinship carers means a focus on older people too. We will also be supporting people in partnership with others across all the categories you list in order to ensure e	
Types of Support Offered Food or shopping delivery Pharmacy pick up Energy cards Reducing social isolation At the moment we don't have the available funding to provide financial assistance, however we are hoping that with applications we are submitting regarding this response, we might be able to do so a month or so time.	Specific Support Around Covid19 We are checking in with all families we work alongside across Glasgow to see how they are and what support needs they have. We are looking to partner with other organisations in order to help deliver support to these families. Specific concerns emerging include: money for and access to food, fuel poverty, access to internet for online school resources and social contact, kinship carers who fall into high risk category and can not leave house needing to look after children/young people 24/7 for min next 3 months. We are offering to deliver food and prescriptions where needed, find funding to help families with fuel poverty and campaign and discover ways in which families can access internet at a low cost or free. We will also be running regular online activities, e.g. drop in cafe, fun daily challenges, quiz nights, storytime and more as ideas and suggestions are put forward.
Geographic area covered North East Glasgow North West Glasgow South Glasgow	How can people access the support? Currently we are working to support the children, young people, families that we regularly work alongside. At the moment, we are still gathering

	<p>information about what support is needed. If we have capacity to support people outside of our existing service users then we will make this known.</p> <p>If a referral is needed from a partner, who can do this?</p>
	<p>Any other information</p> <p>This is an evolving situation which will require the ability to respond to any changes - charities working as never been as important in order to deliver a breadth and depth of support to those who need it most.</p>

Thriving Survivors	Main Purpose
07577632809	
info@thrivingsurvivors.co.uk	
www.thrivingsurvivors.co.uk	
@thrivingsurvivors	
@survive2thrive1	
Intended Service Users Older people Children and families People with disabilities Unemployed People in crisis Unpaid carers	
Types of Support Offered Crisis support	Specific Support Around Covid19 Throughout this outbreak and such uncertain times we are offering a weekly telephone call for anyone who needs it. This support will be for 30 minutes per week and is completely free of charge. We have limited availability as spaces are now filling up very quickly.
Geographic area covered North East Glasgow North West Glasgow South Glasgow	How can people access the support? Members of the public can contact us directly Referral from partner organisations If a referral is needed from a partner, who can do this? We have a range of partners such as the DWP, NHS and local support services.
	Any other information

Venture Scotland	Main Purpose
	Venture Scotland deliver a long term personal development based in the outdoors for young people aged 16-30 to help them understand, maintain and improve their mental health.
david.brackenridge@venturescotland.org.uk	
www.venturescotland.org.uk	
Intended Service Users	
Children and families	
Unemployed	
Young people struggling with their mental health	
Types of Support Offered	Specific Support Around Covid19
Reducing social isolation	We have had to close down all our face to face group work and 1-2-1's. We are currently working to develop virtual means to support the young people we work with and our part participants.
Geographic area covered	How can people access the support?
North East Glasgow	Members of the public can contact us directly
North West Glasgow	If a referral is needed from a partner, who can do this?
South Glasgow	Any other information

Volunteer Glasgow Befriending and Mentoring Services	Main Purpose to provide social support to people who are experiencing difficulty
0141 226 2571	
jean.inglis@volunteerglasgow.org	
www.volunteerglasgow.org	
vgbfriendmentor	
Intended Service Users Older people Children and families	
Types of Support Offered Food or shopping delivery Reducing social isolation	Specific Support Around Covid19 telephone contact with people who would normally have a volunteer visiting shopping delivery to families
Geographic area covered North East Glasgow North West Glasgow South Glasgow	How can people access the support? Referral from partner organisations we are currently trying to ensure that our volunteers can appropriately support people outwith their usual befriending/mentoring match If a referral is needed from a partner, who can do this?
	Any other information

<p>Weekday Wow Factor</p> <p>07717732542</p> <p>weekdaywowfactor@gmail.com</p> <p>WeekdaywowFactor.com</p> <p>Weekday Wow Factor</p> <p>@weekdaywowfacto</p> <p>Weekday wow Factor</p>	<p>Main Purpose</p> <p>Enhance health & wellbeing reduce loneliness, health inequalities and ageism</p>
<p>Intended Service Users</p> <p>Older people</p>	
<p>Types of Support Offered</p> <p>Reducing social isolation</p> <p>Enhance physical and mental health and wellbeing</p>	<p>Specific Support Around Covid19</p> <p>Virtual Daytime disco for 50+</p>
<p>Geographic area covered</p> <p>North East Glasgow</p> <p>North West Glasgow</p> <p>South Glasgow</p>	<p>How can people access the support?</p> <p>Members of the public can contact us directly</p> <p>If a referral is needed from a partner, who can do this?</p>
	<p>Any other information</p> <p>Open to adults of all ages and abilities in Greater Glasgow or beyond.</p> <p>Virtual Daytime disco Every Monday 11am via Skype. We can walk through setting up Skype via a phone call. Many of us are new to Skype so can have a laugh as we learn together !</p>

Wellbeing Scotland	Main Purpose
01324 630100	To support people whose adverse life circumstances have had an impact on their wellbeing offering counselling, advocacy, groups, art and play therapy.
info@wellbeing scotland.org	We also offer training to organisations on wellbeing ,self care, ACEs and childhood abuse.
www.wellbeingscotland'org	
https://www.facebook.com/WellbeingScotland/	
https://twitter.com/wellbeingscot	
https://www.instagram.com/wellbeingscotland/?hl=en	
Intended Service Users Older people Children and families People with disabilities Unemployed People in crisis Unpaid carers Anyone impacted	
Types of Support Offered Reducing social isolation Financial assistance / benefits advice Stress and mental wellbeing support	Specific Support Around Covid19 We are offering specialist helplines to people of all ages to offer telephone counselling, advice and support. We will support people with practical support as well as wellbeing support by advocating for them.
Geographic area covered North East Glasgow North West Glasgow South Glasgow	How can people access the support? Members of the public can contact us directly Referral from partner organisations If a referral is needed from a partner, who can do this? Any
	Any other information People can call our helplines, text or email Helplines are 01324 630100 or 07912759655 For people who are abuse survivors 08001216027

<p>With Kids</p> <p>0141 550 5770</p> <p>g.galbraith@withkids.org.uk</p> <p>www.withkids.org.uk</p> <p>With Kids</p> <p>@withkidsscot</p>	<p>Main Purpose</p> <p>We are a community based mental health charity for children and families experiencing adversity. We offer support primarily through play therapy in our partner schools and through individual parent work and family groups in schools and local community. We have office bases in East end of Glasgow and in Wester Hailes in Edinburgh, though support a smaller number of additional schools in West Lothian and around both cities.</p>
<p>Intended Service Users</p> <p>Children and families</p>	
<p>Types of Support Offered</p> <p>Food or shopping delivery</p> <p>Reducing social isolation</p> <p>Emotional and mental health support to families throughout time of school closures</p>	<p>Specific Support Around Covid19</p> <p>We aim to continue working in our partner schools who are offering support to vulnerable children following school closures. Whilst possible we are continuing to run our family support services by meeting individual parents. We will be developing digital resources such as keep fit classes, cookery events etc which will mimic the parent/family support we currently offer. We will also develop a range of digital resources/activities that help parents and children to connect playfully throughout this difficult time. We will maintain phone, facetime contact with children and parents and develop resources whose aim is to support mental health of parents and children alike. We are hoping to support families with food parcels and resource packs and may or may not need to seek additional funding to develop this further. In Wester Hailes we are partner services with the Health Agency and will be delivering community support in tandem with them in the form of food parcels and practical support.</p>
<p>Geographic area covered</p> <p>North East Glasgow</p>	<p>How can people access the support?</p> <p>Currently we don't have capacity to take on additional referrals. We are however happy to collaborate with other organisations to provide required support.</p>

	<p>If a referral is needed from a partner, who can do this? In ordinary times we take referrals from the schools we are based in. Where funding exists we are able to take referrals from social work, cahms, health visitors, parents etc. Our staff are currently at capacity.</p>
	<p>Any other information As time goes on and we have developed our digital resources it is very likely that we will have capacity to support other children/families or other organisations. We are happy to collaborate.</p>