Challenge Poverty
Glasgow Citywide Directory

This directory gives information about third sector organisations and projects dedicated to tackling the issue of poverty in Glasgow. It is a work in progress and more organisations will be added.

September 2019
The Everyone’s Children project was set up to support and promote third sector organisations in Glasgow that provide services to children, young people and families. The project is funded by the Scottish Government and works in partnership with statutory partners and the third sector.

It aims to:

- Develop and support the local third sector capacity to deliver wellbeing outcomes.
- Ensure third sector contributions to Children’s Services are valued and strengthened
- Share learning and best practice through training and events.

The Everyone’s Children project provides a practical range of support to ensure that the third sector contribution is effectively integrated into planning of services for children and families. The project has helped to raise awareness of GIRFEC, map the contribution of the third sector in Glasgow, share learning, and support organisations through capacity building work.

Contact: Suzie Scott
Telephone: 0141 271 2517
Email: suzie.scott@gcvs.org.uk
The **Children, Young People and Families Citywide Forum** provides a strong and co-ordinated voice to partner agencies that influence Children’s Services in Glasgow.

The Forum aims to:

- consult, agree and support representation on behalf of the sector on priority issues.
- actively represent forum membership in city wide multi-agency planning
- provide guidance and support to the Third Sector.
- gather and co-ordinate views on behalf of the Forum.
- promote good practice through shared learning.

**Membership**

The Forum is open to all third sector organisations that provide services to Children, Young People and Families in Glasgow. There is no membership fee.

Email: citywideforum@gcvs.org.uk
80 Third Sector organisations took part in the Glasgow Holiday Food Programme in 2019-20, providing meals for over 20,000 children
Aberlour family support service

This service works on a one to one basis and in groups in a variety of community, school and home settings.

- **Supporting families at home** by providing emotional, practical and therapeutic support to women and children who are or have experienced Domestic Abuse.

- **Supporting children in school** to improve their attainment and help them to reach their potential.

- **Supporting children and young people in their community** who are being missed by other services, by meeting them on their territory – the streets.

We offer youth clubs, planned activities, residential trips and issues-based workshops delivered in schools and clubs.

We work in partnership with other agencies to support young people access opportunities which meet their needs including employment.

Aberlour also provide Guardianship, Residential/Fostering and Domestic Abuse services.
A&M Scotland is a registered SCIO based in Glasgow that delivers programmes of diversionary activity to young people from areas of high social deprivation. Diversionary activities take the form of sports, physical activity, group-work, volunteering, employability and personal development sessions.

We improve young people’s physical and mental health and well-being, confidence and self-esteem, aspirations, personal responsibility and life chances by engaging them in weekly, structured, positive activities that are delivered by role models (experienced and trained youth workers/coaches).

We currently work across 30 different communities in Glasgow, utilising 40 venues on 6 evenings per week. We work with up to 1500 young people each week and have around 2000 individuals registered to take part in our activities.

Contact: Robert McHarg
Telephone: 0141 558 4300
Email: robert@achievemorescotland.co.uk

West of Scotland Science Park, Todd Campus, Acre Road
Glasgow, G20 0XA
Action for Children Employability Service - Our services work with 16-24 year olds who face barriers to entering employment. We provide employability support through both 1:1 support and structured group work programmes. Dedicated key workers provide support to young people to progress into employment, training and further education with aftercare support to maintain sustainability.

Contact: Evelyn Rimkus  
Telephone: 0141 550 3374  
Email: Evelyn.Rimkus@actionforchildren.org.uk

Action for Children GEN R 8 Youth Housing Support Service provides outreach housing support to young people, including parents, aged 16 to 24 years who have a connection with North East Glasgow Locality. The service supports care experienced young people on a city-wide basis.

Contact: William Kelly  
Telephone: 0141 771 6161  
Email: William.Kelly@actionforchildren.org.uk
Barnardos Apna project provide services to children and young people from the ages 0 to 25 with a disability.

The project provides home care service, After school club, school holiday play schemes and club for 19 years and older. The service is provided citywide.

Contact: Mamta Kanabar
E-mail: mamta.kanabar@barnardos.org.uk
Tel: 0141 423 9225
70 Coplaw Street
Glasgow, G42 7JG
All our services focus on relieving the immediate suffering and meeting the long terms needs of homeless and vulnerable people in Scotland. We don’t just work with homeless people. We stop people becoming homeless in the first place.

Emergency and Resettlement projects work with people on the streets and in temporary accommodation. These projects provide furniture and household basics. Projects in this group also support people working towards an alcohol and drug free life in the community.

Visiting Support covers a number of projects across the country working with people who have housing needs but who also need support with associated issues. These range from health and social networks to budgeting and finding work or volunteering opportunities.

Community Development builds local partnerships to provide sustainable, long-term solutions to some of the most challenging situations in Scotland’s communities. Local people come together to find solutions and build stronger communities through these projects.
The Big Issue

Our mission is to dismantle poverty by creating opportunity, through self-help, social trading and business solutions.

Vendors buy The Big Issue magazine for £1.25 and sell it for £2.50, meaning each seller is a micro-entrepreneur who is working, not begging. Therefore it is vitally important that buyers take their copy of the magazine when they pay for it.
The Caravan Project, which has been in operation since 1985, is a social tourism charity that provides over 600 people a year living in Glasgow with access to affordable holidays and days out. For these families a holiday is not a luxury it is a much needed break from the challenging circumstances they face at home. For many it will be their first ever holiday. 

Its main services are:

**Respite Holidays**

The Caravan Project owns four caravans situated at the Haven’s Craig Tara Holiday Park in Ayr and provides one week respite breaks to families living in poverty and facing challenging circumstances. Everyone accessing these holidays has a range of additional initiatives to ensure their holiday is as affordable as possible including: free door-to-door transport, free passes for every family member to the entertainment complex, a big bag of fruit and vegetables worth £10 and a discount card giving families 50% off all activities on site and 15% off all other purchases. These initiatives save families approximately £200 each.

**‘Big Day Out’ programme**

This programme provides free family days out to a range of Glasgow visitor attractions for people facing challenging circumstances. This includes free transport and packed lunches. It is currently restricted to people living in the North West, however it is hoped that this service will be rolled out to cover the whole city in 2020.
Castlemilk Law & Money Advice Centre

Castlemilk Law & Money Advice Centre offers free and confidential advice in the following areas:

- Consumer Issues
- Debt/Money Advice
- Housing
- Employment
- Benefits and Taxes
- Family and Relationships
- Compensation
- Discrimination/Human Rights

Glasgow Wide

North East
North West
South

Tel: 0141 634 0313
Email: mail@castlemilklawcentre.co.uk
155 Castlemilk Drive (First Floor)
Glasgow, G45 9UG
www.castlemilklawcentre.co.uk
CHANGE: Childcare and Nurture Glasgow East is a partnership project, led by Children in Scotland, which has been working with communities in the East End of Glasgow since October 2016. The work of the project, which is funded by the National Lottery Community Fund, has been informed by community engagement and relationship building with children, families, professionals and organisations across our project area.

CHANGE’s current focus is on supporting the expansion of the following services across our project area:
• Childminding and Community Childminding
• Out of school care
• Childcare for children aged 0-2, including services providing family support

In addition to the expansion of service, CHANGE is aiming to raise the profile of registered childcare and other services that provide opportunities for children.

The work being done by the project staff is underpinned by the CHANGE hub, which is a network of professionals working in a range of services across the project area, supported by the Children and Young People’s Improvement Collaborative.
Child Poverty Action Group

Child Poverty Action Group works on behalf of more than one in four children in the UK growing up in poverty. It doesn’t have to be like this. We work to understand what causes poverty, the impact it has on children’s lives, and how it can be prevented and solved – for good.

We are the strong and trusted voice on child poverty. We collect evidence from families living in poverty, and push forward achievable and long-term solutions to this devastating situation. Any family can fall on hard times and find it difficult to make ends meet. Families need support during these times to ensure all children get the best start in life. We support families across the country by giving frontline workers practical help with the social security system so families can stay afloat.

Sometimes families experience injustice. We take legal action to challenge unjust decisions so that families get support from our social security system in times of need.

Tel: 0141 552 3303
Unit 9, Ladywell Business Centre
94 Duke Street
Glasgow, G4 0UW
www.cpag.org.uk/scotland
At Children 1st our vision is a happy, healthy, safe and secure childhood for every child and young person in Scotland.

We have 125 years experience of working with children and families, previously as the Royal Scottish Society for Prevention of Cruelty to Children (RSSPCC).

Today, we support families under stress, protect children from harm and neglect, help them to recover from abuse and promote children’s rights and interests.

Glasgow Supporting Families Service provides trauma informed support to children and families across the South of Glasgow. Our restorative and relational approach means we work with children and families to make positive changes in their lives. We work with families in a flexible and individualised way to offer them right support at the right time that leads to positive outcomes for children.

Contact: Julie Richardson
Tel: 0141 419 1150
Email: Julie.Richardson@children1st.org.uk
Unit 8000, Academy Park
Gower Street
Glasgow, G51 1PR
Children in Scotland

Children in Scotland is leading an innovative and multi-award-winning project to address a major social issue: food insecurity and its links with wellbeing and education.

End Child Poverty in Scotland

Children in Scotland meets with partners, including Child Poverty Action Group in Scotland, The Poverty Alliance, Barnardo’s Scotland, One Parent Families Scotland, Children1st and Save the Children.

We discuss the Scottish policy context and identify how we can end child poverty in Scotland.

The campaign supported the call for a Child Poverty Bill in the Scottish Government consultation.

We supported the proposed income-based statutory targets and the proposed 2030 target for ending child poverty. We also called for interim targets to measure the progress of the Bill.

#GiveMe5

Children in Scotland are on the steering group of the #GiveMe5 campaign. We are working with partners from across the third sector, civil society and faith organisations to identify a solution to tackle child poverty in Scotland.
Christians Against Poverty

We exist because nobody should be held hostage by debt and poverty. But the truth is that they are rife in the UK. In a society where people live behind closed doors, thousands are desperately poor. Unable to feed their children, incapable of paying to heat their homes in winter, the grip of poverty is relentless. It breaks families apart and drives many to think that suicide is the only solution.

UK poverty is real, with millions locked in its miserable grip. That’s why we’re aiming for 1,000 CAP centres covering the UK, each bringing life changing freedom and good news to people in desperate need. Always through the Church. Always hope.

The CAP Money Course is a revolutionary money management course that teaches people budgeting skills and a simple, cash-based system that really works. This course will help anyone to get more in control of their finances, so they can budget, save and prevent debt.

CAP also have Job Clubs, Fresh Start and Life Skills groups run through churches across Scotland too.
Citizens Advice Bureaux are local, independent charities that provide free and confidential advice and information whoever you are and whatever your problem. Common areas of inquiry include:

- Benefits
- Debt and money advice
- Consumer issues
- Work-related problems
- Housing
- Relationships

Glasgow Bureaux:

- **Glasgow Central Citizens Advice Bureau**, The Mitchell Library
- **Glasgow North West Citizens Advice Bureau**, 1455 Maryhill Road
- **Bridgeton Citizens Advice Bureau**, 35 Main Street, Bridgeton
- **Parkhead Citizens Advice Bureau**, 1361 - 1363 Gallowgate
- **Castlemilk Citizens Advice Bureau**, 27 Dougrie Drive Castlemilk
- **Greater Pollok Citizens Advice Bureau**, 27 Cowglen Road
- **Easterhouse Citizens Advice Bureau**, 46 Shandwick Square
- **Drumchapel Citizens Advice Bureau**, 195C Drumry Road East

[www.citizensadvice.org.uk/scotland](http://www.citizensadvice.org.uk/scotland)

Search by your postcode to find the location, opening times and contact details of your nearest CAB
Caring Operations Joint Action Council (C.O.J.A.C.) provide out of school and holiday care for children up to age 18 years affected by disability and complex support needs. We provide this 50 weeks of the year and cover in service days and other school closures.

We operate from our own leased centre based in the centre of Castlemilk. Our centre has a softplay facility, arts and crafts room, meeting/training room, kitchen/canteen, sensory room, sports hall with sound and light facilities for shows and productions, games/consul room, outdoor play area and sensory garden.

The centre is fully accessible with private changing area.

We also provide adult services one day and three evenings per week.

We hire out our rooms and resources when not in use by our own service users.

Contact: Angela Friel
E-mail: cojac@cojaccentre.co.uk
Tel: 0141 634 1002
146 Castlemilk Drive
Glasgow, G45 9UB
Cranhill Development Trust

Our core activity is to provide person-centred, responsive support services which are inclusive and are not age or gender specific. We focus on a community development and regeneration approach that builds and increases capacity within the community.

We do this by providing support which encourages and nurtures empowerment. In the same way, we promote resilience through active participation in the planning, design, development, delivery and evaluation of services.

By providing a range of community based support activities and services, we aim to increase self-esteem and opportunity in an area of multiple deprivation. These services include working with families and individuals, providing information and advice (e.g. Scottish Refugee Council outreach for refugees), health services (e.g. yoga, cycling), education services (e.g. ESOL classes), leisure opportunities, a community cafe and nearly new shop.

We do this as much as possible in partnership with other agencies and with the quality assistance of experienced volunteers.

Contact: Marie Ward
Telephone: 0141 774 3344
Email: marie@cranhilldt.org.uk
109 Bellrock Street, Cranhill, Glasgow, G33 3HE
Debt Support Trust provides debt advice and support for people struggling to manage their debts. We understand being in debt can be a difficult experience so our trained volunteers and qualified debt advisors are on hand to give you tailored and caring debt advice.

Our values describe how we will deliver our debt advice service -
- *To Care About You*
- *To Be Transparency About Our Support*
- *To Provide a Reliable Service*
- *To Support You*
3D Drumchapel is a charity based in Drumchapel providing a range of activities and support to families in Drumchapel, Knightswood and Yoker with children from pre-birth to 12 years.

We aim to make a difference in the lives of children and families by providing support, strengthening relationships and empowering families to make positive change. We provide a range of services including:

- Pre-birth support
- Parent & child sessions,
- Parenting programmes,
- Triple P Peer Support Groups
- Dads programme,
- One-to-one support and home visits

We facilitate 'Baby Basics & Toddler Togs' which recirculates baby and child goods and clothes to families who need it. We also support the Drumchapel Early Years Network.

Contact: Sharon Colvin
Telephone: 0141 944 5740
Email: sharoncolvin@3ddrumchapel.org.uk
The Drumchapel Foodbank provides seven day emergency supplies to those in the local and wider community experiencing financial crisis. We also act as a link to additional community based support services who can help individuals reduce their experience of financial and social isolation.

We provide a foodbank on Tuesday 2pm to 4pm at the Phoenix Community Hall. Referrals accepted from social work, housing organisations and other third sector organisations.

Contact: Liz McGeady  
Telephone: 07810017687  
Email: lizdcb@hotmail.com
Drumchapel Money Advice Project

If you are a resident of the Glasgow West area we can help you with various issues including:

- Welfare Benefits entitlement
- Completing application forms
- Appealing against benefit decisions
- Housing Benefit & Council Tax Benefit
- Working Tax Credits &
- Family Tax Credits
- Financial Inclusion Issues
- Debt Counselling
- Bankruptcy Advice
- Council Tax arrears
- Rent arrears
- Benefit Overpayments
- Mortgage to Rent Applications

Tel: 0141 944 0507
Email: admin@d-mac.org.uk
Unit 1, KCEDG Commercial Centre
Ladyloan Place, Drumchapel
Glasgow, G15 8LB
www.dmac.btck.co.uk/MoneyAdviceProject
DRC Generations is a community health initiative, based in Scotstoun and operating in the wider Knightswood area.

Peer mentoring and transitions
We work with secondary schools in NW Glasgow recruiting volunteer s1 & s2 pupils to become Peer Educators. The Peer Educators volunteer their time to complete a 24 week substance misuse training, confidence and team-building programme. The Peer Educators then deliver a substance misuse awareness programme to eight Primary schools P7 pupils.

Youth Work
We have two youth clubs for young people aged 10-18 years which meet on Tues & Wed. We work in partnership with Glasgow Life to deliver street work in Yoker area on a Thursday evening During school holidays, we have regular outings and visits.

Family support
Our staff provide one-to-one and group support to families where there are alcohol or drug dependency issues.
East End Kids and Co

East End Kids and Co has been in existence since 1999. The project’s main aim is to cover the 4 ‘A’s of food poverty; affordability, accessibility, availability and awareness.

The project believes in the principles of community development:

• Equality
• Empowerment
• Community Involvement
• Participation
• Partnership

Tel: 0141 551 8811
Unit 15, 95 Boden Street
Dalmarnock, Glasgow G40 3QF
We believe that people who are homeless and socially excluded have something to offer. We encourage people to use their skills to change themselves – and change the world!

We work closely with other organisations in the area to support those people who are homeless or trapped by poverty and to help them to develop skills and self-respect through working and contributing.

As well as working for the community business, companions are supported in whatever way they need to address the issues that have brought them into Emmaus, and encouraged to look outside themselves, working in projects to help others in the neighbourhood, and much further afield.

Emmaus offers homeless people a place where they can feel safe and secure, where they can enjoy companionship and the support of a community.

Each person has his or her own comfortable room, whilst living and working in the community. Everyone is accepted for who they are now, not judged on what they might have been. There are no conditions as to length of stay: a person can stay for as long as they need. Everyone living in Emmaus Glasgow signs off primary benefits and works full-time within the community.
Energy Action Scotland

Energy Action Scotland (EAS) campaigns for an end to fuel poverty in Scotland and is the only national body with this sole remit. Set up as a charity in 1983, EAS seeks to develop and promote effective solutions to the problem of cold, damp and expensive to heat homes.

EAS’s mission statement is to eliminate fuel poverty in Scotland. Its corporate aims are:

- Raising awareness of fuel poverty, particularly as it affects low income households; maintaining fuel poverty as a national issue of high priority; and working towards affordable warmth for all;
- Identifying effective solutions which can transform cold, damp houses into warm, dry homes;
- Researching fuel poverty and related issues in order to provide in-depth understanding of the causes and effects and to promote best practice;
- Securing public and private investment for domestic energy efficiency initiatives.
- Campaigning

Contact: Helen Melone
Email: helen.melone@eas.org.uk
Telephone: 0141 226 3064
Suite 4A, Ingram House
227 Ingram Street
Glasgow, G1 1DA
Epilepsy Connections runs a variety of projects and services within the Greater Glasgow & Clyde, Forth Valley and Ayrshire & Arran Health Board areas, offering information, advice and support to people with epilepsy, their families, friends and carers and the professionals working with them.

Services include:

- Fieldwork Services
- Befriending Service
- Ethnic Minorities
- Epilepsy Awareness in Schools
- Friends Connected
- Events for Children
- Gardening Projects

Contact: Barbara Jones
Telephone: 0141 248 4125
Email: bjones@epilepsyconnections.org.uk
100 Wellington Street
Glasgow, G2 6DH
The Everlasting Foodbank

The Everlasting Foodbank was founded in Glasgow in 2014 by treasurer and Pastor of the Everlasting Arms Ministries Church in Dennistoun.

The Everlasting Foodbank is a Christian Organisation that aims to serve the community of Dennistoun and beyond by providing food to those in need. Although we are a foodbank we believe that, "man cannot live by bread alone" (Matthew 4:4). That’s why our goal isn't just to feed people for a day but to give them the confidence and encouragement they need to prosper every day.

Telephone: 07983021283
Email: contact@everlastingfoodbank.org
12 Whitehill Street, Dennistoun
Glasgow, G31 2LJ
www.everlastingfoodbank.org
Faith in Community Scotland – Poverty Truth Community

The Poverty Truth Community brings together some of Scotland’s key decision makers with those living at the sharp end of poverty. We work together towards overcoming poverty in Scotland; ensuring that those affected by decisions are central to decision-making. The Community believes poverty will only be truly addressed when those who experience it first-hand are at the heart of the process.

Our current work is threefold:

Supporting people living in poverty to have the confidence to speak and people in positions of power to have the confidence to listen

We work with a number of organisations, supporting them to work in similar ways to our own. Some organisations wish a lot of support while others request a shorter term involvement.

We use BlogSpot, Facebook, Twitter and Youtube to help people share their stories. We continue to work with mainstream Media to ensure stories and voices are heard as widely as possible.

Telephone: 0141 248 2911
Email: info@povertytruthcommission.org
759a Argyle Street
Glasgow, G3 8DS
www.faithincommunityscotland.org/poverty-truth-community
FARE (Family Action in Rogerfield and Easterhouse) is a community based project, which was founded in 1989 by local residents from Easterhouse, Glasgow. The project has grown significantly over the years and now delivers services across many communities. The vision of FARE is “People and communities thrive and are free from the effects of poverty’. Our work involves:

**Health** – To enable more of the local community to adopt and maintain an active and healthy lifestyle: FARE fosters community resilience and enables individuals and communities to take more control over their health and lives.

**Community Support and Development** – To encourage, support and empower people, to act on their ideas, issues and interests.

**Collaborations and partnerships** – involving communities and local services working together at any stage of planning cycle, from identifying needs through to implementation and evaluation.

**Access to community resources** – connecting people to community resources, practical help, group activities and volunteering opportunities to meet individual needs and increase social participation. FARE’s premises are new and inclusive to all.

**Employment** - To increase the number of community members who have the skills to seek, gain and maintain employment: FARE deliver stages 1-5 along the Strategic Skills Pipeline, from the newest school leaver struggling to find employment to Modern Apprenticeships. FARE’s employability approach working with young and old is individually people centred.

**Contact:** Jimmy Wilson  
**Email:** jimmy.wilson@fare-scotland.org  
**Tel:** 0141 771 9151  
**Bannatyne House, 31 Drumlanrig Avenue**  
**Glasgow, G34 0JF**
Family Fund

In 2017/18 we helped 6,233 families with grants across Scotland. This meant that a wide range of thousands of essential items were awarded to families, including computers, tablets, kitchen appliances and much-needed family breaks. We receive funding from the Scottish Government.

We work with a number of organisations in Scotland and are a member of Children in Scotland, Together (Scottish Alliance for Children's Rights) and For Scotland's Disabled Children (FSDC).

We also support GIRFEC as the very nature of the Family Fund’s work aligns closely with the 14 values and principles underpinning the core approach. Getting It Right For Every Child is a national approach in Scotland aimed at supporting children to get more responsive and effective support for their wellbeing wherever they live or learn. They have just updated their Practitioners Pack determining how Practitioners will communicate with you in your area.

Tel: 01904 550055
Email: info@familyfund.org.uk
Unit 4, Alpha Court
Monks Cross Drive
York, YO32 9WN
www.familyfund.org.uk
FareShare Trust

FareShare Glasgow & The West of Scotland redistributes quality surplus food to groups working with vulnerable people in and around Glasgow and the West of Scotland.

They provide employability training including food hygiene, SVQ Employability, health and safety, warehouse distribution and forklift training. FareShare Glasgow & The West of Scotland support hostels, day centres, lunch clubs, addiction agencies, young people’s projects and refugee centres. Serving meals is a way for organisations to directly engage with their service users and using FareShare food enables them to redirect funds into improving their own services.

FareShare Glasgow & The West of Scotland is run in partnership with Move On, a charity working with young people who have been in care and/or affected by homelessness.
Fast Forward – Gambling Education Hub

The Hub offers CPD sessions and support to address youth gambling and problem gambling within youth employability programmes. Training includes links to other risk-taking behaviours and financial issues affecting school leavers and young adults. Youth employability services can also request up to 3 free gambling education sessions for their groups of young people, delivered with a follow-up debrief to discuss any additional needs.

The Hub continues to engage with secondary schools, through teachers’ training.

The Hub offers support to Universities and Colleges to identify ways to provide effective support to students regarding gambling-related harm, e.g. by promoting materials and using their online presence to raise awareness.

We also provide bespoke training and support to staff, e.g. student welfare officers and student association officers, at key times over the academic year.

This includes consultancy in developing and disseminating information and materials to be shared with parents and carers.

Our work promotes awareness about the impact of gambling on families, and provides advice regarding talking about gambling with young people.

Contact: Chiara Marin
Telephone: 0131 554 4300
Email: chiara@fastforward.org.uk
4 Bernard Street
Edinburgh EH6 6PP
www.fastforward.org.uk
**Geeza Break**

**Respite Sitter Service:** Children are cared for in their own home by trained sitters working on development and social skills.

**Respite Care Service:** Children are cared for in the homes of fully vetted and approved carers from a few hours to overnight care.

**Centre Based Respite:** Primary school children between 5 and 12 years are cared for during school holiday periods through the Toffee (Time Out for Families East End) Club.

**Out of School Places:** As part of the TOFFEE CLUB service we also provide city-wide Out of School Places to support Grandparents who have the sole care of their grandchildren/relatives.

**Geeza Chance Project:** Supports young people with the smooth transition from being with their parents and their chaotic lifestyles to living with their grandparents/other family members.

**Family Support Service:** Intense specialised one-to-one and group support offered to families experiencing poverty, abuse, isolation, addiction, crisis situations and/or mental health issues.

**Kinship Care Service:** We Provide professional, confidential, personal, Person-Centred Therapeutic Support to Kinship Carers in privacy of own home.

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**Contact:** Doreen Paterson  
Email: doreen@geezabreak.org.uk  
Tel: 0141 573 2900  
1450/1456 Gallowgate, Parkhead, Glasgow, G31 4ST
Glasgow Care Foundation

They say good things come in small packages, and that certainly applies to us. We often describe ourselves as a small charity doing big things for Glasgow. When we say small, what we really mean is lean, you see we don't spend a lot of our money on employing a large team of people, in fact we only have one full time employee and two part timers.

Supporting our staff are our Trustees and Directors, who all volunteer their time and expertise for free. This approach to looking after our pennies means we can put as much of our funds back into helping poorer citizens of Glasgow to lift themselves out of poverty.
Glasgow Children’s Holiday Scheme

We offer children and their families holidays in one of our caravans at Wemyss Bay Holiday Park. These can be full weeks or short breaks.

The families are affected by poverty, unemployment, bereavement, kinship carers, young carers, disability, mental health and physical/illness, domestic violence, drug/alcohol, refugee and asylum status.

Some children enjoy breaks with youth groups in the caravans.

A small number have a holiday with hosts families throughout Scotland.

Phone: 0141 248 7255
Email: admin@glasgowchildrensholidayscheme.org.uk
Website: www.glasgowchildrensholidayscheme.org.uk
GCHS Room 114 Pentagon Centre Washington St.
Glasgow, G3 8AZ
Glasgow City Mission

We work with adults and children who are vulnerable and disadvantaged in Glasgow, people that are often leading chaotic or difficult lives. We want to help them to break free from their oppressive situations.

That situation may involve: homelessness, addiction, poverty, family breakdown, prostitution, emotional issues, fleeing persecution overseas and now seeking asylum - or maybe all of these.

We do this through our City Centre, Child & Family Centre, and Glasgow Winter Night Shelter projects as Christians who are passionate about the people that look to us for help. We want to share a message of hope and aim to have compassion for these individuals.

Email: info@glasgowcitymission.com
Telephone: 0141 221 2630
20 Crimea Street
Glasgow, G2 8PW
Glasgow Disability Alliance (GDA) is an organisation led by disabled people and has a membership of over 4000. GDA has, by far, the biggest groundswell of disabled members in Scotland, if not the UK.

We provide free, fun, accessible learning and opportunities for disabled people of all ages to build confidence, make connections and have support to make their contributions. Being disabled people ourselves, we strive to remove barriers to participation and learning and with this in mind, all our learning is free, with transport, personal assistance and lunch provided free of charge.

We work with disabled people of all ages, 11+ and with any type of impairment / condition. Membership is free and open to anyone living in Greater Glasgow who is disabled or has a long term condition.

<table>
<thead>
<tr>
<th>Contact: Marianne Scobie</th>
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<tbody>
<tr>
<td>Email: <a href="mailto:mariannescobie@gdaonline.co.uk">mariannescobie@gdaonline.co.uk</a></td>
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<tr>
<td>Tel: 0141 556 7103</td>
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<tr>
<td>301 White Studios, Templeton Business Centre</td>
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<td>Glasgow, G40 1DA</td>
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GEWA support women, children and young people who have experienced or are at risk of domestic abuse; through the provision of emotional, psychological, practical, financial and crisis support.

We also offer safe secure temporary refuge accommodation.
Glasgow Families Together

This innovative project is funded for three years by the National Lottery. A newly formed third sector consortium (comprising Barnardo’s, Quarriers, Home-Start Glasgow North, Glasgow East Women’s Aid, Rosemount Lifelong Learning, GeezaBreak) will work closely together with Education and Glasgow City Health and Social Care Partnership to bring about systems and cultural change in how agencies work together to support families at an early stage.

The third sector consortium was formed to develop a model of practice which required agencies to work more closely together. The aim of the project is for families referred to Social Work, but not meeting the threshold for statutory intervention, to receive faster and earlier access to a wider range of support from the consortium; to prevent a crisis cycle developing, thus reducing the need for statutory involvement and intervention from social work at a later stage.

Contact: Audrey Fleming
Telephone: 0141 276 3410
Email: audrey.fleming@barnardos.org.uk
Glasgow Families Together
Glasgow North East Social Work Department
Westwood House, 1250 Westerhouse Road
Easterhouse, Glasgow, G34 9EA
Glasgow Homelessness Network

GHN is a third sector membership organisation with a unique role. We evidence and advance solutions to poor housing and homelessness by connecting the knowledge and experiences of people who both live and work with the issue. Our home is Glasgow, but some of our work takes us more widely across Scotland and Europe.
Glasgow’s No. 1 Baby & Family Support Service

Our service has been designed and built around simplicity & common sense. Identifying the issues, problems and obstacles people were faced with when seeking help for hardship and working poverty, the service was created by eliminating those obstacles and as a result GN1BFSS was born.

Assisting people throughout Glasgow and beyond our clients and professionals who use the service have praised us endlessly on the ease and simplicity of the service.

Tel: 0141 230 6856
261 Forge St,
Glasgow G21 2AR, UK
Email: gnonebfss@gmail.com
Glasgow Play-Resource Association - RePlay

Donating your waste for use by children fulfils both environmental and social policies. This unique waste solution genuinely helps children.

We collect and re-use your industrial by-products, surplus materials and waste for free and ensure environmental compliance; we support your corporate social responsibility policy and save you money.

You save time with an online audit trail. We re-use your redundant stock and seconds; unwanted end of line goods; production by-products and off-cuts; quality control failures; unused raw materials and packaging materials; and ex-display items.

We re-use many types of materials and goods: - paper & card, textiles, netting, containers of all types, plastics, foam rubber, cardboard cores, rubber and plastic tubing, DIY materials, catering disposables (unused), foils & films, paint, stationery and much more.
**Glasgow Women's Aid** provide information, support and temporary refuge accommodation to women, children and young people experiencing Domestic Abuse.

We offer:

- Confidential ongoing support. You can contact us as often as you need to, regardless of where you are living
- Information on housing, benefits, financial issues and legal issues
- Signposting to other relevant organisations. If we don’t know something we can find out for you.
- Arrangements for interpreting services
- Safe, anonymous refuge accommodation where you and your children (if you have any) will receive emotional and practical support for a short term period

**Contact:** Susan Jack  
**Telephone:** 0141 553 2022  
**Email:** susanj@glasgowwomensaid.org.uk  
4th Floor, 30 Bell Street,  
Glasgow G1 1LG
Govan Community Project

We provide direct services such as weekly drop-ins, advice, information and advocacy, cultural events, a community flat, English classes, destitution food project, hate-crime reporting and an interpreting service.

In addition the network facilitates forums bringing together public, voluntary and community organisations with local people to help plan public services, promote equal rights and opportunities and cross-cultural understanding, and to build bonds and links within and between communities.

Contact: Owen Fenn
Email: owen@govancommunityproject.org.uk
Tel: 0141 445 3718
The Pearce Institute, 840 Govan Road
Glasgow, G51 3UU
www.govancommunityproject.org.uk
Govan Youth Information Project

We are a non-profit organisation with the aim of delivering empowering and meaningful youth work to all children and young people within the Glasgow Govan area. We aim to provide support, information and advice to anyone who makes use of our services (regardless of gender, sexual orientation, religious belief or racial group), and we are committed to the development and regeneration of our local community.

The objective of our project is, therefore, the advancement of education and the relief of poverty, particularly among those aged 5-25 and within the Govan area. **GYIP** is here to provide support, information and advice to young people while empowering them to contribute to the development and regeneration of our local community. Our education aims to be informal and accessible, yet relevant, honest, and informative so that our young people gain a clear and factual understanding of relevant topics; including employment, health and wellbeing, substance misuse, first aid, and equality and diversity.

Tel: 0141 445 4505
Email: mail@gyip.org.uk
9 Water Row, Govan Cross
Glasgow, G51 3UW
www.gyip.org.uk
Greater Easterhouse Money Advice Project

Coping with money and financial issues can be bewildering and complicated... or at least it seems that way.

At GEMAP we believe that by engaging clients as people, not cases. By providing support, we can inspire people to transform their own lives.

And... all our services are FREE AND CONFIDENTIAL.

Tel: 0141 773 5850
Email: enquiries@gemap.co.uk
Westwood Business Centre
Unit 2/3i, 69 Aberdalgie Road
Glasgow, G34 9HJ
www.gemapscotland.co.uk
Hey Girls

At Hey Girls we know that you girls and young women are all powerful individuals, care about your health, are passionate about the environment and want to make a difference.

That’s why we girls created Hey Girls – to offer you a no leak, super comfy, chlorine and bleach free, environmentally friendly product that tackles period poverty in the UK. How? Well that’s simple – all the profits from our Buy One Give One products go directly to help girls and young women in need – no fat cat shareholders taking a pay-out. So that means for every box you buy we give a box away- yep just that straightforward.

Hey Girls was founded by myself and my daughters Becky and Kate, with the philosophy that girls and young women should never have to compromise their wellbeing or their health. Having been a single parent I understand first-hand the financial strain of buying sanitary protection when struggling to survive on benefits. The situation for women just like me hasn’t changed in twenty years, which is why we set-up Hey Girls.

We seek to enrich the lives of girls and young women in the UK by exercising social and ethical responsibility in every aspect of our work—from where we source our products through to our supply chain, and the way we run our social business.
Home Energy Scotland

We are a network of local advice centres covering all of Scotland. Our expert advisors offer free, impartial advice on energy saving, keeping warm at home, renewable energy, greener travel, cutting water waste and more.

We’re funded by the Scottish Government and managed by the Energy Saving Trust, and our mission is to help people in Scotland create warmer homes, reduce their bills and help tackle climate change.

Glasgow Wide

- North East
- North West
- South

Contact: Emma Howe
emma.Howe@sc.homeenergyscotland.org
72 Charlotte Street
Glasgow
G1 5DW
Tel: 0808 808 2282
www.energysavingtrust.org.uk/scotland/home-energy-scotland
Home-Start Glasgow North is a voluntary organisation set up to increase the confidence and independence of families with at least one child under five years old who are experiencing difficulties. We provide support for families across the whole of North Glasgow and have expanded our service into North Lanarkshire.

Video Interaction Guidance (VIG) is a relationship-based intervention to support attuned interactions and attachment. The intervention is based on respect, empowerment and collaboration and aims to promote greater parental sensitivity to the child’s initiatives, leading to attunement and mutual emotional wellbeing.

Home-Start Glasgow North Perinatal Support Service (PSS)

Providing intensive community based support throughout a woman’s pregnancy, from second trimester and during the first year of the child’s life (or longer if required) and for mothers with infants under one.

PSS is embedded in our core work of weekly home visiting support and is provided by specially trained volunteers.
Home-Start Glasgow South

Our goal is to help families, it’s as simple as that, and we employ a wide array of support mechanisms to enable us to address individual needs. At the heart of our service is a dedicated network of Home-Start Glasgow South volunteers. They are the lifeblood of our organisation, providing vital practical and emotional weekly support to families in their own homes, while for families in more acute need we can also provide intensive family support through our dedicated Family Support Worker.

Alongside our amazing volunteers we also run support groups and courses, provide English tuition and throughout the year facilitate family outings which enable families to share experiences that may otherwise not be possible. We are continually reviewing and adapting our service to meet changing needs, and everything we do is designed to help parents to overcome hardship and enjoy happier, healthier families.

Our core activities include:

- Home-Visiting Volunteers
- Family Support Groups
- Intensive Family Support
- English Tuition
- STEPS and Triple P Courses
- Family Trips and Events

Contact: Colette Boyle
theteam@homestartglasgowsouth.org.uk
0141 570 8735
Pollokshaws Burgh Hall
2025 Pollokshaws Road
Glasgow, G43 1NE
www.homestartglasgowsouth.org.uk/homestartglasgowwide.html
LINKES is a community project - run by the community for the community. Everybody is welcome. We have a full programme of activities and you are invited to drop in at Block 200 on Lincoln Avenue during our opening times. Support for primary school children and their families include:

- Play sessions
- Holiday Play Scheme
- Ignite Theatre Juniors
- ESOL classes
- Womens Group
- Mens Group
- Welfare Rights advice

Contact: Heather McGill Crawford
Telephone: 0141 387 0391
Email: contact@linkes.org.uk
The Marie Trust

The person-centred services offered by The Marie Trust Day Centre (and through our partner organizations) are designed to meet the complex and changing needs of people in the Glasgow area affected by homelessness and social exclusion.

Contact: fmckinlay@themarietrust.org.uk
Telephone: 0141 221 0169
32 Midland Street
Glasgow, G1 4PR
www.themarietrust.org
Includem

We are a youth support charity that works with young people to help them transform their lives.

We provide intensive, bespoke support to young people and families in challenging circumstances.

Our model of support is based upon building solid relationships of trust. Through this approach we are able to help young people make positive life choices and progress towards the type of future they want to live.

We know that every young person has endless potential. With the right support, we can help them recognise this too.
Merry-go-round is a social enterprise and registered charity dedicated to helping local families. Our aims are;

• to save local families money by offering great children’s goods at low prices,

• to support local families in need with free goods and

• to provide employment and volunteering opportunities in the local community.

We have a shop in the Southside and also put on mini pop-up shops in other locations. We save families money with fabulous, high quality, pre-loved children’s goods at a fraction of the original price.

We host a number of events each month – everything from music classes to story time and from breastfeeding support to cloth nappy information.

We run a partnership programme working with local agencies to help families in need. If you work for an agency that works with vulnerable women and families, please contact us to find out more about registering as a partner to access free goods.

Contact: Rachel Porteous
Telephone: 0141 423 2299
Email: community@merrygoroundglasgow.co.uk
32-34 Nithsdale Road
Glasgow, G41 2AN
Money Advice Scotland is the national umbrella organisation which promotes the development of free, independent, impartial and confidential debt advice and financial inclusion.

Money Advice Scotland offer a range of services from training (on a range of Money Advice topics); Financial Capability training to a range of organisations and groups; Policy and benefits advice and support. This includes specialist group work with schoolchildren – providing alternative learning environments for excluded pupils and school based support to pupils.

Contact: Pat Sproul
Telephone: 0141 572 0453
Email: p.sproul@moneyadvicescotland.org.uk
36 Washington Street, Glasgow, G3 8AZ
www.moneyadvicescotland.org.uk
Money Matters

Money Matters offers a Financial Capability Service offering one to one and Group information and advice sessions in the south of Glasgow.

Here are a few examples of the types of information that can be offered by our Financial Capability Service:

• managing money with confidence
• moving from benefits into employment
• budgeting, saving, debt prevention
• affordable credit
• economical options for paying bills

We also have energy awareness sessions to offer essential information on heating your home effectively and saving money on your fuel costs. If you would like to know more about this service please contact our reception at the Money Matters Advice Centre.

Telephone: 0141 445 5221
Email: advice@moneymattersweb.co.uk
Orkney Street Enterprise Centre
Unit 1, 18-20 Orkney Street
Glasgow, G51 2BX
www.moneymattersweb.co.uk
North Glasgow Uniform Bank

The North Glasgow Uniform Bank recycles good quality, donated school clothing for low-income families who obtain them for free at pop-up events at schools and community venue locations promoted by social media.
North United Communities (NUC) has four components, including: Youth work, Sports & Drama, Employment training and Family support.

The organisation delivers programmes 6 days/evenings a week to young people through youth work and educational programmes, holiday activities and events.

The family support component provides a service 7 days a week including during holiday periods/weekends and evenings, those services include:

- outreach,
- parenting programmes
- holiday programmes for families (including Glasgow’s Holiday Food Programme)
- group work
- community events.

Contact: Joan Dreghorn
Tel: 0141 945 1540
E-mail: joan@nucommunities.org
Glasgow, G20 9NF
One Parent Families Scotland has been dedicated to supporting single parents since 1944. We play an enormous part in enhancing the lives of parents and children, taking an active part in ensuring the voices of single parents are taken into account in shaping policies. We’re committed to dealing with merging challenges while continuing to provide all our single parents support services that form the core of our work. Services such as:

Financial Inclusion encompassing, Money and Debt advice, Welfare benefits and Tax credits/Universal credits advice and support.

Employability encompassing Training and Employment information, Moving into Work advice and support and sustaining employment.

Training in areas of Family Finances, Personal Development and Mental Well-being.

Support in areas of peer mentoring and charitable grant applications including Family Holidays and Fuel Debt grants.

Support is provided on a one to one basis, on site group meetings and outreach hubs located at various city wide locations.

OPFS provides a dedicated free Advice and Information telephone service for single parents. A Practitioners' Advice Service is provided to further enhance the knowledge of service providers outwith OPFS when engaging with single parents.
Parenting across Scotland (PAS) is a partnership of charities working together to provide a focus for issues and concerns affecting parents and families in Scotland.

PAS website provides information to families from the early years to teenagers, a wide range of topics are covered from breastfeeding to managing difficult behaviour.

Contact: Alison Clancy  
Telephone: 0131 313 8816  
Email: aclancy@childreninscotland.org.uk  
Website: www.parentingacrossscotland.org  
Level 1 Rosebery House  
Edinburgh, EH12 5EZ
Parent Network Scotland run workshops, co-ordinate support groups, and provide training tailored to meet the needs of parents in communities across Scotland, as well as trauma-informed training to practitioners.

Our vision is of a Scotland where family relationships are rich in mutual trust and respect, between children, parents and carers.

Our mission, as a parent led organisation, is to improve family relationships. We do this by offering support in changing patterns of behaviour and dealing more positively with the challenges of family life. We progress parents through our accredited programme which not only improves family life for them but builds on their skills and opportunities into work. We also run monthly Saturday hubs across Glasgow where all families are welcome to come for a cuppa and participate in fun activities.

Our values include respect for others, openness and honesty, and maintaining high quality in all we do.
At PDSA, saving, protecting and healing pets is what we’re all about. We are dedicated to improving pet wellbeing in three very special ways – by educating owners, preventing disease and carrying out life-saving operations.

We are the UK’s leading vet charity. Every year, the dedicated teams at our 48 Pet Hospitals work tirelessly to provide 2.7 million veterinary treatments – including 440,000 preventative treatments. This helps over 470,000 much-loved pets and brings peace of mind to 300,000 owners.

And we are a leading authority on all things concerning pet health and wellbeing: whether its leading the debate on pet obesity, conducting Britain’s biggest annual pet wellbeing survey, raising the status of animals or simply celebrating their contribution to our lives.

We’re proud to continue ensuring that today, and in the years to come, people who, through no fault of their own, can’t afford to pay for veterinary care for their beloved pets still have somewhere to go for help and free treatment.
Pollokshaws Support Project

Pollokshaws Support Project provides a drop in service on Wednesdays from 12 noon – 2:30pm and provides support for the following:

• Accessing support for your needs – including welfare, housing, disability, money, rights, food, health, environment, etc
• Help with communications – letters/phone call/appointments to or with DWP, NHS, Police, Courts, HMRC, Bills & Utilities, etc
• Finding information & getting online – including home energy, universal credit, employment, training, learning, etc
• Being part of the community – volunteering, activities, events.

A Free meal, tea and coffee are available at the drop-in.

Glasgow Wide
☐ North East
☐ North West
☒ South

Telephone: 07394 639 799
Email: supportproject@pollokshawsareanetwork.co.uk
Pollokshaws Community Hub
132 Shawbridge Street
Glasgow, G43 1NP
www.facebook.com/pollokshawssupportproject
Possibilities for Each and Every Kid (PEEK)’s purpose is to improve the life chances of children & young people by unlocking their potential, whilst journeying alongside them as they PLAY, CREATE, THRIVE. We achieve our mission by providing a number of services giving youngsters the motivation, self-confidence & skills they need to change their lives. All our projects are child and young person led.

PLAY: is a diverse and stimulating programme of outdoor play & physical activity.

CREATE: provides an exciting range of activity for all ages. Youngsters explore a variety of art forms and issues relevant to them & their community through creating music, visual arts, drama, film. We offer youngsters the chance to Flourish through gaining awards such as the Arts Awards, and to Broaden Horizons through holidays such as Hopscotch, Residential weekends and regular trips.

THRIVE: provides opportunities for youngsters to emerge as leaders in their communities and lives. Through volunteering, training, peer education and accreditation such a youth achievement awards.
The Poverty Alliance

Our aim is to combat poverty by working with others to empower individuals and communities to affect change in the distribution of power and resources.

We have four objectives for the period 2009-2012 that guide our work:

To work with people and communities experiencing poverty to empower them to address poverty

To work with organisations to build a strong anti-poverty network in Scotland

To support the development of policies which promote social justice and combat poverty

To raise awareness about poverty and encourage debate about solutions.
The Poverty Truth Community

We are a movement for change led by people experiencing poverty. We know that we cannot understand or address poverty fully until those who live every day with its reality are at the heart of the process for change.

We bring individuals and organisations together in conversation and community to share the truth about poverty and to create change.

distribution of power and resources.
Quarriers Glasgow North West Carers Service and the city wide Glasgow Carers Partnership offer the following core services to unpaid carers:

- Information and advice, including support to access through health and social work
- Emotional support and a listening ear
- Help to access short breaks and respite
- Help with income maximisation, accessing grants and charitable trusts and signposting for welfare benefit support
- Training and wellbeing to help you take care of your personal needs and in your caring role

The service supports adult carers (including parent carers and carers of older people) to help manage their caring role and young carers between ages 6 – 18 years – to minimise any inappropriate caring roles.

Contact: Liz Brunjes
Telephone: 0141 331 9420
Email: Liz.Brunjes@quarriers.org.uk
308-310 Maryhill Road
G20 7YE
Quarriers Supported Youth Housing Project

Providing a high standard of support to young people who are homeless or threatened with homelessness.

We work specifically with young people who are single, aged 16-25 years old and wish to be housed in the north and west areas of Glasgow. The service is registered with Social Care and Social Work Improvement Scotland (SCSWIS) as a Housing Support Service to be provided to young people who are already in supported accommodation, have been homeless, are at risk of becoming homeless, are staying with family or friends on a non-permanent basis, or who have been looked after and accommodated by a local authority.

Contact: Angela Campbell
Email: quarrierssyhp@quarriers.org.uk
Telephone: 0141 944 7869
252 Keppochhill Road
Glasgow
G21 1HG
Queens Cross Housing Association

We're a community-based housing association. We're run by a Board and four Community Involvement Groups. The majority membership of these are local people.

Our Council for Homeless Young People (CHYP) project provides supported accommodation for 13 young people aged 16 to 21 years, the Fire Station Project supports up to 40 vulnerable young adults.

We run lots of projects, events and activities that bring people of all ages together. We help people gain employment, learn new skills and access financial advice.

We have Job Clubs, Universal Credit Drop-in sessions, homework clubs and family meal sessions

The Queens Cross Community Chest has been set up to help children and young people aged 0-25. It gives access to grants of up to £150 to pay for activities, equipment, training, clothing and clubs that might not be affordable otherwise.
Training Opportunities for young Parents (TOPs) at Rathbone works with young parents aged 16-24, and their children. We aim to build resilience and strong families through providing young parents with a safe and supportive environment to build their skills, develop positive support networks with other young parents, and promote family bond and attachment.

We deliver a flexible programme that is responsive to the needs of those attending; each month is different and our timetable is developed with the input of the young families that we work with. To support this we provide a free crèche for the children while they are attending sessions, reimburse public travel expenses, and provide lunch. We also plan regular family trips, provide goodie bags, and access to opportunities with partner organisations.

We aim to increase young parent’s self-esteem and confidence, while providing them with a safe environment to meet other young parents and build a strong support network for themselves.

Our programme is based in Glasgow City Centre and we work with families across the Glasgow City Council area, including outreach in Drumchapel, Shettleston and Clydebank.

Contact: Leigh Anne Elliott
Telephone: 0141 229 6300
E-mail: leigh-anne.elliott@rathboneuk.org
38 Queen Street
Glasgow, G1 3DX
Refugee Survival Trust

RST was set up in 1996 by a number of concerned individuals as a reaction to the problem of refugees and people claiming asylum being made destitute in Scotland. RST is a small organisation and can only exist with the continued support and expertise of its Board of Directors, its small team of dedicated staff and the help of a committed team of volunteers.

The vision of RST is that all refugees and asylum seekers in Scotland receive just and respectful treatment and support appropriate to their needs.

RST’s mission is to do everything within our available resources and powers to achieve that vision by enabling and supporting asylum seekers and refugees in need.
Rosemount Lifelong Learning is a charity based in Royston, North Glasgow and our mission is to increase life chances through learning for children, young people and adults living in the North East and wider North Glasgow area. Our broad range of services include:

**Community Learning** – assisting with the education and training of disadvantaged adults aged 16+ to improve basic skills including IT, literacy and numeracy, life skills and skills for employment. We also provide ESOL, language skills and other services to support community integration.

**Family Support Services** – the **Positive Family Futures** project is a new community led project focusing on a strengths based approach to developing services and activities to meet the needs of different generations of individuals within local families.

**The Family Links Project** is an addictions and recovery service offering emotional, social, educational and practical parenting support to parents, young children and teenagers affected by parental substance misuse.

**Employability – Time for a Change** – an employability programme that engages with those who are further from the labour market and need additional support before they are able to re-enter the labour market. **Challenge 50** – a new employability programme providing those over 50 with targeted and tailored support to help them move into work. **The Young Parents Project** operates across Glasgow and is targeted to work with young people aged 15-24 (26 for young care leavers) who are pregnant or have children.

**Childcare** – quality, affordable nursery provision for parents to allow them to take part in training, further education or employment.
Scottish Book Trust is a national charity that believes books, reading and writing have the power to change lives. A love of reading inspires creativity, improves employment opportunities, mental health and wellbeing, and is one of the most effective ways to help children escape the poverty cycle.

Bookbug is Scottish Book Trust’s Early Years programme that aims to help children develop a love of books and reading by providing four free bags of books to every child in Scotland during their first five years. We also provide tactile books for children with additional support needs. Scottish Book Trust partners with libraries and community venues to run Bookbug Sessions - free song, rhyme and story sessions across Scotland. In addition, targeted Bookbug Outreach work trains early years practitioners to use activities which promote bonding, attachment, social skills and literacy in the early years.

Contact: Beth Crozier
Tel: 0131 558 8853
beth.crozier@scottishbooktrust.com
55 High Street
Edinburgh, EH1 1SR
**South Glasgow Bookbug** (South Glasgow Childcare Partnership Forum) is a free service which promotes early literacy and positive parenting and child bonding by encouraging parents/carers to read, sing and talk to their children from birth.

The Bookbug programme gifts free book bags at key developmental stages for every child in Scotland, we also run Bookbug sessions which are free storytelling and singing sessions in the heart of communities, the sessions are inclusive and everyone is welcome.

**Contact (South Glasgow):** Linda Muirhead  
Telephone: 0141 429 8139  
Email: lindabookbug@btconnect.com  
310 Cumberland Street  
Glasgow, G5 0SS
**Scottish Childminding Association (SCMA)** is Scotland’s only charity dedicated 100% to childminding. Over 84% of childminders in Scotland are members and we are here to support them through the registration process and help them to build strong foundations and a sustainable business model. SCMA can offer:

SCMA Integrated Service in Glasgow is two pronged - a Community Childminding service and an Early Learning and Childcare service for Eligible 2’s and 3-4 year olds. Both services are accessed via referral process.

Childminders contribute to children’s development and learning by real life experiences and provide a valuable Early Learning & Childcare service for the community. Everyday activities, like going to the shops, involvement in school pick-ups, family mealtimes and visits to the park or socialising in a toddler group all teach children valuable life skills.

**Contact:** Jacqueline Spence  
Email: jacqueline.spence@childminding.org  
Tel: 07552 279 233 / 01355 238593  
7 Melville Terrace, Stirling, FK8 2ND
Scottish Unemployed Workers’ Network

The Scottish Unemployed Workers’ Network (SUWN) is an independent organisation, founded in 2011, that combines campaigning with practical welfare work.

We organise activity ourselves and also co-ordinate with other groups across Scotland and beyond. The unemployed are in the front line of the current attack on the poor that threatens to take us back to the ‘hungry Thirties’. We are part of the fightback.

So, if you are unemployed, or underemployed, or fear unemployment or know someone who is unemployed, and you care about all that this implies then please browse our website, contribute to the discussions on our Facebook page and group, and find out what’s happening in your area. (And if there’s nothing happening yet, we can help you do something about it.)

Telephone: 07803 052239/ 0789 9798979
Email: admin@scottishunemployedworkers.net
www.scottishunemployedworkers.net
The Sound Lab is a project that looks to deliver free education in music and the arts to the whole community. The main demographics of those who utilise our program are between the ages of 8 -25 from areas affected by poverty and lack of opportunity.

We believe that all people should have experiences and support in order to unearth their talent, improve social skills, and develop a positive sense of themselves and of other people. We have over 13 years’ experience of providing services to some of the most disadvantaged areas of Glasgow and we know from the evidence from our programmes that our delivery model works for those that we support.

Although our main intake is young people, we also aim support groups from many other backgrounds. For example, previous events that we have ran involve Sunday Shindigs which was a programme that looked at integrating the people of Glasgow to join together and play and learn music.

Since 2003, our music and creative workshops have allowed hundreds of young people to advance their education and develop skills in a safe environment. Some of our ‘alumni’ have gone on to form their own bands, form club nights, achieving success in Scotland and further afield.
Southside Housing Association Welfare Rights & Money Advice

Our Welfare Rights Team are on hand to provide support to tenants who require advice on benefits. We provide confidential, free and impartial advice on:

- Benefit Checks/Income Maximisation
- Sanctions
- Appeals and Representation
- Welfare Reform
- Advice for all benefits

We are approved Food Bank voucher distributors for the Trussell Trust.

Telephone: 0141 422 1112
Email: enquiries@southside-ha.co.uk
Southside House, 135 Fifty Pitches Road
Glasgow G51 4EB
www.southside-ha.org/southside-services/welfare-rights-service
Starter Packs Glasgow are working to alleviate poverty across the city.

By providing packs of essential household goods to those moving into a new tenancy, often after homelessness, we can make houses more homely, and help people to sustain their tenancy. We do this through the help and support of our local community, much-needed donations and the many staff and volunteers we’re lucky to work with.

Contact: Jacqui Flynn
Telephone: 0141 440 1008
E-mail: administrator@starterpacks.org.uk
7 Harmony Road, Govan
Glasgow, G51 3BB
www.starterpacks.org.uk
Step Change Debt Charity

We offer free debt advice that is based on a comprehensive assessment of your situation. We'll then provide practical help and support for however long it’s needed.

We'll work with you to resolve your debt problems. We don't make judgments on the causes of your debt problems, instead we'll work with you in a sympathetic and supportive manner.

We'll undertake an in-depth look at your financial position, discuss possible solutions and recommend a way forward.

If you can afford to repay your debts in a reasonable period of time, we'll recommend a repayment solution. If it's not possible for you to repay them in a reasonable amount of time, we'll recommend an insolvency option. If we support you with a long-term plan, we'll review your situation at least annually, to make sure your solution is still the right thing for you.

We'll never charge you for the advice we provide. We'll communicate with you in a clear, honest, accurate, regular and timely manner.
For nearly thirty years, Stepping Stones for Families has worked alongside children, young people and families in the North East and North-West of Glasgow to give them support, opportunities and a voice in tackling the effects of poverty and disadvantage in their lives.

We support families to lay the foundations they need to take control over their own lives and engage on their terms with the wider community.

Our Family Support, Family Play, Money Advice and Family Wellbeing Services provide the resources that many parents and children tell us they need to become healthier, happier and more confident so that they can participate and take an active role in their community.

**Stepping Stones for Families – Power of Play**

Our family play service brings together isolated families who have very young children. The overall aim is to support and strengthen family and community relationships through the power of play.

Families at our family play project in Townhead are collecting warm clothing, jackets and putting together survival kits for people who are homeless in Glasgow City. The kits and clothing are dropped off to Glasgow RSVP (Rough Sleeping and Vulnerable Persons outreach team) and Glasgow Night Shelter.
St. Paul's Youth Forum is a youth led organisation that works alongside children and young people to give them opportunities they wouldn't normally have. We have a number of different opportunities to support children, young people and families.

Bolt FM - Youth Radio, for young people, by young people. Bolt FM is Scotland’s longest running youth led radio station, enabling young people to have a voice. We have been working in North East Glasgow for almost 17 years. With a mobile studio, we can broadcast from any location which has a mobile signal or internet access, with classrooms transformed into radio studios in a matter of minutes.

Bolt FM works alongside teachers to cover aspects of the curriculum in a variety of accessible, enjoyable and educational ways. We specialise in encouraging work with disengaged young people. We can provide small group working, allowing a highly tailored environment, to gain skills in teamwork, leadership, co-operation and collaborative working, alongside the curricular skills. This has lead to a reengagement in formal education.

Diversionary, where we provide traditional youth work to help give young people positive alternatives to youth anti-social behaviour. By working with families we can provide support to enable young people to engage despite the many barriers that exist in their lives. We provide many different programmes, from sports including our own Bike Club - Blackhill on Bikes, to our Food Poverty Programme - Blackhill's Growing - encouraging young people to grow, prepare and eat their own food, with bees and hens in the garden.

In addition we also provide activities for under 5’s, primary school children as well as community meals.
Street Connect

Street Connect exists to offer hope and opportunity of change to the disadvantaged and marginalised in society. We work to support men and women who are 18 years and over.

The individuals we work with come with a range of complex needs including: various addictions, homelessness, loneliness & social isolation, mental health issues, trauma, offending and poverty among other issues. Our hope is that through the various services we provide, they will feel supported, motivated and able to take positive steps towards a brighter and more fulfilling future.

Contact: ricky@streetconnect.co.uk
Telephone: 0141 237 5859
340-348 Cathedral Street
Glasgow, G1 2BQ
Toonspeak provide free, high quality creative opportunities for young people living in Glasgow.

Most of our activity involves drama but in the course of producing original theatre productions we often explore music, dance and writing.

SHINE, our creative life coaching project is available to be delivered to groups of young people at partner organisations.

We run a mixture of weekly workshops and occasional projects Holiday activities and Glasgow Holiday Food Programme.

Participants can work towards Arts Awards, an accredited qualification.

More than anything our participants tell us that Toonspeak is a place where they feel like they can be themselves.

Contact: Alan Govan
E-mail: alan@toonspeak.co.uk
Tel: 0141 552 0234
Millburn Centre, Glasgow, G21 2HL
Tron St Marys Family Support Project

Our purpose is to support families and raise environmental awareness in Balornock and the surrounding areas. We offer group activities for all ages and abilities that build confidence, reduce isolation, promote health and well-being and are open to all within our community and the surrounding areas.

Supporting those who are isolated, vulnerable & tackling poverty via activities including

- Toddler Group,
- Café,
- ESOL classes,
- Welfare advice,
- Cooking club
- Holiday club and food

Contact: Margaret Finlay
Telephone: 0141 558 1011
E-mail: tsmfsp@gmail.com
128 Red Road
Glasgow, G21 4PJ
The Trussell Trust

Our aim is to end hunger and poverty in the UK. We support a nationwide network of food banks and together we provide emergency food and support to people locked in poverty, and campaign for change to end the need for food banks in the UK.

There are 4 Trussell Trust Foodbanks in Glasgow, operating from 18 locations:

- **Glasgow NE Foodbank**, Calton Parkhead Parish Church - 07951749363
- **Glasgow SE Foodbank**, 73 Butterbiggins Road – 07456868628
- **Glasgow SW Foodbank**, Ibrox Parish Church - 07708 504130
- **Glasgow NW Foodbank**, Blawarthill Parish Church – 07787334021

Telephone: 01722 580 180
Email: enquiries@trusselltrust.org
www.trusselltrust.org
Toryglen Law & Money Advice Centre

Offers free and confidential advice in the following areas:

• Consumer Issues
• Debt/Money Advice
• Housing
• Employment
• Benefits and Taxes
• Family and Relationships
• Compensation
• Discrimination/ Human Rights

Telephone: 0141 613 3033
Email: mail@toryglenrightsproject.co.uk
Toryglen Community Base
18 Prospecthill Square
Glasgow, G42 0LE
www.castlemilklawcentre.co.uk/toryglenlawmoney.php
Turn2Us

Turn2Us is a national charity providing practical help to people who are struggling financially.

Anyone can be a missed pay-cheque, illness or bereavement away from a real financial crisis, which is why we can help you find the support you need to get back on track.

Our Benefits Calculator takes less than 10 minutes to complete and it will tell you which means-tested benefits you may be entitled to, including tax credits.

Our Grants Search can help you look for funds that might be able to give you a grant or other types of help.

We also award our own grants from the Turn2us Elizabeth Finn Fund, the Turn2us Response Fund, and the Turn2us Edinburgh Trust.
West Glasgow Against Poverty

WestGAP is an anti-poverty community group run by and for people in Glasgow who have first hand experience of living in poverty. We are totally independent, are not funded by government, and are not part of any political party or organisation. WestGAP was founded in 1997 and for many years was based in Partick, but has always been open to anyone needing our support. In late 2014 we relocated to Paisley Road West.

We run a free, independent and confidential advice service focused on welfare rights (for example, assisting with claims and appeals for DLA/PIP, ESA, Universal Credit, JSA, Tax Credits, Housing Benefit & Council Tax Reduction), while also providing support with housing problems, homelessness, fuel poverty and a wide range of other issues. Our advisors undergo a comprehensive training programme, both in-house and via various external organisations.

We also aim to perform a community development role, supporting other local groups and offering training to other organisations, e.g. poverty awareness training for health care workers, training on social security entitlements for addiction workers, etc. Please get in touch if you would like to speak to us about setting up training for your group.

Telephone: 0141 328 5133
Email: info@westgap.co.uk
365 Paisley Road West
Glasgow, G51 1LX
www.westgap.co.uk
Whiteinch Transformation

Seeking financial, social, relational and spiritual transformation in Whiteinch, Glasgow.

Our Current Projects:

- Food Bank
- CAP (Christians Against Poverty)
- Healing for the Heart
- Forge

Contact: info@whiteinchtransformation.org
Telephone: 0141 959 9317
Barclay Curle House
739 South Street
Glasgow
G14 0BX
WorkingRite

WorkingRite is a successful and sustainable solution to youth unemployment. It is born from old-fashioned values, whereby young people experience a **working rite of passage** to help take them from adolescence to adulthood. We believe that every young person deserves the opportunity to prove themselves in the workplace, regardless of their age, inexperience or qualifications.

We give young people that chance.

Across Scotland, our local Project Co-ordinators individually match a young person to a small business in their local community, where they learn valuable skills on-the-job, where it counts. Our ‘trainees’ work with their work placement provider for up to six months during which they are guided by an older mentor in the workplace and supported by our Project Co-ordinator. When eligible, they also receive a weekly training allowance and we cover their travel expenses.

Our programme bridges the gap between school and work. It gives young people essential work experience, provides good role models, builds their confidence and offers them a quality vocational alternative to academic learning.