Family Support Citywide
Glasgow Directory

This directory gives information about third sector organisations and projects dedicated to supporting families in Glasgow. It is a work in progress and more organisations will be added.

July 2019
The Everyone’s Children project was set up to support and promote third sector organisations in Glasgow that provide services to children, young people and families. The project is funded by the Scottish Government and works in partnership with statutory partners and the third sector.

It aims to:

- Develop and support the local third sector capacity to deliver wellbeing outcomes.
- Ensure third sector contributions to Children’s Services are valued and strengthened.
- Share learning and best practice through training and events.

The Everyone’s Children project provides a practical range of support to ensure that the third sector contribution is effectively integrated into planning of services for children and families. The project has helped to raise awareness of GIRFEC, map the contribution of the third sector in Glasgow, share learning, and support organisations through capacity building work.

Contact: Suzie Scott
Telephone: 0141 271 2517
Email: suzie.scott@gcvs.org.uk
The **Children, Young People and Families Citywide Forum** provides a strong and co-ordinated voice to partner agencies that influence Children’s Services in Glasgow.

The Forum aims to:
- consult, agree and support representation on behalf of the sector on priority issues.
- actively represent forum membership in city wide multi-agency planning
- provide guidance and support to the Third Sector.
- gather and co-ordinate views on behalf of the Forum.
- promote good practice through shared learning.

**Membership**

The Forum is open to all third sector organisations that provide services to Children, Young People and Families in Glasgow. There is no membership fee.

Email: citywideforum@gcvs.org.uk
The North West Children and Families Network (previously NW Wellbeing Network) is a forum for third sector organisations providing services to children, young people and families. We have around 100 members from a wide range of organisations including early years, nurseries, out of school services, family support, dance and sports clubs, community centres and carers support. The purpose of the network is to:

- Increase awareness of the range of third sector children, young people and families organisations in the NW
- Promote recognition of the value of the role of voluntary organisations and maximise their impact
- Support third sector organisations and share knowledge and best practice
- Ensure links with other relevant structures including Children’s Services, Community Planning, Thriving Places, NW Voluntary Sector Networks

The network has a steering group and sends third sector representatives to Children’s Services Locality Planning. There are quarterly open meetings to discuss issues, share knowledge and best practice.

For further information, and to join the mailing list contact Suzie Scott at GCVS: suzie.scott@gcvs.org.uk
Aberlour family support service

This citywide service works on a one to one basis and in groups in a variety of community, school and home settings

- **Supporting families at home** by providing emotional, practical and therapeutic support to women and children who are or have experienced Domestic Abuse.

- **Supporting children in school** to improve their attainment and help them to reach their potential.

- **Supporting children and young people in their community** who are being missed by other services, by meeting them on their territory – the streets.

We offer youth clubs, planned activities, residential trips and issues-based workshops delivered in schools and clubs.

We work in partnership with other agencies to support young people access opportunities which meet their needs including employment.

We have Family support workers who will work with young people and their families to strengthen family relationships and stability for young people.
Action for Children-North Glasgow Family Support Team

North Glasgow Family Support Team is a community based social care team which works with vulnerable children under 12 and their families who require parenting support.

The service is designed to work in partnership with a range of agencies including Social Work, Education and Health services.

The NGFST provides a range of services to children and families including, individual support to children, parents and carers within their own homes and in the community, alongside delivering accredited parenting programmes.

Contact: Karen McFadzean
Telephone: 0141-945-1653
Email: karen.mcfadzean@actionforchildren.org.uk
61 Smeaton Street
Ruchill, Glasgow G20 9JS
Addaction North East Recovery Hub

We give support and advice to adults who are experiencing problems related to their own or someone else’s drug or alcohol use. We provide specialist interventions to help prevent and reduce the harmful use of drugs and alcohol. We won’t judge you and will work at a pace you are comfortable with, helping you to get well and have a better quality of life. We also offer support to family and friends who can also be affected by drugs and alcohol misuse.

Addaction North East Glasgow Recovery Hub accepts self referrals as well as referrals from family members, drug and alcohol services, GPs, social work, police and any other support agency
Addaction Scotland North West Recovery Hub
Addaction North West Glasgow Recovery Hub is a free and confidential service for individuals, families and communities affected by drugs and alcohol. We offer drop-in or phone support; meetings at a time and place to suit; a personal recovery plan; parenting, pregnancy and family support; one-to-one and group work; links into other appropriate organisations; introduction to local recovery communities and volunteering opportunities.

Contact: Christine McCauley
E-mail: christine.mccauley@addaction.org.uk
Tel:0141 221 2282
The Quadrangle, 59 Ruchill Street, Glasgow, G20 9PX
ADHD Parent Support West Glasgow is a parent-led group founded in 2015 to support families in our area with a child diagnosed with Attention Deficit Hyperactivity Disorder (ADHD).

Being a parent to a child (or adult) with ADHD can be really tough - and whether you've just had a diagnosis or known your child has ADHD for some time, we're here to help.

The group brings people together to learn about the condition and become confident and effective parents.

We provide information and support through regular meetings and a virtual meeting space on Facebook, and we aim to improve local health and education services.

Contact: adhdglasgow@outlook.com
64 Balmoral Street
Glasgow
G14 0BL
Barnardos Apna project offers a wide range of support services to families who have special needs children and young people aged 0 to 25 living in the City of Glasgow.

Our aim is to enhance the quality of life for a significant number of children and young people. Our project helps ensure that disabled children and young people have the opportunity to take part in social and leisure activities.

The project provides home care services, after school club, school holiday play schemes and a club for 19 years and older. The service is provided citywide.

Contact: Mamta Kanabar
E-mail: mamta.kanabar@barnardos.org.uk
Tel: 0141 423 9225
70 Coplaw Street
Glasgow, G42 7JG
CHIP is a collaboration between Barnardo’s Scotland and Stepping Stones for Families. The project has been working in Possilpark for 20 years. During that time the team has established positive working relationships with countless children, young people and families and with many groups in the local community. It encourages individuals and families to participate in community development activities, ensuring their voice is heard in the decision making process.

Over the years the charity has taken part in a number of projects, with a focus on supporting children, young people and families in Possilpark to make a positive difference to their community. This has involved wildflower and bulb planting, biodiversity work and a range of activities that bring people of all generations together. These have included bat walks, storytelling, carol singing, sports days and community dog shows.

Contact: Alison McIntyre
E-mail: alison.mcintyre@barnardos.org.uk
Tel: 0141 353 6229
Unit 5.09, The Whisky Bond, 2 Dawson Road
Glasgow, G4 9SS
Barnardos PACe is an an intensive family support service covering the whole of Glasgow City and East Dunbartonshire councils working with children and young people aged 5-18 years and their families.

Our primary remit is to support families to prevent children from being accommodated. We also support those children and young people who have already been accommodated, to make sure that they are in the most appropriate accommodation that meets their needs.

Contact: Daljeet Dagon
E-mail: daljeet.dagon@barnardos.org.uk
Telephone: 0141 243 2393
91 Mitchell Street
Glasgow
G1 3LN
Barnardos Youth Involvement & Family Support Project

Barnardo's Youth Involvement and Family Support Project has been operational since 2003. Since its inception as a youth work programme with the aim of diverting young people off the streets and more meaningfully engaged in their communities, the Service has now greatly expanded to encompass a range of holistic family intervention services working with children and their families affected by multiple adversities. These include mental ill health, substance misuse and problematic family dynamics.

The service provides a wide range of support interventions to children and young people aged 0 to 18 years who have a wide range of emotional and behavioural needs and their parents and carers.

We support families to build on the emotional resilience of each child and we promote positive mental health and social inclusion. We do this by adopting a child-centred and holistic approach across the range of service interventions. It is always our intention to very much involve parents as much as possible to address the needs of the family as holistically as possible.

The service operates in accordance with the Barnardo’s ethos and vision for children, with the hope of mitigating against social adversities afflicting the North east of Glasgow and hopefully help build more positive futures for children and their families.
Bethany Christian Trust

Bethany supports churches to use existing community assets, developing sustainable projects that meet local needs. People need practical support, they also need the opportunity to change. Everyone has potential and Community Development is all about supporting the local church to transform lives and revitalise local communities.

Our Community Development Workers act as facilitators alongside the local church. The local church is already in the heart of many communities. Our staff provide help to bring together people who have become socially isolated with professional support services – provided by ourselves and our partner organisations- with volunteers and other resources including funding and venues.

All our programmes fit into 4 service streams

**Initial Community Engagement** – Informal drop-ins; street work.

**Family Support Work** – Building Stronger Families Programme; Family Life Centre; Residential opportunities through partnerships with Columba 1400, Hopscotch and Scripture Union.

**Learning, Training & Development** – Community magazines; IT Literacy drop-ins, Employment & Volunteering drop-ins; Self-reliant groups.

**Befriending and Mentoring** – Passing the Baton, Passing the Baton for Older People, Youth Mentoring.
Bridging the Gap is a local community project servicing the Gorbals area. The purpose of bridging the gap which is rooted in the Gorbals is to build positive relationships across divides, with particular reference to integration of BME community, and transition from primary to secondary. Also, to value humanity and nurturing the potential of every individual and where appropriate provide practical support.

We were established in 1998 to enable local Churches (Church of Scotland and Roman Catholic) to work together to meet local needs. We celebrate the good in our community, by providing the opportunity for people with diverse backgrounds to discover their common ground, overcoming racism, territorialism and isolation.

Contact: Tricia McConologue
E-mail: tricia@bridging-the-gap.org
Telephone: 0141 418 0241
270 Ballater Street, Gorbals
Glasgow, G5 0YT
www.bridging-the-gap.org
The British Deaf Association (BDA) is the UK’s leading membership organisation and registered charity run by Deaf people for Deaf people.

The BDA delivers a range of services to achieve its aims of empowering Deaf people to overcome difficulties that they face on a daily basis.

The BDA also supports young Deaf people and their hearing families. Deaf Roots & Pride provides mentoring support from Deaf role models and group activities for deaf children and young people aged between 8 and 20. DRP aims to support them to see the positives in their deaf identities and to build their confidence and aspirations in negotiating key transitions and preparing for adult life.

We believe that access to Deaf role models, activities involving other deaf children and families, and providing support in British Sign Language are all crucial in empowering vulnerable deaf children.
At **Children 1st** our vision is a happy, healthy, safe and secure childhood for every child and young person in Scotland.

We have 125 years experience of working with children and families, previously as the Royal Scottish Society for Prevention of Cruelty to Children (RSSPCC).

Today, we support families under stress, protect children from harm and neglect, help them to recover from abuse and promote children’s rights and interests.

**Glasgow Supporting Families Service** provides trauma informed support to children and families across the South of Glasgow. Our restorative and relational approach means we work with children and families to make positive changes in their lives. We work with families in a flexible and individualised way to offer them right support at the right time that leads to positive outcomes for children.

Contact: Julie Richardson  
Tel: 0141 419 1150  
Email: Julie.Richardson@children1st.org.uk  
Unit 8000, Academy Park  
Gower Street  
Glasgow, G51 1PR
Caring Over People’s Emotions (COPE) provides a range of services to individuals aged 16 and over who live in the West of Glasgow: Drumchapel, Yoker, Scotstoun, Whiteinch, Anniesland, Temple, Blairstadie, Knightswood. COPE is not a crisis service. The services we offer are towards supporting life affirmation and coping strategies and where we can, help mitigate the impact of inequality. The skills of the COPE team are used to support people individually to make positive changes to their lives; and the lives of their families where appropriate.

COPE Scotland provides a range of workshops including an online resource offering tips and advice to support good mental health and wellbeing. The new site was driven by requests from parents who said having an online resource would be easier to access and fit in around their availability. The new site when it comes online will be called COPEDigital. We are always keen to hear new ideas for pieces for the site.

Contact: Kathleen Robertson
Telephone: 0141 944 5490
Email: admin@cope-scotland.org
Units 14 & 17 Garscadden House, Dalsetter Crescent
Drumchapel, G15
www.cope-scotland.org
Carnwadric WIN Project serves the communities of Arden, Carnwadric, Kennishead and Regent’s Park in South-West Glasgow by providing the services of a Family Worker to listen, sign-post, visit and support local families.

The project also provides weekly Creative Arts sessions for children and young people during school term-time, as well as one-to-one work with a small number of children and young people which will nurture and support development of their self-esteem and confidence.

Contact: Dawn Barrett
Email: dawnwinproject@gmail.com
Tel: 07546 235357
Carnwadric Parish Church
Boydstone Road
Glasgow, G46 8HP
Cornerstone's Growing Together project has been funded by the Big Lottery Fund’s Investing in Communities Programme, supports around 200 families and is delivered across four partnership primary schools of Broomlea, Croftcroighn, Hampden and Langlands with the aim of supporting families who have children with additional support needs attending these schools.

We aim to help each family cope better with their caring role, to become more resilient, improve their family relationships and experience greater community involvement. The support provided includes an information and signposting service, priority outreach, activity sessions for children, leisure opportunities and training workshops for parents, individual family support options, sibling groups and transition support service.

Contact: Angela Boyle
Telephone: 0141 378 0700
Email: Angela.boyle@cornerstone.org.uk
CrossReach Bluebell Perinatal Service is based at the Tom Allan Centre in the Charing Cross area of Glasgow.

**Services offered:**
- Perinatal counselling and therapy
- Relationship counselling
- Perinatal therapy for new and expectant parents
- Perinatal counselling and therapy
- Relationship counselling

We are here to support parents experiencing anxiety, depression, low self esteem or any other negative feelings before or after having a baby. Our specially trained perinatal counsellors and therapists are experienced, compassionate and without judgement. We also have other types of support from one-to-one psychotherapy or relationship counselling, to yoga groups and baby massage.

There’s no fixed charge for using our Bluebell Perinatal Service, but we do ask for a weekly donation for your counselling or therapy at whatever level you can afford. If requested in advance, we can provide a free crèche.

Manager: Christine Smiley
Hours: 9.00 am - 9.00 pm (Monday - Thursday)
Call 0141 221 3003
CrossReach’s Daisy Chain Early Years Project

Aim: To see the children of Govanhill thrive.

We do this by supporting parents to recognise their own strengths, be the best they can be and give their children the best start in life. We provide a safe, welcoming environment where parents and children can be themselves and receive the support they want with challenges they identify for themselves.

Our stimulating play experiences support the learning and development of Govanhill’s youngest children and bring together families from a wide variety of backgrounds.

In response to the needs of the community Daisy Chain also periodically run other groups such as baby massage or young parents groups.

Contact: Liann Weir
Email: Daisy.Chain@crossreach.org.uk
Tel: 0141 423 1250
42 Inglefield Street
Glasgow, G42 7AT
3D Drumchapel is a charity based in Drumchapel working with children and families providing a range of activities and support to families in Drumchapel, Knightswood and Yoker with children from pre-birth – 12 years. We aim to make a difference in the lives of children and families in Drumchapel by providing support, strengthening relationships and empowering families to make positive change. We provide a range of services including:

- Pre-birth support
- Parent & child sessions,
- Parenting programmes,
- Triple P Peer Support Groups
- Dads programme,
- One-to-one support and home visits

We facilitate 'Baby Basics & Toddler Togs' which recirculates baby and child goods and clothes to families who need it. We also support the Drumchapel Early Years Network.

Contact: Sharon Colvin  
Telephone: 0141 944 5740  
Email: sharoncolvin@3ddrumchapel.org.uk
DIFFERabled Scotland have just recently celebrated their second year as a constituted Scottish Charity. They provide Peer support to Parents/Carers of children, Young people or adults with Additional Support Needs (Autism, ADHD, Dyslexia & Dyspraxia).

Our Projects fall into four categories:

- **Mutual & Peer Support** (coming together)
- **Self Advocacy & Empowerment** (Accurate Information to inform & create change)
- **Training & Development for Professionals** (Bringing together specialists to share & improve experiences)
- **Policy Development & Change** (Our collective shared experiences will give us the knowledge to influence & create change)

**Our Values** are to promote Inclusion and Equality with an 'All means All' approach.

Contact: Deborah or Wendy  
Email: differabledscotland@gmail.com  
Flemington House  
110 Flemington St  
Glasgow, G21 4TD
DRC Generations is a community health initiative, based in Scotstoun and operating in the wider Knightswood area.

Peer mentoring and transitions
We work with secondary schools in NW Glasgow recruiting volunteer s1 & s2 pupils to become Peer Educators. The Peer Educators volunteer their time to complete a 24 week substance misuse training, confidence and team-building programme. The Peer Educators then deliver a substance misuse awareness programme to eight Primary schools P7 pupils.

Youth Work
We have two youth clubs for young people aged 10-18 years which meet on Tues & Wed.
We work in partnership with Glasgow Life to deliver street work in Yoker area on a Thursday evening
During school holidays, we have regular outings and visits

Family support
Our staff provide one-to-one and group support to families where there are alcohol or drug dependency issues.
Early Years Scotland is committed to providing the very best start in life for every child in Scotland. We are the leading national third sector organisation for children birth to 5.

Our range of Stay Play and Learn services offer a two generational, play based approach where qualified practitioners encourage and engage with young children and their parents/carers to strengthen and improve confidence, attachments, interactions, shared learning and attainment.

EYS:

Offer services across a variety of local community settings, including schools, community and church halls, nurseries and prisons

Offer a number of support services and membership benefits to assist a range of staff across the country who provide high quality Early Learning and Childcare in different settings

Support parents to establish, run and improve Parent and Toddler Groups in local communities

Our Professional Learning Academy delivers a range of training and learning opportunities for providers of Early Learning and Childcare, colleges, universities, local authorities and many more partners.
FARE (Family Action in Rogerfield and Easterhouse) is a community based project, which was founded in 1989 by local residents from Easterhouse, Glasgow. The project has grown significantly over the years and now delivers services across many communities. The vision of FARE is “People and communities thrive and are free from the effects of poverty’. Our work involves:

Health – To enable more of the local community to adopt and maintain an active and healthy lifestyle: FARE fosters community resilience and enables individuals and communities to take more control over their health and lives.

Community Support and Development – To encourage, support and empower people, to act on their ideas, issues and interests.

Collaborations and partnerships – involving communities and local services working together at any stage of planning cycle, from identifying needs through to implementation and evaluation.

Access to community resources – connecting people to community resources, practical help, group activities and volunteering opportunities to meet individual needs and increase social participation. FARE’s premises are new and inclusive to all.

Employment - To increase the number of community members who have the skills to seek, gain and maintain employment: FARE deliver stages 1-5 along the Strategic Skills Pipeline, from the newest school leaver struggling to find employment to Modern Apprenticeships. FARE’s employability approach working with young and old is individually people centred.

Contact: Jimmy Wilson
E-mail: jimmy.wilson@fare-scotland.org
Tel: 0141 771 9151
Bannatyne House, 31 Drumlanrig Avenue
Glasgow, G34 0JF
FASS (Family Addiction Support Service) is a confidential support service for those affected by or concerned about a loved one’s drug or alcohol use.

FASS provide kinship support, bereavement support, family support, counselling, link work, respite, holistic therapy, hypnotherapy and training, through one-to-one services and group work services.

FASS currently have 23 family support groups operating in the city. FASS also work in partnership with Geezabreak who offer a wide range of valuable support to children and families in the local area.

Contact: FASS
E-mail: info@fassglasgow.org
Tel: 0141 420 2050
123 West Street
Glasgow, G5 8BA
Family Mediation West of Scotland support families affected by separation, divorce and conflict.

Our services include Child Focused Family Mediation and provision of a Child Contact Centre.

In addition to this, we have a Family Support Unit providing flexible support tailored to a particular family's needs.

We also provide free Parenting Apart sessions to assist parents to put their children first and move forward positively when living apart.

Contact: Pauline Linn  
Email: pauline.linn@fmwest.org.uk  
Tel: 0141 332 2731  
19 Woodside Place  
Glasgow, G3 6QL
Families Outside is the only national charity in Scotland that works solely to support the families of people affected by imprisonment.

We work to mitigate the effects of imprisonment on children and families – and consequently to reduce the likelihood of reoffending – through support and information for families and for the people who work with them.

Families Outside supports children and families affected by imprisonment through:

• Families Outside Support & Information Helpline
• Family Support Workers providing direct support to children and families throughout Scotland
• Bespoke training and awareness-raising
• Development of policy and practice
• Campaigning and research
• Coordination of all existing and new visitors’ centres at prison establishments across Scotland

Email: support@familiesoutside.org.uk
Tel: 0131 557 9800
13 Great King Street, Edinburgh, EH3 6QW
Geeza Break

**Family Support Service:** Intense specialised one-to-one and group support offered to families experiencing poverty, abuse, isolation, addiction, crisis situations and/or mental health issues

**Kinship Care Service:** We Provide professional, confidential, personal, Person-Centred Therapeutic Support to Kinship Carers in privacy of own home.

We encourage carers to focus more fully on personal needs to help improve their overall well-being

We support carers to put in place a clear structure, routines and boundaries within the home

Contact: Doreen Paterson
Email: doreen@geezabreak.org.uk
Tel: 0141 573 2900
1450/1456 Gallowgate, Parkhead
Glasgow, G31 4ST
Glasgow City Mission

We work with adults and children who are vulnerable and disadvantaged in Glasgow, people that are often leading chaotic or difficult lives. We want to help them to break free from their oppressive situations.

That situation may involve: homelessness, addiction, poverty, family breakdown, prostitution, emotional issues, fleeing persecution overseas and now seeking asylum - or maybe all of these.

We do this through our City Centre, Child & Family Centre, and Glasgow Winter Night Shelter projects as Christians who are passionate about the people that look to us for help. We want to share a message of hope and aim to have compassion for these individuals.
Glasgow Families Together

This innovative project is funded for three years by the National Lottery. A newly formed third sector consortium (comprising Barnardo’s, Quarriers, Home-Start Glasgow North, Glasgow East Women’s Aid, Rosemount Lifelong Learning, GeezaBreak) will work closely together with Education and Glasgow City Health and Social Care Partnership to bring about systems and cultural change in how agencies work together to support families at an early stage.

The third sector consortium was formed to develop a model of practice which required agencies to work more closely together. The aim of the project is for families referred to Social Work, but not meeting the threshold for statutory intervention, to receive faster and earlier access to a wider range of support from the consortium; to prevent a crisis cycle developing, thus reducing the need for statutory involvement and intervention from social work at a later stage.

Contact: Audrey Fleming
Telephone: 0141 276 3410
Email: audrey.fleming@barnardos.org.uk
Glasgow Families Together
Glasgow North East Social Work Department
Westwood House, 1250 Westerhouse Road
Easterhouse, Glasgow, G34 9EA
Glasgow South PANDAS Support Group provide peer support to families in the Glasgow area who are dealing with the effects of perinatal mental health issues.

By joining a PANDAS Support Group you can spend time with people who share and understand your experiences. It’s an opportunity for you make friends and talk about your deepest concerns and know that they will be met with acceptance and understanding.

This simple act of sharing can make an enormous difference to the way you feel.
Glasgow Women’s Aid provide information, support and temporary refuge accommodation to women, children and young people experiencing Domestic Abuse.

We offer:

Confidential ongoing support. You can contact us as often as you need to, regardless of where you are living

Information on housing, benefits, financial issues and legal issues

Signposting to other relevant organisations. If we don’t know something we can find out for you.

Arrangements for interpreting services

Safe, anonymous refuge accommodation where you and your children (if you have any) will receive emotional and practical support for a short term period

Contact: Susan Jack
Telephone: 0141 553 2022
Email: susanj@glasgowwomensaid.org.uk
4th Floor, 30 Bell Street,
Glasgow G1 1LG
Govan Home and Education Link Project (formerly Hill's Trust Home School Community Project) is a family education support project.

Also known as Govan HELP, the project aims to improve the educational attainment and life skills of children and their families.

Govan HELP offers a "menu" of integrated early intervention services to support the child, his/her family and their holistic needs. Govan HELP offers its services to pupils and their families from 4 primary schools (Pirie Park, St Constantines, Riverside & St Saviours) and 2 nurseries (Broomloan & Govan Family Learning Centre).

Govan HELP aims to:

• support families before any difficulties deepen & reach crisis
• improve children's nursery & school experiences
• build resilience, confidence and self-worth in children and adults
• strengthen family relationships
• help parents to feel more supportive, capable and responsible.

Telephone: 0141 445 6481
Email: hello@govanhelp.org
c/o Govan Road Campus,
635 Govan Road
Glasgow, G51 2BN
Family support project

Govan Law Centre family support project is a joint project with Children 1st to improve the lives of ‘just coping’ families.

We work along side Children 1st early years and family services in Glasgow. Our legal services are aimed at families who are coping but whose debt and legal problems are in danger of becoming too much for them. We ensure these families can access appropriate legal advice and representation alongside the intensive family support that the existing Children 1st services provide.

The project also provides training to Children 1st staff to keep them updated on all aspects of housing, welfare, debt and benefit law. We run advice services for family support workers and their clients; support family support workers who have complex cases; take on legal case work referrals including defending evictions, appeal to social security tribunals and take on judicial reviews and legal appeals.

All clients are referred to us through Children’s 1st advice work team.
Home-Start Glasgow North is a voluntary organisation set up to increase the confidence and independence of families with at least one child under five years old who are experiencing difficulties.

We select, train and support volunteers who:

- Visit families in their own homes
- Offer support, friendship and practical assistance
- Encourage the parents’ strengths and emotional well-being for the ultimate benefit of the children
- Encourage families to widen their network of relationships and to use effectively the support and services available within the community.

We provide support for families across the whole of North Glasgow and have expanded our service into North Lanarkshire.

We also provide a weekly family group, Dad’s group, Walk Talk & Play group and two Nurture groups for families who may or not need volunteer home visiting support.
Our goal is to help families, it’s as simple as that, and we employ a wide array of support mechanisms to enable us to address individual needs. At the heart of our service is a dedicated network of Home-Start Glasgow South volunteers. They are the lifeblood of our organisation, providing vital practical and emotional weekly support to families in their own homes, while for families in more acute need we can also provide intensive family support through our dedicated Family Support Worker.

Alongside our amazing volunteers we also run support groups and courses, provide English tuition and throughout the year facilitate family outings which enable families to share experiences that may otherwise not be possible. We are continually reviewing and adapting our service to meet changing needs, and everything we do is designed to help parents to overcome hardship and enjoy happier, healthier families.

**Our core activities include:**

- Home-Visiting Volunteers
- Family Support Groups
- Intensive Family Support
- English Tuition
- STEPS and Triple P Courses
- Family Trips and Events
We are a youth support charity that works with young people to help them transform their lives.

We provide intensive, bespoke support to young people and families in challenging circumstances.

Our model of support is based upon building solid relationships of trust. Through this approach we are able to help young people make positive life choices and progress towards the type of future they want to live.

We know that every young person has endless potential. With the right support, we can help them recognise this too.
Impact Arts is a forward-thinking community arts organisation which uses the arts and creativity to enable and empower social change. Our mission is to help people and communities transform their lives through creativity and the arts. #artchangeslives

The Young Gallery (0-12 years)
Our Creative Team delivers a range of exciting arts projects in primary schools and nurseries. Children celebrate their artistic achievements in a dedicated and aspirational gallery space. We work in partnership with specialist therapeutic arts organisations to deliver group therapy, and through 1:1 Art Therapy, we work with children affected by family members’ substance misuse.

Cashback to the Future (12-19 years)
Early intervention arts projects (particularly for those at risk of disengaging from school), to gain new skills and confidence. Participants work with professional artists and creatives on intensive programmes (1-4 weeks) which culminate in exciting showcases. We work in schools to support young people at risk of disengaging or engage those not involved in exams through our programmes (Creative Connections and Impact 66).

Creative Pathways (16-24 years)
A creative employability programme for young people, who work full-time, over 12 weeks, alongside our dedicated and inspiring tutors. Programmes include: Fashion and Style, Product Design, Environmental or Theatre Arts to develop artistic and social skills that are transferable into a work setting. Journeys culminate in high profile final showcases. SQA accredited to SCQF levels 3 and 4.

Contact: Carrie Manning
Telephone: 0141 575 3001
Email: carrie.manning@impactarts.co.uk
The Factory, 319 Craigpark Drive
Dennistoun, Glasgow, G31 2TB
www.impactarts.co.uk
The Jeely Piece

The Jeely Piece Club is a charity with its roots in Castlemilk in Glasgow's south side. We believe in providing play and learning opportunities for children from 0 to 12 years regardless of status or circumstance.

We do this from our two dedicated bases within the Castlemilk community - the Jeely Early Years Centre and the Jeely PlayZone Centre - and further afield via our stay & play and pop up play sessions which take place in partner sites, outdoor spaces, woodlands and Primary Schools.

Since it's creation in 1975 and to this day we take a holistic approach encompassing the child, the parent/carer and the wider community to encourage the growth and development of each and every child.
Kindred

Our service is available to parents and carers of children with additional support needs aged 0 – 18 years. Our practice model is based on the following four principles:

Parent-led - Kindred is a parent-led organisation. Many of our staff are parents of children with disabilities. Everything that we do, including the way we run our organisation, is driven by the goal of meeting the needs of parents.

Listening - Information and services are not the whole answer to caring for a child with disabilities or additional support needs. Parents and carers need to be offered the chance to talk about the experience of disability on family life. Our practice model includes recognising that when parents or carers feel ‘acknowledged’ they are more able to cope with the challenges of caring.

Building self-confidence - Even the most articulate and able of parents can struggle to express themselves when it comes to care of their child. An important part of our role is to support the parent to develop confidence about caring for their child. We usually provide a high level of support at the beginning, but encourage parents to take a greater role over time.

Non-judgemental - We see that parents are often judged and criticised because of circumstances beyond their control, including the child’s disability. We actively avoid making assumptions about anyone who needs our service and maintain respect for parents at all times. Parents who use our service are doing their best to care for their child, often under very difficult circumstances.
The Lilias Graham Trust is a residential facility that provides parenting capacity assessments to all Scotland-wide social work departments for parents whose children are at risk of being accommodated.

The LGT is a wrap-around service; we offer a psychiatrist, counselling psychologist, play therapist, health consultant, social work consultant and an educational psychologist. Parents are assisted within the centre to help them meet the needs of their own child.

We use the Kate Cairns Five to Thrive approach ‘relax, cuddle, play, respond and talk’. All these five things will assist the baby in developing into a more confident child then eventually an adult.
Maryhill Integration Network

MIN brings refugee, migrant and local communities together through, art, social, cultural and educational groups and projects, offering people a chance to learn new skills, meet new people, share experiences and take part in worthwhile activities to improve their lives and the life of their communities.

Family Nest Group
The Family Nest Group is held weekly and involves activities, information and English conversation practice for resettled Syrians.

Youth Group
The Youth Group is held weekly and involves creative activities for children and young people aged 5-16 years.
Maryhill Mobile Childrens Services

Maryhill Mobile Children’s services has a 33-year history of delivering high quality childcare in partnership with the local community to support engagement, education, empowerment, and employment opportunities for disadvantaged and vulnerable families.

Originally set up as a mobile crèche by local volunteer mothers looking to access community learning projects, the organisation has grown considerably and now operates a mobile crèche supporting voluntary organisations city wide, a respite service for vulnerable families with children aged 0-3 years, Dunard After School care and Evergreen Outdoor Nursery – Glasgow’s first voluntary sector outdoor nursery.

The mobile crèche and respite service, after school care, and outdoor nursery are registered with the Care Inspectorate under the service provider Maryhill Mobile Children’s Services, each having their own separate registration numbers.

Contact: Caroline Thomson
E-mail: caroline.thomson@btconnect.com
Tel: 0141 945 1888
35 Avenuepark Street,
Glasgow, G20 8TS
The Mungo Foundation – South Recovery Hub

The Mungo Foundation is a key provider of Alcohol and Drug Recovery Services in the South of Glasgow, delivered from our Recovery Hub in the Gorbals, we work with individuals and families at a variety of places and times in local communities.

One to one sessions to plan and track the recovery journey, using the Recovery Outcome Web. This can include:

- One to one key work sessions
- Structured therapeutic group work in the local recovery hubs and community venues.
- Access to counselling
- Housing support including tenancy sustainment and welfare rights.
- Pregnancy and parenting support
- Connections to recovery communities or other local activities.

In addition to the interventions and support offered we work in partnership with a wide range of services to provide opportunities for leisure activities, personal development, training, employment and volunteering.
North United Communities (NUC) has four components, including: Youth work, Sports & Drama, Employment training and Family support.

The organisation delivers programmes 6 days/evenings a week to young people through youth work and educational programmes, holiday activities and events.

The family support component provides a service 7 days a week including during holiday periods/weekends and evenings. These services include: outreach, parenting programmes and holiday programmes for families, as well as group work and community events.

Contact: Joan Dreghorn
Tel: 0141 945 1540
E-mail: joan@nucommunities.org
Glasgow, G20 9NF
Notre Dame Children's Centre provides assessment, therapeutic counselling and psychological interventions to vulnerable children and their families or main carers.

The Centre also provide training to professionals working with children and young people and are the Scottish license holders for 'Seasons for Growth', a loss and bereavement training programme aimed at supporting children, young people and adults affected by loss.

Contact: Margaret Brown
Telephone: 0141 339 2366
Email: Margaret.Brown@notredamecentre.org.uk
Kelvin House, 419 Balmore Road
Glasgow, G22 6NT
NSPCC Minding the Baby programme
Minding the Baby helps young, first-time mothers to develop a positive relationship and secure bond with their baby. The service aims to help mothers to develop their maternal reflective capacities, to recognise and respond to their baby’s feelings and needs.

Minding the Baby is available to mothers who are:
- 19 and under or 20- to 25-years-old and receiving means-tested benefits
- having their first child
- confident English speakers.

NSPCC Parents Under Pressure
Parents Under Pressure (PUP) is a 20-week programme for parents and their partners who have a child up to 8 years old, and are on a drug or alcohol treatment programme. The allocated worker will visit the parents every week in their own home to provide support and guidance on parenting and maintaining their own emotional wellbeing. The programme aims to help parents facing adversity develop positive and secure relationships with their children, and uses a strengths based approach.
One Parent Families Scotland has been dedicated to supporting single parents since 1944. We play an enormous part in enhancing the lives of parents and children, taking an active part in ensuring the voices of single parents are taken into account in shaping policies. We're committed to dealing with merging challenges while continuing to provide all our single parents support services that form the core of our work. Services such as:

Financial Inclusion encompassing, Money and Debt advice, Welfare benefits and Tax credits/Universal credits advice and support.

Employability encompassing Training and Employment information, Moving into Work advice and support and sustaining employment.

Training in areas of Family Finances, Personal Development and Mental Well-being.

Support in areas of peer mentoring and charitable grant applications including Family Holidays and Fuel Debt grants.

Support is provided on a one to one basis, on site group meetings and outreach hubs located at various city wide locations.

OPFS provides a dedicated free Advice and Information telephone service for single parents. A Practitioners' Advice Service is provided to further enhance the knowledge of service providers outwith OPFS when engaging with single parents.
Parent Network Scotland run workshops, co-ordinate support groups, and provide training tailored to meet the needs of parents in communities across Scotland, as well as trauma-informed training to practitioners.

Our vision is of a Scotland where family relationships are rich in mutual trust and respect, between children, parents and carers.

Our mission, as a parent led organisation, is to improve family relationships. We do this by offering support in changing patterns of behaviour and dealing more positively with the challenges of family life. We progress parents through our accredited programme which not only improves family life for them but builds on their skills and opportunities into work. We also run monthly Saturday hubs across Glasgow where all families are welcome to come for a cuppa and participate in fun activities.

Our values include respect for others, openness and honesty, and maintaining high quality in all we do.

Contact: Lorna Mitchell
Telephone: 0141 353 5604
Email: lornam@pns.org.uk
152 Bath Street, Glasgow, G2 4TB
Possibilities for Each and Every Kid (PEEK)’s purpose is to improve the life chances of children & young people by unlocking their potential, whilst journeying alongside them as they PLAY, CREATE, THRIVE. We achieve our mission by providing a number of services giving youngsters the motivation, self-confidence & skills they need to change their lives. All our projects are child and young person led.

**PLAY**: is a diverse and stimulating programme of outdoor play & physical activity. We believe that every child has the right to play & that children are the experts in this. Our ‘Play Rangers’ act as play champions for children by encouraging them to try new things in & around their community spaces. The Play Rangers also encourage children to use their imagination & creativity whilst they play contributing to their social, emotional & physical development. Weekly sessions include - Breakfast play, positive play lunch times, street play, active play & school place holiday family programmes.

**CREATE**: provides an exciting range of activity for all ages. Youngsters explore a variety of art forms and issues relevant to them & their community through creating music, visual arts, drama, film. We offer youngsters the chance to Flourish through gaining awards such as the Arts Awards, and to Broaden Horizons through holidays such as Hopscotch, Residential weekends and regular trips.

**THRIVE**: provides opportunities for youngsters to emerge as leaders in their communities and lives. Through volunteering, training, peer education and accreditation such a youth achievement awards.

Contact: Michaela Collins
Telephone: 0141 554 3068
Email: michaela@peekproject.co.uk
Crownpoint Sports Complex
183 Crownpoint Road
Glasgow
G40 2AL

Glasgow Wide
☑️ North East
☑️ North West
☑️ South
Place2Be has been working in Scotland since 2001. We work with over 13,000 pupils and their families in 39 schools across Glasgow, Edinburgh, and North Ayrshire.

Place2Be offers a flexible menu of services, tailored to meet schools' needs. The typical model is based on a team of five or more Place2Be personnel (both clinical staff and highly skilled Counsellors on Placement) delivering a range of services in a school.

Primary schools: We work with children in primary schools at a vital stage of their development. We offer them support to cope with emotional and behavioural difficulties which has a positive impact on the whole class, and helps teachers focus on teaching. We also offer support for school staff and parents.

Secondary schools: Transition to secondary school can be challenging for some young people, while others may struggle to cope with specific life events or experience increased stress and anxiety during adolescence.

The Art Room: The Art Room is a Place2Be service which uses a unique approach to support children who are facing emotional difficulties. Through art-making and group work, children are able to explore their feelings, express themselves and grow in confidence in a safe, creative space.

Why work with Place2Be: We offer over 20 years' experience providing a sustainable, integrated service at the heart of the school community. Our commitment to thorough research and evaluation means we fine-tune our model to meet pupils' needs.
Quarriers - Barlanark/Calvay Support Services

Barlanark Support Service is made up of four core services providing support across the Northeast sector and Citywide for our Kinship service. The services provide support to families with children up to the age of 18yrs of age.

**Barlanark Family support service** works with families affected by parental substance misuse across the NE sector offering practical support to the whole family which can incorporate a brief period of befriending for the child.

**Our Lets Talk** project is an innovative schools programme being delivered in 9 NE primary schools addressing mental health issues with young people.

**Barlanark Families Matters** project currently provides support to Kinship families across the city of Glasgow.

Contact:
barlanarkfamilysupportservice@quarriers.org.uk
Telephone: 0141 781 4264
Calvay Centre
16 Calvay Road
G33 4RE
Quarriers – Family Resource Centre (Ruchazie)

The aim of the Centre is to work with families to overcome their difficulties, and achieve a more balanced family life. This is achieved through practical programmes to aid bonding, attachment and build positive relationships.

Children can be supported through placement in the attached Quarriers Ruchazie Nursery, providing high quality childcare for zero to three-year-olds. Parents are supported through a range of initiatives, determined by the nature of the difficulties being faced by their family. One-to-one counselling, advice and support programmes and parent/child activities for engaging the family as a unit are all delivered from the Family Centre.

The Centre itself is a purpose built facility, with practical resources designed to provide a welcoming space to participate in activities. The Tranquillity Room provides a quiet space for counselling and one-to-one support while our Treatment Room allows parents to have holistic therapies on site to aid relaxation and promote well-being. A large open plan living / eating / playing area looks out onto the garden and a fully equipped kitchen allows parents to take a hands-on role in healthy eating initiatives.
As part of the city wide Glasgow City Carers Partnership, **Quarriers Glasgow North West Carers Service** offers the following core services to unpaid carers:

- Information and advice, including support to access through health and social work
- Emotional support and a listening ear
- Help to access short breaks and respite
- Help with income maximisation, accessing grants and charitable trusts and signposting for welfare benefit support
- Training and wellbeing to help you take care of your personal needs and you in your caring role

The service supports adult carers (including parent carers and carers of older people) to help manage their caring role and young carers between ages 6 – 18 years – to minimise any inappropriate caring roles.

**Contact:** Liz Brunjes  
**Telephone:** 0141 331 9420  
**Email:** Liz.Brunjes@quarriers.org.uk  
308-310 Maryhill Road  
G20 7YE
Quarriers - Opt-in Support for School Pupils

We work with pupils from Primary 6 to S1, helping them to deal with a range of issues including difficulties with behaviour, attendance, social skills, peer relationships, coping with loss and confidence issues.

The service is particularly focused on supporting pupils through the difficult transition from primary to secondary school. We deliver support in schools during term time and offer a series of transition support programmes during the summer holidays.

The service also provides individual support to pupils in secondary schools and works alongside families to address their child’s difficulties.

Referrals are normally made by pastoral care, teaching staff, school joint support teams and educational psychology staff.

Govan High School
12 Ardnish St
Glasgow
G51 4NB
Tel: 0141 212 2682
Email: optin@quarriers.org.uk
Rainbow Families Project
Events, information and support for LGBTQI families who live in or travel to Edinburgh and Glasgow.

Rainbow Families events are specifically for anyone looking to meet other LGBTQI parents, share experiences and socialise in a family setting. It’s a friendly and relaxed group with a really diverse mix of coupled and single LGBTQI parents and their children taking part. We have previously organised visits to soft play centres, museums, parks & gardens and other family-friendly locations.

We provide quarterly information events for LGBTQI parents, involving a range of topics to support families, such as family planning, dealing with school and nursery experience and coming out. We’re keen to hear from parents about the topics that are most relevant and of interest to you. During these events there is plenty of opportunity to socialise and meet other parents from the community, pick up information and meet the Rainbow Families team to find out about the range of services LGBT Health and Wellbeing offer.

Glasgow Wide

North East

North West

South

Benn Benjamin (Glasgow, works Fridays)
E: benn@lgbthealth.org.uk
T: 0141 271 2330
LGBT helpline: 0300 123 2523
Training Opportunities for young Parents (TOPs) at Rathbone works with young parents aged 16-24, and their children. We aim to build resilience and strong families through providing young parents with a safe and supportive environment to build their skills, develop positive support networks with other young parents, and promote family bond and attachment.

We deliver a flexible programme that is responsive to the needs of those attending; each month is different and our timetable is developed with the input of the young families that we work with. To support this we provide a free crèche for the children while they are attending sessions, reimburse public travel expenses, and provide lunch. We also plan regular family trips, provide goodie bags, and access to opportunities with partner organisations.

We aim to increase young parent’s self-esteem and confidence, while providing them with a safe environment to meet other young parents and build a strong support network for themselves.

Our programme is based in Glasgow City Centre and we work with families across the Glasgow City Council area, including outreach in Drumchapel, Shettleston and Clydebank.

Contact: Leigh Anne Elliott
Telephone: 0141 229 6300
E-mail: leigh-anne.elliott@rathboneuk.org
38 Queen Street
Glasgow, G1 3DX
Reattach Parenting is a social enterprise that aims to raise awareness of attachment and why it matters. The organisation provides a range of information and training events about attachment for parents, carers, and other clients.

Raising awareness of the impact of Adverse Childhood Experience (ACEs) on development, and through the life span.

Glasgow Wide
North East
North West
South

Telephone: 07866634705
E-mail: reattachparenting@gmail.com
www.reattachparenting.co.uk
Rosemount Lifelong Learning is a charity based in Royston, North Glasgow and our mission is to increase life chances through learning for children, young people and adults living in the North East and wider North Glasgow area. Our broad range of services include:

Community Learning – assisting with the education and training of disadvantaged adults aged 16+ to improve basic skills including IT, literacy and numeracy, life skills and skills for employment. We also provide ESOL, language skills and other services to support community integration.

Family Support Services – the Positive Family Futures project is a new community led project focusing on a strengths based approach to developing services and activities to meet the needs of different generations of individuals within local families.

The Family Links Project is an addictions and recovery service offering emotional, social, educational and practical parenting support to parents, young children and teenagers affected by parental substance misuse.

Employability – Time for a Change – an employability programme that engages with those who are further from the labour market and need additional support before they are able to re-enter the labour market. Challenge 50 – a new employability programme providing those over 50 with targeted and tailored support to help them move into work. The Young Parents Project operates across Glasgow and is targeted to work with young people aged 15-24 (26 for young care leavers) who are pregnant or have children.

Childcare – quality, affordable nursery provision for parents to allow them to take part in training, further education or employment.

Contact: Marie Docherty
Telephone: 0141 553 0808
Email: marie.docherty@rosemount.ac.uk
102 Royston Rd, Glasgow G21 2NU
Relationships Scotland’s network provide relationship counselling, family mediation, child contact centres and other family support services across all of mainland and island Scotland. Our work supports individuals, couples and families experiencing relationship difficulties. Around 40,000 people have contact with our services each year.

The National Office of Relationships Scotland supports the network of 22 Member Services. We provide training, development and quality assurance of our practitioners and services. We are a national voice for relationship services and we influence political and legislative policy development in the area of family support.

We wholeheartedly support the principle of equal opportunities and oppose all forms of unlawful and unfair discrimination on the grounds of colour, race, nationality, culture, religion or belief, age, ethnic or national origin, sex, sexual orientation, gender reassignment, marital / civil partnership status, pregnancy or maternity, disability, or socio-economic group.
Many of us would turn to relatives and friends for support but some families can be really isolated with nobody there to help them. Stabilising families before they reach a breaking point is key to reducing the number of children who need to go into care. An award-winning charity, Safe Families has benefitted over 6000 children since it was launched in the UK in 2013.

**Volunteering can change a life**

Safe Families for Children aims to build a network of support to care for children and parents facing a temporary crisis through local churches. Churches of all sizes are meeting their own goals of engaging with their community when they get involved in providing support to families and vulnerable children in their area. Safe Families provides Family Friends, Host Families and Resource Friends to help while parents get back on their feet.

- Trustworthy homes who take children into their loving homes, giving the parents much needed space to deal with the pressing issues.
- Friendly folk who befriend, mentor and support parents through their crisis, helping them get back on their feet and making the home stable for them and their children.
- Generous supporters who find they are able to provide useful goods or skills to benefit families in need, such as a cot, clothing or helping with cooking or gardening.
Save the Children – Families Connect

Families Connect focuses on supporting parents and children to learn together.

It helps parents to support their children’s learning in three key areas:
- Literacy and language development
- Numeracy
- Emotional development

The eight-week programme provides a series of activities, techniques and games that parents and carers can do with their children at home.

Each activity encourages parents and children to spend quality time together by talking about specific topics and reflecting on what they already do to support their children’s learning.
Scottish Refugee Council works with refugees and asylum seekers across Scotland from our Glasgow headquarters.

**We work to:**

- Offer direct advice services to people seeking asylum and refugees. Our current services include:
  - Refugee Integration Service
  - Telephone advice service
  - Family Keywork Service
  - Scottish Guardianship Service
  - Destitute Asylum Seeker Service (DASS)

- Support organisations in the community working with, or run by, refugees and asylum seekers, enabling them to have a voice at all levels in Scottish society.

- Organise a comprehensive programme of training events for individuals and organisations working with refugees or people seeking asylum.
Children experiencing domestic abuse recovery (CEDAR)

Cedar is a unique way of working with children, young people and their mothers who have experienced domestic abuse.

The Cedar programme takes place over 12 sessions with groups for children, young people and their mothers running in parallel. The groups provide an opportunity to explore the experiences, understanding and feelings with an emphasis on providing fun and creative activities that keep children engaged and interacting with each other.

It is about creating a safe place for children and their mothers to help each other to find the best strategies to deal with their experiences and rebuild their lives. A key aim of the programme is to help mothers to support their children in their recovery.
Sense Scotland

Whether it's for a few hours a day or seven days a week, we can offer tailor-made support throughout Scotland. Our free advisory service is at the heart of Sense Scotland and is often the first point of contact for disabled people and their families.

Our Early Years Team offers advice and support for families who have a child under the age of 8 with a communication support need, arising from a range of disabilities.

We also provide support to children and families during school holidays, after school hours or evenings and weekends.

Based in Kinning Park, Glasgow, TouchBase provides specialised services and support in a welcoming, safe and accessible environment, for disabled children, young people and adults.
The Spark is a leading provider of couples counselling, marriage counselling, individual counselling and family counselling in Scotland. Established in 1965, The Spark has been supporting individuals, couples and families dealing with challenging relationships. As the nature of relationship support has changed so has The Spark. We are now the foremost provider of relationship education and counselling for young people. In addition we offer training for frontline staff including Relationship First Aid training and Mental Health First Aid training.

Contact: Stella Gibson
E-mail: reception@thespark.org.uk
Tel: 0141 222 2166
72, Waterloo Street, Glasgow, G2 7DA
For nearly thirty years, **Stepping Stones for Families** has worked alongside children, young people and families in the North East and North-West of Glasgow to give them support, opportunities and a voice in tackling the effects of poverty and disadvantage in their lives.

We support families to lay the foundations they need to take control over their own lives and engage on their terms with the wider community. Our Family Support, Family Play, Money Advice and Family Wellbeing Services provide the resources that many parents and children tell us they need to become healthier, happier and more confident so that they can participate and take an active role in their community.

**Stepping Stones for Families – Power of Play**

Our family play service brings together isolated families who have very young children. The overall aim is to support and strengthen family and community relationships through the power of play.

Families at our family play project in Townhead are collecting warm clothing, jackets and putting together survival kits for people who are homeless in Glasgow City. The kits and clothing are dropped off to Glasgow RSVP (Rough Sleeping and Vulnerable Persons outreach team) and Glasgow Night Shelter.

Contact: Isobel Lawson
Telephone: 0141-849-6333
Email: info@ssff.org.uk
Studio 3003A, Mile End Mill, 12 Seedhill Road, Paisley, PA1 1JS
Summerston Childcare Ltd

We are a childcare provider in the Summerston area of Glasgow. Currently we have after school care provision based at Caldercuilt Primary School offering a pick up service from St Blane's Primary and Parkview Primary.

We also have a Family Learning Centre which provides a nursery service to children aged 0 - 5 years based within Bellcraig Community Education Centre.

Contact: summerston.childcare@ntlworld.com
Telephone: 0141 945 2710
Bellcraig Community Centre
10 Gorstan Street
Glasgow
G23 5QA
At TASK Childcare Family Support and Learning Centre we recognise the importance of designing our service around our communities needs. We nurture and support all of our families, enabling them to reach their full potential.

We deliver inclusive services with all our partner organisations enabling our children and families to thrive and offer a variety of unique services that are responsive and holistic in their approach.

Our Services Include:

- Full day 0-5 Nursery Provision
- Afterschool Care
- Holiday Cover (Afterschool Care)
- Early Intervention & Prevention Team
- Play Therapy Space
- Training & Meeting Space

Our centre has an ethos of learning and embraces not just the families that use our service but members of our local community to discover and learn together.
Wellbeing Scotland are a voluntary organisation with services across Scotland. We provide a wide range of holistic services for individuals and families whose life experiences have impacted negatively on their wellbeing. We offer client centred, holistic, trauma informed therapeutic services and have specialism in abuse and trauma work which has been built up since 1994.

We work with both children and adults and have services in various areas of Scotland and are working towards providing support to individuals in all areas of Scotland.

Wellbeing Scotland, offers a diverse range of support services in recognition of the wide range of experiences which may impact on an individual or their family in different ways, at different stages of their lives. The range of support offered ensures that we can offer individuals a support pathway which suits their individual needs.

Our services are open ended, in recognition of the fact that every individual’s experience is different and unique to them as is their journey to recovery. Referrals can be made by individuals or by other professionals or family members with the individual’s permission.
West Glasgow Carers Centre provides help and support to people who are unpaid adult carers or young carers.

Carers can be of any age and can be wives, husbands, partners, parents, daughters, sons, friends or neighbours who look after a relative or friend who has a physical disability, long term medical condition, learning disability, mental ill health or dementia, dependence on alcohol or drugs, or is elderly or frail.

We provide:

• Information and Advice
• Income Maximisation
• Emotional Support and Carers Support Groups
• Training for Carers
• Access to Short Breaks

We also offer all registered carers our Glasgow City Council Carers Privilege Card which gives a discount on some council services and commercial outlets.

Having a voice - We provide a platform to assist carers to help have their voice heard.

Contact: Robert Murray
Tel: 0141 9599871
Email: robert.murray@volunteerglasgow.org
Our work is child centred and recognises that all families regardless of background can have difficulties but may not know how to access the right support. There may also be concerns that asking for help will result in unwanted intervention. Our services aim to provide children and their parents/carers with the tools to manage their lives effectively. Central to this work are the core concepts of building self-esteem and resilience in children and supporting parents in managing this.

Many the issues can be traced back to generational problems from early childhood, this is supported by developments in psychology and neuroscience. With Kids is based on a preventative approach that involves early intervention, working in tandem with children and families to enable the best life chances possible.

Contact: g.galbraith@withkids.org.uk
Telephone: 0141 550 5770
15 Annfield Place
Glasgow, G12 9EN
Women’s Centre Glasgow

The Women’s Centre is a charitable organisation founded in 1994. The centre presents a safe, positive and accessible environment. We encourage and support women to develop confidence, combat social isolation, promote learning new skills, raise their aspirations and achieve their potential.

Contact: info@womenscentreglasgow.org.uk
Telephone: 0141 576 1400
17-33 Shawpark Street
Maryhill
Glasgow
G20 9DA
Young People’s Futures

Young People's Futures (formerly known as Young Possil Futures) is a charitable company working with children and young people aged 5-18 years that provides drop-in based diversionary activities in the Possilpark, Westercommon and Hamiltonhill communities of North Glasgow.

Contact: familysupport@youngpeoplesfutures.org.uk
Telephone: 0141 336 8883
130 Denmark Street
Possilpark
G22 5LQ
The Youth Community Support Agency (YCSA) works with young people aged 12 - 16 from black and ethnic minority backgrounds to support them to become active members of a diverse society.

We offer a range of services including counselling, family support, volunteering opportunities and personal development projects.

YCSA delivers support services that empower young people from BME communities to embrace their true potential.

- Counselling
- Literacy & Numeracy Support
- Drugs & Addiction
- Throughcare
- New Routes
- Youth Development & Employment Service

We support also young people to develop the confidence, skills and attributes they need to enter into education, training and employment by running group projects including film, photography, music, art, cooking and ESOL.